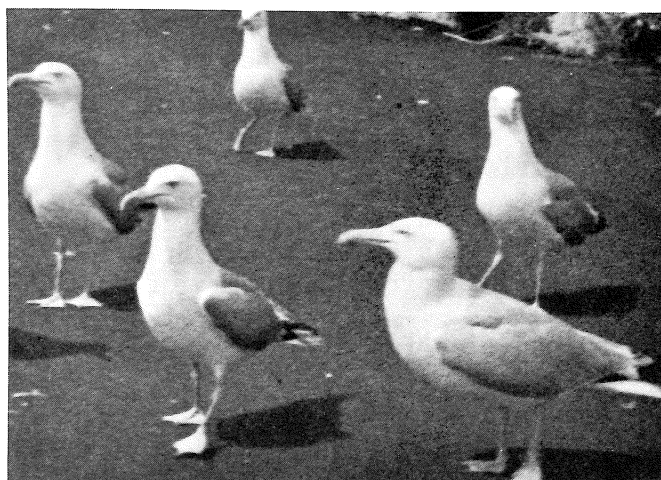


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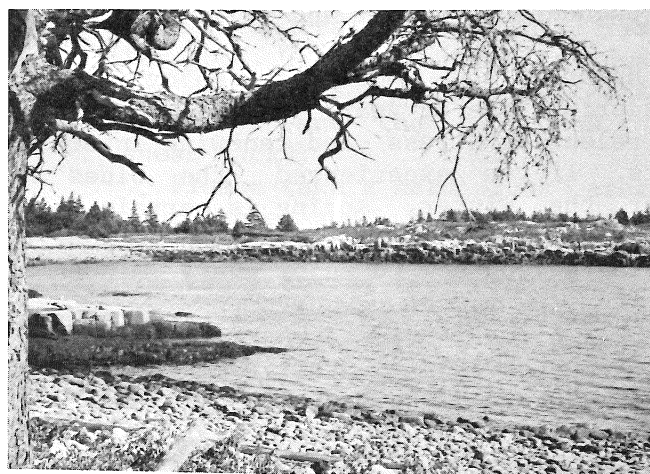


VOLUME XXXVII

APRIL 1937



“THINK SPRING”



EDITOR'S NOTE



The *Acadian*

After the severe winter we shared, the front cover's suggestion, "Think Spring," is certainly welcome. Buds are beginning to form on the trees and bushes, and soon there will be foliage, wild flowers, and green grass (do I smell the blueberries already?). There is now more daylight since we've turned the clocks ahead for daylight savings time. Regardless of who you are, spring is indeed an inspirational time of year.

Opportunities for enjoying the season abound. Many people will be getting up off the couch and catching up with house chores that have been neglected over the winter--or caused by it. Traveling is a super way to enjoy spring as well. Many of you look forward to gardening--planting a vegetable garden or growing flowers, shrubs, and plants. If you do have a green thumb, keep in mind the shorter Maine growing season. In April, it's wise to start your seedlings or shoots in small pots inside the house or a greenhouse to ensure a beautiful flower garden or delicious vegetables throughout the summer and fall.

However you choose to enjoy this wonderful time of year, you will benefit by releasing stress and renewing interests. If you experienced "the blues" over the winter, spring is certain to cheer you up. So, start planning your spring season now to enjoy every minute of it.

From the Acadian staff, we also wish our readers a Happy Easter.

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CDR H. W. Whiton, USN
Executive Officer:
CDR N. A. Houle, USN
Command Master Chief:
CTRCM R. P. Perfetto, USN
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CWO2 W. J. Moyer, USN
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FIRE EXIT

THE COMMANDING OFFICER'S TURN

Commander W. Whiton



Well, we certainly conspired to make our last zone inspection a thrilling experience--at least for this inspector.

It started when I checked the fire escape door in Admin. It wouldn't budge. Thinking this somewhat less than optimum, suggested someone free it up. Checking it later, found the door opened easily. Smiling, I stepped out onto the platform to see where the ice had been. Instead I quickly discovered where it still was--underfoot! The bad news is the smile didn't last long because I slipped and fell. The good news is I managed to clutch the lower railing and arrest my slide before becoming airborne.

After scrambling back onto the platform, suggested someone chip the ice off--ASAP. But didn't think much more about it until later when it dawned on me it would have been a 25-foot fall to the roadway below.

Since then, I've developed a healthy interest in this ladder and its companion in Supply. Have learned they are to be enclosed this spring to eliminate this tendency to ice up. And, that the DMAA's have had a real hard time mounting those steps to check the doors to Admin all winter due to glare ice. (A slow learner, I confirmed this by trying to mount the ladder from ground level!) And, that everyone else in the command seemed to know the above. Oh yes, I also learned it sometimes takes more than an experience like mine to prompt someone to post a notice warning the unwary about the potential slippery conditions.

My purpose in recounting this episode is not to embarrass anyone or explain my current limp, but to take advantage of a perfect example of getting complacent about a well-known, long-standing safety hazard.

It isn't enough just to document and report safety problems. We need to neutralize them until fixed for good. We also need to guard against the new hazards that creep in daily (and the old ones that sneak back).

Please take a hard look around your home and workplace. If you see a safety problem; FIX IT. If you can't do it, find someone who can, If it doesn't get fixed, see me. I'll shuffle right over and take a look--from ground level!



FROM THE COMMAND MASTER CHIEF

by: C/MC R. Perfetto

A short time ago I was asked to do a lecture on Naval customs and traditions for general military training. During my research, I found there was a wealth of information available regarding customs, but the origin of traditions was often not certain and, in some cases, vague at best. The best explanation I can give for this uncertainty is that most customs have been handed down from one generation to another often only by oral communications. Nevertheless, it is the repetition of these formalities that has kept most of our traditions from being lost.

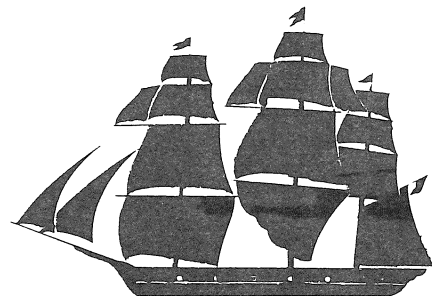
The Navy emphasizes its customs and traditions in time of peace, because the memory of them inspires people in times of battle. Customs are to a major degree authoritative and often stand in the place of law and regulations. Many of today's ceremonies evolved from servility, originating in fear and awe, but are now accepted as dignified gestures of respect. Formalities are observed on some solemn or important public occasions in order to render them more imposing or impressive. It follows, that if the respect for lawful authority and the symbolism of the flag are worthy of preservation they must be revered by their defenders. Half measures will not do. A worthy member of the Armed Forces has pride in uniform, pride in service, and pride in their respect for the flag.

Outstanding sailors have never failed from the days of our infant Navy to recognize the power of tradition. In their desire to emulate heroes of the past, they become consumed with some of



the spirit that prompted the original words and deeds. Often men have died without complaint when in full knowledge that they had done their duty for service and country, as did those before them. Phrases like: "Don't give up the ship;" "Fight her 'til she sinks;" "Damn the torpedoes, full speed ahead;" or "Surrender? I have not yet begun to fight," are not mere words of sound and fury. They carry lofty connotations--majestic overtones--of valor, of self-sacrifice, and of glory. They are the essence of priceless tradition.

The highest praise that could be paid an officer or sailor at their retirement or death is that they lived and worked according to the best traditions of the service. This, of course, means both in peace and in war. Those who live up to this stringent code should, early in their careers, know something of its most distinguished predecessors and the heritage they have left to those who will follow.





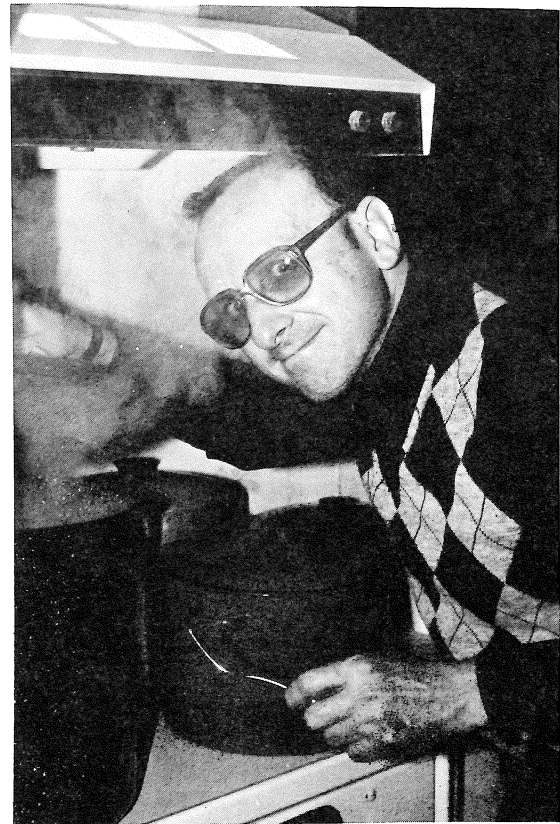
the
**CHAPLAIN'S
NEWS**

When Spring Misses Its Cue

The calendar tells us March 20th is the first day of spring. The vernal equinox or first day of spring, marks the day when there are equal amounts of daylight and darkness, twelve hours of each. If you're assigned further south, you know that, indeed, spring-like weather does occur at about that time. As we all know, it begins here in May, so don't expect too much too soon.

However, "indoor spring" is right around the corner. At the Chapel, we have displayed a small greenhouse to help us realize that we need to "think spring" and carry around a spring-like attitude. The recent "Making Changes" program had a lot of practical ideas and the St. Patrick's Corned Beef and Cabbage Supper was another way of "thinking spring" by "thinking green." At the supper, we told Blarney stories (exaggerated truths) and exchanged a bit of good "olde" Irish humor. The leprechauns were out in full force.

Of course, April is here and we at the Chapel are getting ready for Holy Week and the celebration of Easter. All during this period, from Ash Wednesday until Holy Saturday, we observe the season of Lent (a word that means, "spring"). Each week we re-enacted the stories of Jesus that best help us relive and enter into the experience of traveling with Him to His death and resurrection. Holy things can be fun and we had fun dramatizing the holy



stories using taped sound effects and voices.

These past weeks have not been without their party moments as we celebrated a parishioner's 93rd birthday and said our farewells to two of our chapel families with a bit of wine and cheese.

By next issue, I'll be able to tell you more about our new lounge area. It's coming together nicely. So, until then, "THINK SPRING!"



Mrs. Mohan conducts stress class in her "Making Changes" program.

CIAC CORNER

WANTED: MORE TCP



by: CTOCS A. Gowie

Many recent conversations have led me to believe that what the Navy and NSGA Winter Harbor need is more TCP.

As we approach April, cabin fever has not set in. However, several minor indications of it have been apparent during some counseling sessions.

"I want to go to college, but I can't because I'm a watchstander!"

"I don't like it here!"

"It's too cold here!"

"Why do I have to check out at the library? Where is the library?"

Yes! It is easy to find things in Winter Harbor to complain about when you don't do anything. Boredom does in fact breed boredom.

On the other hand, excitement breeds more excitement. I have seen and spoken with several exciting people around here. You know them...they're the ones that always seem to be doing something special, going somewhere or simply having a good time. You can just tell they're up to something no good because they're always happy!

They are TCP! They are Take Charge People! People who have taken charge of their lives and, in particular, their leisure time activities. They are not afraid to get out and see things, meet people and go places. They are willing to make the effort and arrangements to complete college courses, for example.

It really takes very little extra effort to be a TCP. In fact, once you try it you may find that you like it and that your transfer date arrives all too soon.

If you are already a TCP why not invite someone to go with you next time to sign up for a course, take a trip to L. L. Bean, go skiing, get involved in youth activities or whatever. You will be doing your shipmate a big favor and helping to improve your community too.

MONTHLY CAREER COUNSELING QUIZ

The Selective Conversion and Reenlistment (SCORE)

The selective conversion and reenlistment program offers assignment to class "A" school with automatic conversion upon graduation and a guaranteed assignment to Class "C" school, if available.

Below are some of the eligibility requirements. Fill in the blanks and check your answers below.

1. E-3 striker to E-6.
2. All CREO Groups except ___.
3. Appropriate test scores for "A"

- school.
4. Demonstrated potential for conversion.
5. Clear record for preceding ___ months (may have had one NJP).
6. ___ months to ___ years service.
7. Incur a ___ year obligation.
8. Be within one year of EAOS.

6 7.
15, 21 6.
18 5.
A 2.

ANSWERS:

CIVILIAN SPOTLIGHT



by: Jeannette Glosser

Down in the Snack Bar of Building 10, there's a sweet short order cook named Inge Chittenden. This has been Inge's domain for 17 years; she knows every nook and cranny of her kitchen.

Inge wears a yellow and red cap and a blue smock. She greets everyone with a big smile, and, in her German accent, wishes them a splendid day. She does not take time to talk about the weather--she's invariably busy. Yessiree, she is totally dedicated to the job.

Inge flies around behind the counter expertly making french fries, hamburgers, hot dogs, and sandwiches of all kinds. She is in charge! Won't let anyone step in front of another person or out of line. Each customer receives her full attention.

In addition to cooking, Inge orders her supplies for the snack bar, sells some items for the exchange, and takes care of the Navy Exchange laundry service. Lunchtime is, of course, her busiest time of day.

One of life's certainties is possibly knowing that when you walk into the snack bar, you'll see Inge behind the counter working industriously, with the possible exception of when she's off visiting one of her daughters and grandson, whom she sees as often as possible.

Inge is married to Ed Chittenden who works up at the commissary. They met in Germany when Ed was stationed there in the Navy. They have three daughters, Dorit (a Navy Company Commander at Orlando, Florida), Babby-Lee, and Tanya, and one grandchild, Robert Allen (age 2).

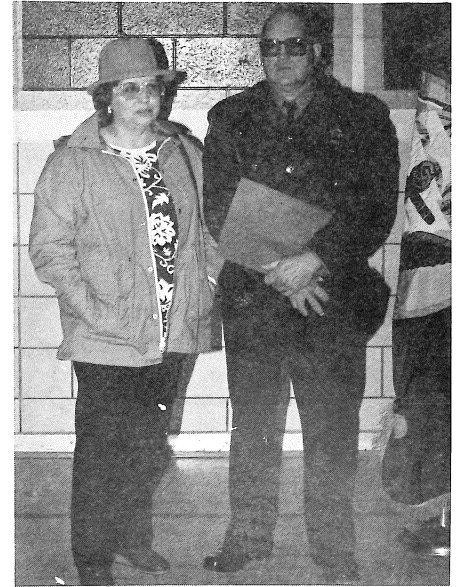
Inge likes gardening and tending to her house plants. She is an avid bowler and enjoys a night out of bingo. But, her protestations to the contrary, Inge, we're sure, really enjoys working the snack bar and being the "chief, cook and bottle washer" serving all us folks.

The base "Snack Bar" would never be the same without Inge. And while she's seen many faces come and go, few will ever forget her.

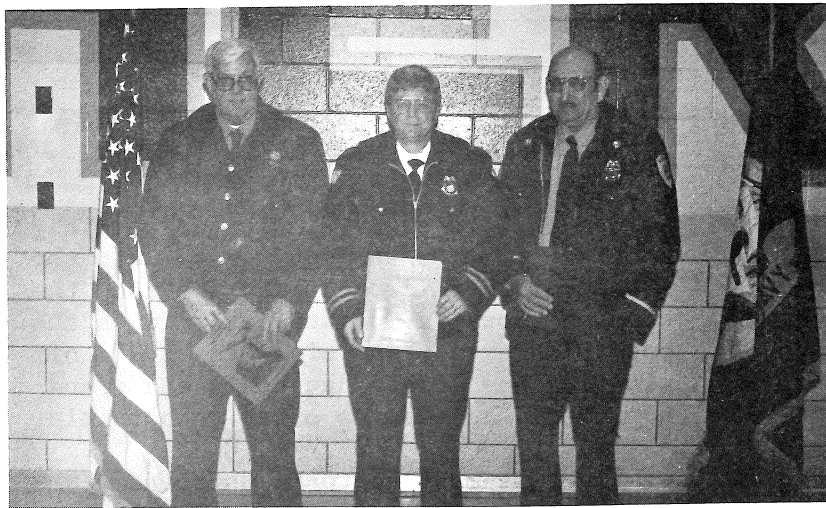
Congratulations!



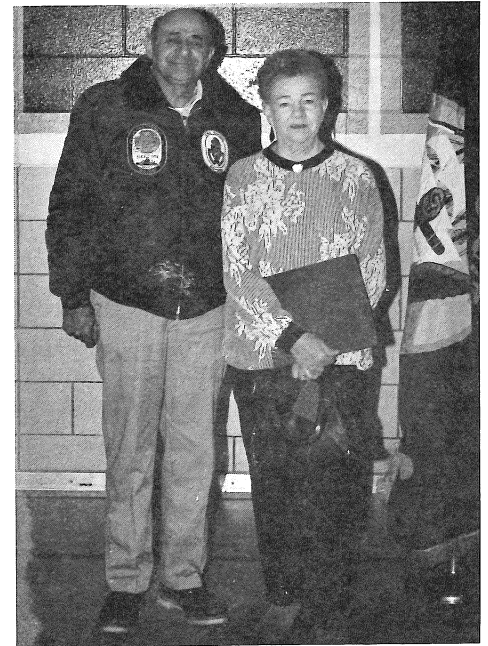
LT Bill Silas is frocked to LCDR. CO and LCDR Ditewig do the honors.



Earl Fish with wife, Marie, accepts his certificate for 20 years of government service.



W. Lovejoy, W. Lanier and J. Purington receive awards for sick leave conservation. Combined, they accumulated 6,000 hours.



Jimmy Cavalle with his wife, Juanita, accepts his 30 year government award.



R. Green, L. Colbert, and P. Canfall advance to Seaman.

SAFETY SENSE

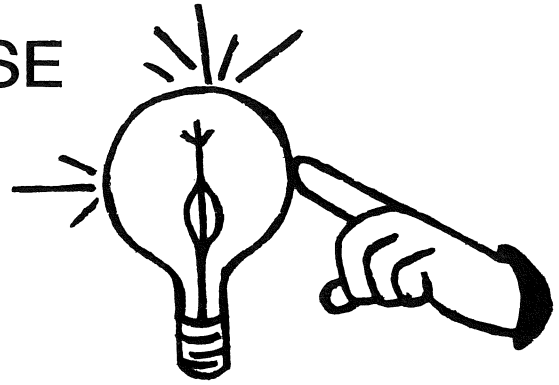
by: Harry Voss

It's that time of year again, when some of you will be trying to fix up a little after the spring thaw. It's also an unrepealable law of nature that what goes up must come down. You should make certain before you climb a ladder that you'll be able to descend at about the same rate of speed you ascend. Otherwise your fall may hurt something more than just your pride. There are several steps you can take to help prevent this type of injury.

First, you should look at the ladder before you decide to use it. Inspect the ladder for damage like broken rungs or loose hardware. Never use a damaged ladder.

Next, place the ladder so that each side rail has firm footing. An uneven surface or soft ground can cause the ladder to tip suddenly and throw you off. Ladder shoes or stable blocking can help prevent trouble like this.

Always face the ladder and hold on with both hands when climbing. Have someone hand materials up to you or use a rope and hoist materials up, after you are up and stabilized. Don't ever carry



anything when you're climbing, you may need that hand free, not full.

Place the ladder where work can be reached easily. If you need both hands for the job, then maybe you need someone else's hands to help steady the ladder. Never lean too far. Remember, it's easier to reposition the ladder than to fix the house with a cast on that arm or leg.

Last but not least, never stand on the top tread of a stepladder; you may lose your balance. If you find that you can't reach the job from the next-to-the-top step of a stepladder or the third-from-the-top rung of an extension ladder, then you need a longer ladder.

You'll enjoy summer activities a whole lot more if you keep in mind that all the "safety stuff" you hear at work applies to the "honey-do" jobs at home as well.

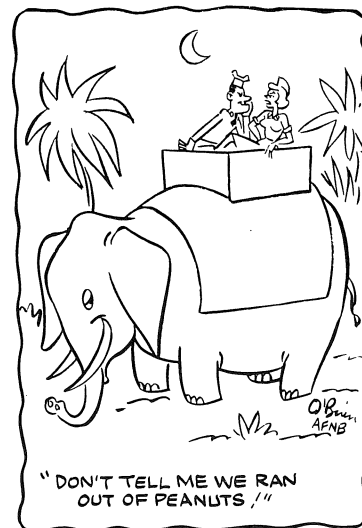
"Unclassified" Ads

FOR SALE:

Childrens's Clothing--Practically new: Sizes 10 to 13, \$5 to \$15; Infants to 5 months. Infant Car Seat, \$10. Call Angie Brower: 963-7643.

WANTED:

Reel-to-Reel Tape Recorder. Call X-224 if one is available.



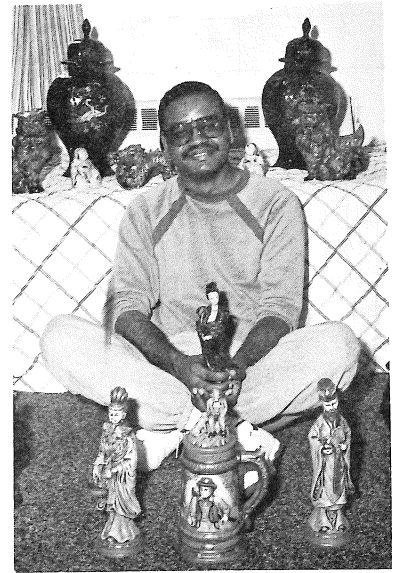
INTRODUCING A CRAFTSMAN

by: Jeannette Glosser

CTT2 Ricky Emerson first came to NSGA Winter Harbor to attend the Classic Wizard Basic Course in 1981. To fill his spare time, he also became a student in a ceramics class. He found that he enjoyed this craft very much, especially creating ceramics in the Japanese style.

Before his return to Winter Harbor in August 1986 to attend another Wizard course, he served at Diego Garcia, Guam, and Fort Meade, Maryland. Now he has resumed his interest in ceramics, creating about 25 pieces since his arrival. Some of his art is shown in the accompanying photo. He has generously given much of his work to friends as gifts.

Ricky was born in New Orleans, Louisiana and joined the Navy in 1980. He has a great love for his home state and when he is ready to settle down, he says it will probably be there. He is a



quiet person who makes the most of his time wherever the Navy takes him. He is looking forward to his next tour of duty, Kami Seya, Japan, not only as a new Navy adventure, but also because it will allow him to acquire first-hand knowledge of Japanese art, providing him new ideas for his hobby.

Petty Officer Emerson has been with the Navy seven years and is a careerist. With his pleasant personality and optimistic attitude, we're sure Rick will do well wherever he goes.

Library's Latest

Fiction

Abiding City - L. Halley
Rancho Maria - T. Oster
Red Storm Rising - T. Clancy
Wabash Factor - E. Cunningham
White Dove - R. Thomas

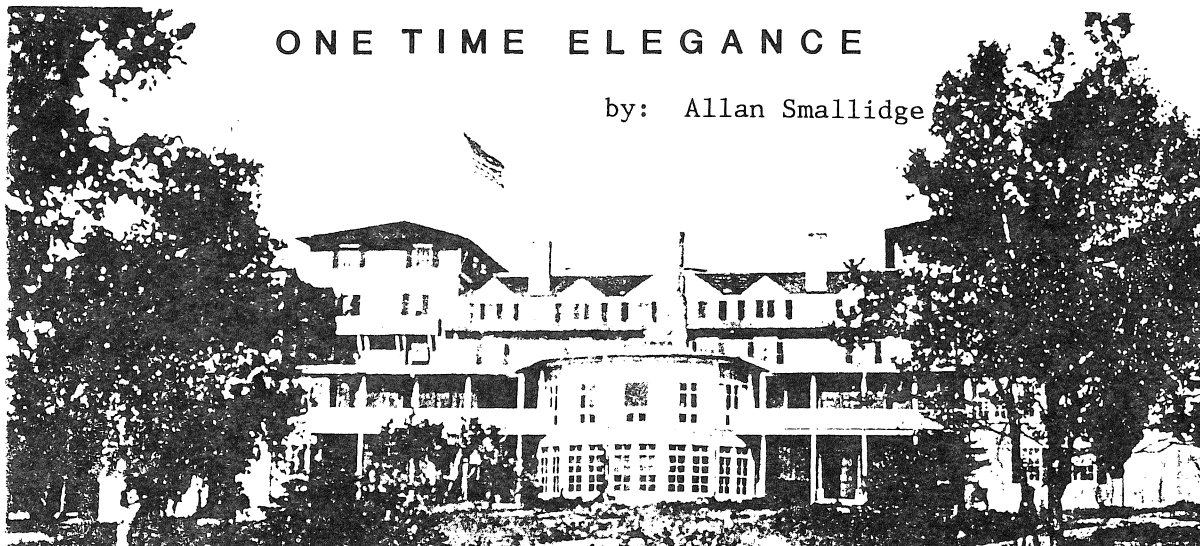
Non-Fiction

American Presidents 6th Ed.
Are You Tough Enough?
Best Sports Stories, 1986
Buyer's Guide to Auto Loans
Guide to Used Cars, 1986 Ed.
Hidden Addiction
How To Make A Speech
How To Save Thousands Of Dollars
On Your Mortgage
Joy of Stress
Mexican Pet
Omniboath
One American Must Die
Pinckert's Practical Grammar
Retirement Account Calculator
Strength For The Fight
Women In The Military

DOWNEAST WINTER HARBOR'S

ONE TIME ELEGANCE

by: Allan Smallidge



(Part 2)

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Schoodic, the larger of Winter Harbor's two peninsulas, lies to the east of the village. Skut-Auke in the language of the Passamaquoddy Indians means "fire place" or "land that has been burned." The other peninsula, smaller than Schoodic, lies to the west and is called Grindstone Neck, because a ship carrying a cargo of grindstones supposedly foundered off its shores.

In the original Gouldsboro grant, a lot was reserved for Harvard College on Schoodic, and in 1835 the title to this lot was conveyed to Nathaniel Hobart of Boston. In 1849, Hobart's widow deeded the college lot to Edward J. Hammond of Gouldsboro. Later, it became the property of John G. Moore, the founder of a New York City brokerage firm and a native of nearby Steuben. Moore's purchase of Schoodic was the touchstone of a project which resulted in a prominent summer resort at Winter Harbor.

In 1886, E. J. Hammond built the Beacon Hotel, a large, rambling structure with turreted rooms and shaded verandas overlooking Inner Harbor, Schoodic and Grindstone. The Beacon could accommodate 150 guests and, although contemporaries must have judged Mr. Hammond an incurable optimist to expect that number of guests in a town

the size of Winter Harbor, it was at the Beacon Hotel that the dream of a summer colony on a grand scale for those times took shape.

Here on a fine spring day in 1890, some thirty wealthy men gathered and formed the Gouldsboro Land Improvement Company, whose purpose was to "purchase, improve, and sell land." They decided to issue 400,000 shares of stock at \$5 each and to purchase all of Grindstone Neck and that part of Schoodic not already owned by John G. Moore--over 5,000 acres in all. Ex-Judge Granville P. Hawes was named president, and the list of directors read like a Who's Who of the day. Prominent among them, of course, was the name of John G. Moore.

Nathan F. Barrett, a well known landscape engineer who had to his credit work at New Rochelle, Newport, Seattle and Birmingham, was hired and drew up plans for the new development, which included a series of ovals surrounding the summit and a central road bisecting the peninsula from north to south. Other roads would radiate from it to the clubhouse on the eastern shore and to the proposed ferry landing on the western shore facing Bar Harbor. Communal stables were to be located at the north end of the peninsula where the company's lands began. The central plaza, with its view toward the ocean on all sides, was to be the site of the company inn and tennis courts, which were expected to serve as the centers of social life in the colony.

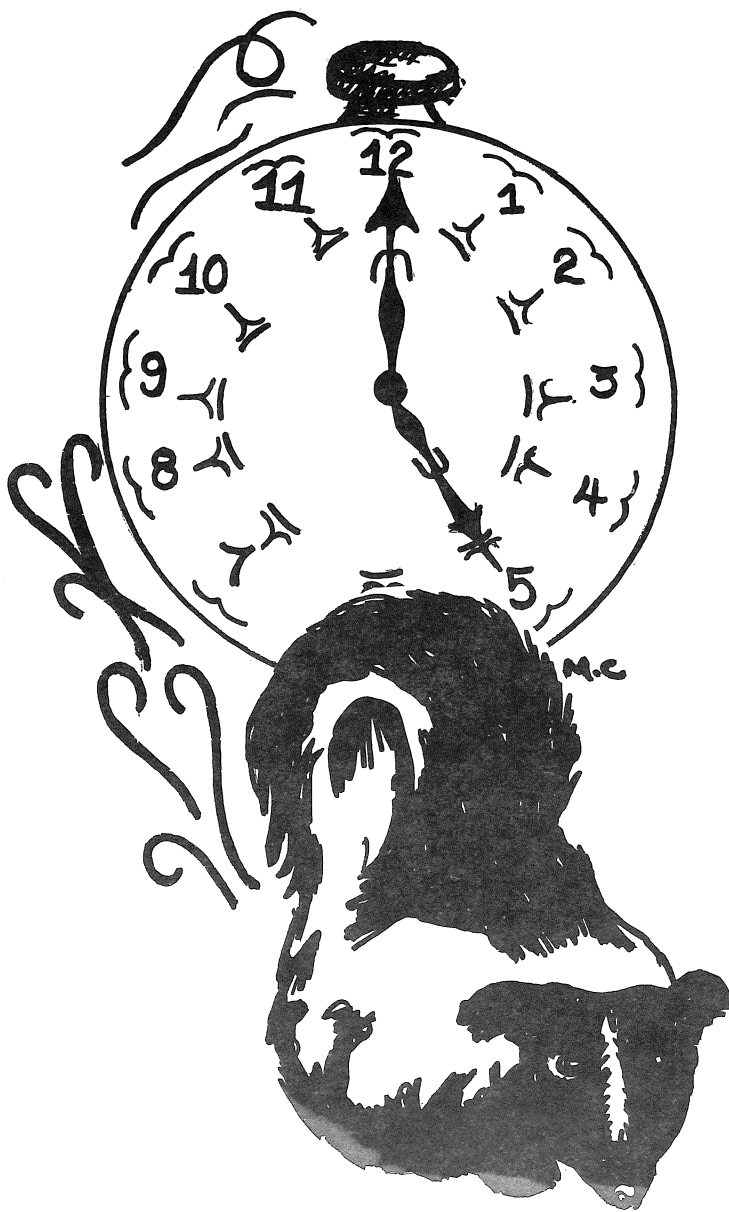
(to be continued)

A Malodorous Timepiece

by: CW02 B. Moyer

Those of us who serve in Admin have become accustomed to putting out "brush fires," and coping with "crisis management." For example, last minute requests for TAD are now fondly anticipated as we smirkingly stand by on Fridays at 1600 and await the frantic guard mail runner's hurried footsteps down the passageway of Building 10. Then, too, each morning we huddle excitedly around the official mail pile watching the mail clerk tear open wrappings like little kids on Christmas morning, hoping for action items on which to begin work. (We eagerly open those from D.C. first; they're the largest.) No sooner do we compile an IG package or command history than we're busy working on another task, be it typing the new SORM or assembling a voluminous safety report.

But, as we all know, some tasks are more important than others; some crises more critical. So, when the CO's office clock stopped working, all other matters became insignificant and this brush fire became our number one priority. At first, we suspected operator error, but quickly (and wisely) ruled this out. That being the case, we did what we always do--placed a route slip on it and assigned action to someone else. The route slip fell off, but Supply took the malfunctioning clock for action anyway, and shipped it out for cleaning. (No, the XO couldn't clean the CO's clock.) The clock's absence from the CO's wall had immediate and serious consequences. The skipper was late for appointments at the racquetball court, and he could not seem to get used to the bare spot on his wall. "HEY XO WHAT TIME IS IT?" was heard frequently by folks on both the first and second decks. Weeks went by and the situation grew more desperate, so Supply did what they always do--placed a tracer on the missing clock. Seems the clock had been repaired and cleaned for quite some time, but as it set in the repairman's shop ready to be mailed back to us, a creature of Maine's



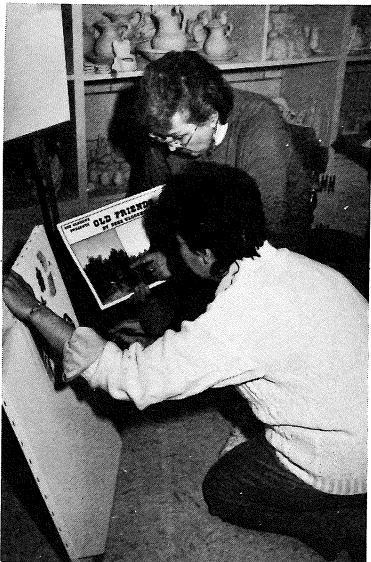
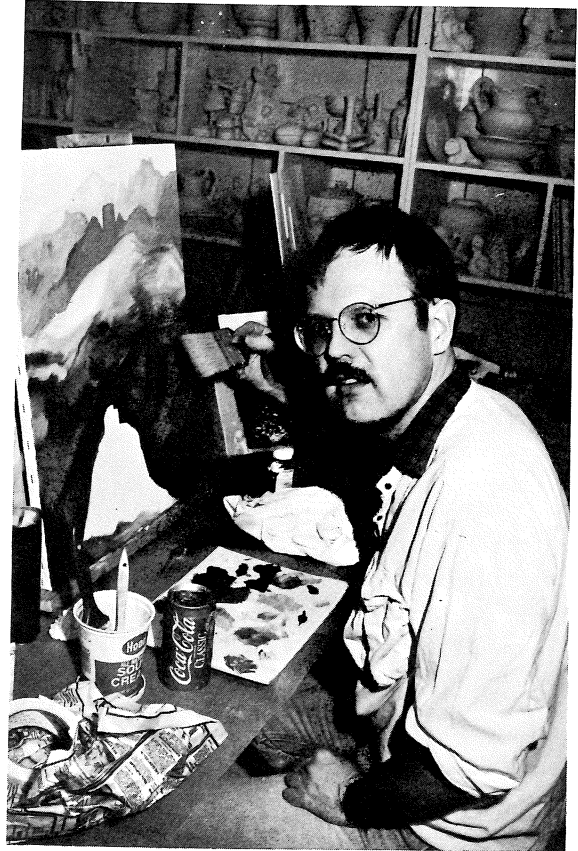
woods came to visit the shop and "inspected" the clock. The creature, a *Mephitis mephitis* (a skunk), did a number on the skipper's timepiece! I've heard some great excuses about delays from Supply before, but this one stinks (couldn't resist). In any event, the CO's clock is back and Admin survived another period of turmoil. We can now get back to the less critical tasks at hand. Now, where did I put that stack of DSR's from the XO?

The Art Of Oil Painting

by: Jeannette Glosser

The latest activity that's been offered to Navy personnel and their families at Winter Harbor has been an oil painting class sponsored by Rec. Services. The instructor, Mrs. Diann Ditewig, did an excellent job teaching five students the fine points of oil painting.

The course was six weeks long. The students began by putting a "still life" on paper and progressed to a canvas. Then Mrs. Ditewig instructed her students on mixing oils and acquiring perspective. After they painted one landscape, seascapes and water reflections were explained.



Everyone made excellent headway. Although some students were experienced in other forms of art, others were novices. As a result of Mrs. Ditewig's expert instruction, the five students--Deo Gordon, Richard Piragis, Judy Whiton, Pamela Schmidt, and Marie Jolliff--are now enjoying their new-found talent.

Unfortunately, Mrs. Ditewig has transferred from Winter Harbor. Until another instructor is found, art classes cannot be offered.

We thank Mrs. Ditewig for sharing her creative talents in a very large number of events sponsored by the command during her tour. She will be sincerely missed by many of us.





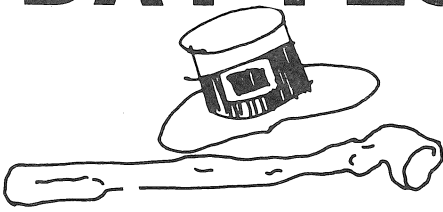
ST. PATRICK'S



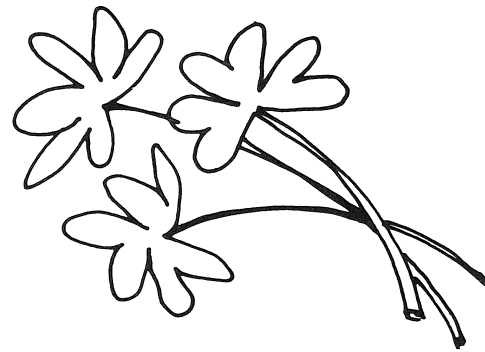
Note: Centerfold photographs taken by CTT1 Daniel Shaughnessy.



DAY FESTIVITY



The Chapel-sponsored celebration was enjoyed by base personnel and their families, along with many friends from the local community. Chaplain Weis supplied the corned beef and cabbage (as well as the blarney).



Departments, Divisions

Classic Wizard Training

by: CTT1 K. O'Donnell

60 Dept. Wiz's



I know many of you are probably wondering why I always start the 60 Department articles by talking about the weather. Well, a couple of reasons I guess. One, the weather in Maine is easy to talk about--there's always a lot going on! For example, the last week of February was probably one of the best I've seen in quite some time with sunny and rather balmy (in the 40's) days and, most of all, no snow! Well, all of that changed in 24 hours and March marched right in as the infamous lion and dumped another 6-10 inches of snow on our doorsteps. Good thing some snow had melted the week before or we'd of been hard put to find a place for the new stuff!

The second reason I start my articles talking about the weather is it gets your attention and before ya know it, I can sneak all the news for 60 Department in and you won't even know what hit ya 'til it's all over! So, now that I do have your attention, let's get to the news!

There are two new/old additions to the proud 60 Department ranks. The reason I say "new/old" is, these two gentlemen have been aboard for quite some time as students and are now joining the team as instructors. So, welcome aboard to CTM1 Wade Hill, a PM Maintenance instructor, and to CTT1 Dennis Kinton, returning from a hiatus at Instructor Training School in Memphis to teach Basic Operator classes. Good luck to you both.

We had one class graduate in the last month. Congratulations to Basic Operator Class 87001 (a class near and dear to my heart). You made it! Best wishes in your future endeavors.

The department also extends congratulations to CTMC Emilie Austin upon her recent reenlistment. Welcome back!

Speaking of welcomes, we've had a new class check aboard. The department challenges Basic Operator Class 87005 to be and do their best.

Gee, that looks to be all from my list of happenings. Well, I look forward to yakking at you next month. Just think, maybe I'll be able to talk about some spring weather! Until next time...



...and more

"30" Dept

THE DRAGON SPEAKETH

by: CTM1 D. Remsburg



Once again, from deep within the Dragon's lair, greetings!

Our new office spaces are coming along quite nicely. Walls have sprung up and a very definite shape of the things to come is beginning to emerge from the rubble. The banging of hammers, the whining of power saws, and the scraping of plaster knives are all becoming a part of the daily routine. Soon though, we should be back into our spaces. As someone once said, "No matter how much things change, they still stay the same."

We haven't transferred anyone since the last issue, but we have received three new people.

CTM1 Solomon and CTM3 Lagrone graduated recently from Wizard training and are now assigned to the 311 shop.

CTM2 Ettelt has arrived from NSGA Edzell, Scotland. Though still going through the check-in process as of this writing, Mark will soon be at work in the 321 shop.

To our new personnel a hearty WELCOME ABOARD. We hope your tours will be productive, rewarding, and, of course, enjoyable. You've joined a special team!

That's about all for this month. 'Til next time, the Dragon sends his wishes.

52 Div

by: CTR2 N. Phillips

HFDF Division regrets having to say goodbye to newlywed CTR3 Deborah Stepp and to CTRSN Molly Tillberg. For Petty Officer Stepp it is on to Rota, Spain via NCO school at Skaggs Island, California, while Seaman Tillberg heads in the opposite direction to NAVCAMS EASTPAC, Hawaii, also via NCO school. Both will be truly missed and we wish them the very best at their new duty stations.

We are happy to welcome two new folks to the division. CTT1 Bryan Jones comes to us from Rota. He has already gotten into the spirit of community and command involvement as an instructor and trainer for CPR and Multi-Media First Aid. He

assumes this very critical role from one whose shoes will be hard to fill (literally), LCDR Ditewig. A hearty welcome also to CTR3 Dave Roberts and family who have reported in from Sebana Seca via Pensacola, and to CTRSN Kevin Keay, fresh from CTR "A" and DF school in Pensacola. We hear he is quite an athlete and is in great demand for all the teams! Again, welcome to all our new arrivals.

We also welcome back CTTC Raybourn who has been out of action from a shoulder operation. Chief, sure is nice to hear your robust laughter shaking the office walls again!

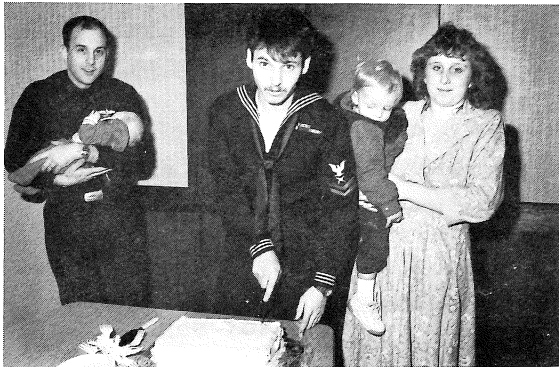
CONTINUING THE NAVY ADVENTURE



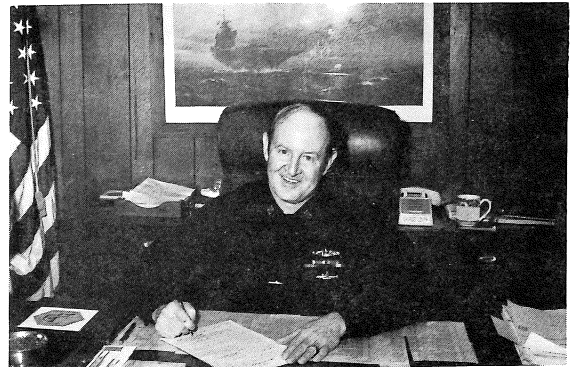
CTT2 M. Palumbo and his wife, Teresa smile agreeably as he signs up for another 6 years.



BM1 J. Cosme takes the reenlistment oath for 4 years.



CTT2 M. Coogan and family celebrate his 4-year reenlistment.

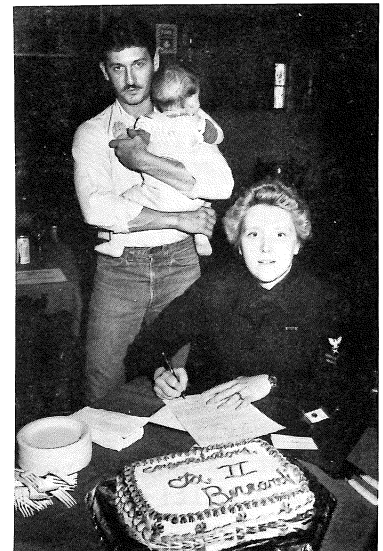


ETCM(SS) signs up for another 3 years.

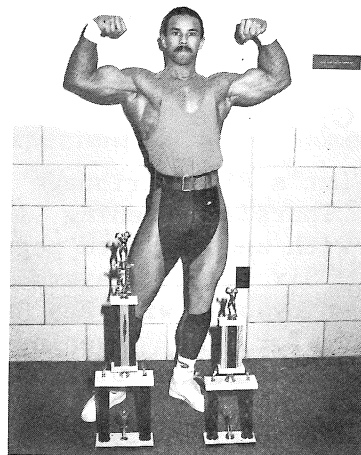
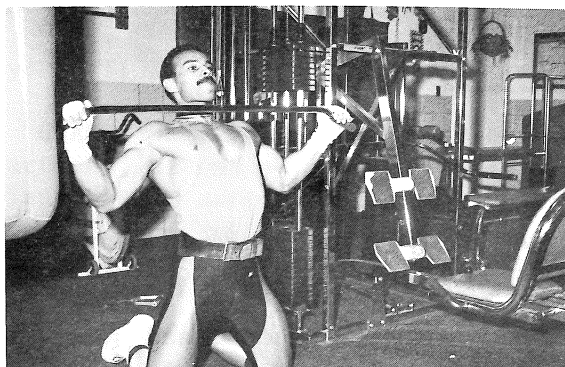


(l) CTT1 R. Daniher transferred to Fleet Reserve.

(r) CTA2 J. Bernardi reenlists for 4 years, as her husband, Victor (holding Victor, Jr.), looks on



BODY BUILDING CHAMPIONSHIP



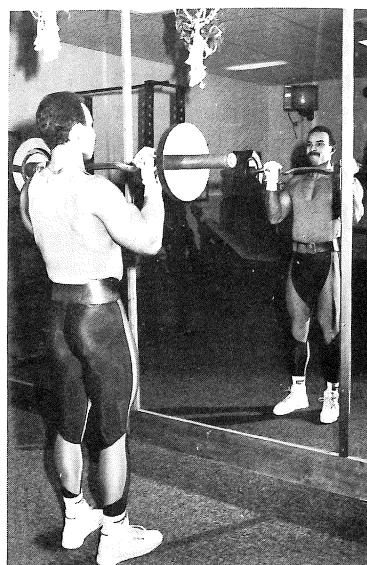
by: CTT1 K. O'Donnell

On February 14, CTTC William "Tony" Greene participated in the 1987 Armed Forces Body Building Championships held at Camp Pendelton in California. He placed first overall for the U.S. Navy, beating the guy who won this event last year. Additionally, Chief Greene placed third out of thirteen competitors in the Middleweight Division. Overall, the event drew 60 participants from the Armed Services and included individual categories of competition for males, females and couples.

One cannot help but notice the high degree of discipline that Chief Greene maintains. A serious weight lifter and body builder definitely needs discipline. In preparation for the event, he worked out four months at the base gym, improvising with the equipment when necessary to achieve the results he needed. His routine included weight training at least two hours a day, five or six days a week. This schedule had to be worked around the Analyst Class 86012 school schedule, from which Chief Greene graduated with honors. Just before leaving for the body building event, the Chief dieted and lost 12 pounds of "water weight" and trimmed down to about 167 pounds. He says the judges look for three things in a body builder: tan, dieting (cut), and size or symmetry.

Chief Greene just started serious body bulding in January 1986 although he states he has worked with weights for many years prior. His previous events include taking first place in his weight class at the 1986 Hawaiian Armed Forces Championships, and second place in his weight class in the Mr. Fifty States event. From the look of things, he is well on his way to more events and more first place trophies.

The command extends a hearty congratulations to you Chief. Well done!



SPORT SPOTS

by: Jean Dickson

Cribbage

The "Let's Play" Cribbage tournament was held Thursday evening 12 March at the club with another hard pegging group on hand. Six avid players made the evening enjoyable with Bea Marsh going undefeated for the evening and the championship. Jean Dickson came in second playing out of the loser's bracket with Barbara Weed, a former champ finishing up third. Congratulations to all for a fine evening of cribbage.

Racquetball

Jeff Van Gilson played his way up the loser's bracket to capture the number one spot defeating Al Doka for the championship in the February racquetball tournament. Ten players participated playing strong and hard in the best two of three game matches.

The first Women's Racquetball Ladder Tournament of the new year saw eight women bidding for spots. Several newcomers on the court put in strong games with one newcomer, CTT1 Julie McCalla coming out on top. Julie took top rung going undefeated. Donna Young put in a similar strong showing defeating a tired Sue Spychala for second rung, with Sue taking third. Sandy Knight, another newcomer, played her way to fourth with a consistently solid serve. A fine first tournament with excellent play.

Play Pool

The "Let's Play Pool" Tournament turned out to be a "Night of Upsets." A group of eight players entered, some new, some former winners, and some just filling in at the last minute. The last two tournaments' first place winner, John Neming, was knocked out of the tournament early in double elimination. Last minute substitutes, Randy Peacock and Chuck Lutes, found themselves among the top three finishers along with Steve Greenleaf. Lutes eliminated Greenleaf, putting himself and Peacock into the championship match. Peacock went in undefeated with Lutes having lost only one game. When the last ball dropped, Lutes had defeated Peacock in two matches, winning the first two games of each to clinch the championship. Another enjoyable tournament!

" OMY "

NSGA's first "OMY" (old, middle, young) 3 on 3 tournament proved successful for Gene Walker's team, both on the court and on a personal note as well. Walker's first child was born on the winning night. Congratulations!

Dr. Mohan's team of Stan Snurkowski, Tom Robinson and the Doc fought hard but were unable to overcome Walker's tough crew of Jim Bryant, Keith Woodson and Gary Davis. Mohan's three settled for a strong second.

Four tough teams participated in the first "OMY" 3 on 3 tournament sparking interest for more such tournaments in the future.

Time to Shape Up

for Summer





6th IN SLALOM

by: CTT1 K. O'Donnell

CTASN Joe Zarek, a member of 60 Department, placed sixth overall in Dual Giant Slalom competition at the Armed Forces Ski Meet held March 6th at Mount Cranmore in North Conway, New Hampshire. Sixty-three people raced against the clock and each other in the best of two heats.

Seaman Zarek, skiing with a bandaged right hand from an injury incurred just days before the race, achieved an impressive time of 31:23 seconds. The "sports medics" at the clinic had wrapped his hand in such a way that Joe was able to grip the ski pole and compete in the race.

Joe has been an avid skier since age 10 and has skied mostly on New York, New Jersey and California slopes. He says he enjoys all aspects of downhill skiing but really likes ski ballet best. Seaman Zarek would one day like to ski in Spain and in the Alps.

Challenge Cup Update

by: Jean Dickson

The NSGA/Cutler Challenge Cup for 1987 has gotten off to a slow start for Winter Harbor this year. The NSGA team lost the first three Challenge Cup events of the new year, dropping the bowling event by a narrow margin. The downhill skiing event, though close, was dropped to Cutler by just seconds. The 3rd Challenge Cup event of the year followed suit with Cutler defeating NSGA on the basketball court 93 to 73.

But we are not worried!

NSGA Winter Harbor has held the Challenge Cup since its inception. NSGA pride and team spirit will prevail, and we're certain our losses will soon be overcome.

We're just warmin' up, Cutler!

Basketball

The women's varsity basketball team was bounced around in their first outing of the season against a tough Jonesport team. A 95-34 score tells the story of the lop-sided game between the Jonesport "Carvers" (all related) against the young inexperienced NSGA women. Tana Jones and Marilyn Freeman led the NSGA team with 11 and 19 points, respectively. Patti Carver was high scorer for Jonesport with 34 points while Diane Clark followed with an impressive 24.

The team went on to Newport, Rhode Island in February for the Women's Northern Sports Conference Area Tournament. The women were defeated in their first two games eliminating them from the tournament early. Despite their losses, the ladies' efforts were appreciated and they're looking for better days ahead.

Captain's Cup, '86

by: Donna Young

After a closely contested season, Schoodic emerged the victor of the coveted Captain's Cup for 1986. 30 Department led for most of the season with Schoodic and WIZ hot on its heels. While Wiz won first place points in the crucial "home stretch" events of football and basketball, it just wasn't enough. All eyes turned to 30 Department and Schoodic who fought it out for 2nd and 3rd place points. Once the dust settled, Schoodic emerged victorious.

Congratulations to all teams who participated; we're looking forward to a great '87 season. Can Schoodic do it again? Will 30 Department or Wiz get their revenge? And don't count the O's&C's or 60 Department out of it; they were close in the standings for 1986. And the great unknown of OPS--they had trouble fielding a team last season--could we all be in for a surprise from them? Only time will tell.

THE OMBUDSMAN -

Someone You Can Turn To

Wifeline Magazine, Spring 1987

It's the middle of the night. You have a problem and need help NOW, not in the morning. But your spouse is thousands of miles away, and you're new in town and don't know anyone well enough to call at this late hour.

Thousands of Navy spouses and family members find themselves in similar circumstances every year and find help through their ombudsmen. Most Navy commands--and all deploying units--have an ombudsman, a spouse of one of the command's active duty members.

Ombudsmen are primarily a liaison between commanding officers and families. As such, they're excellent information sources--they can tell you where to find help. And they're used to getting phone calls in the middle of the night.

When the phone rings, the ombudsman is ready to respond--whether the request is for information or for help in a crisis.

Many ombudsmen describe their roles as similar to that of a command master chief. The master chief is a link between the enlisted people and the commanding officer; ombudsmen link families with the commanding officer.

One of the functions of an ombudsman is to pass on complaints, remarks and suggestions from families to the command. But since deployed units started using ombudsmen, another aspect of the job has gained greater importance: communicating information.

A sailor on deployment soon learns how slow mail is at sea--a letter can travel for days and a package for weeks before arriving at its destination.

However, in many circumstances, communications must travel much faster.

An ombudsman can speed up the communications process. For example, when a ship's schedule is changed a message is passed to the unit's ombudsman. Using a list of names, addresses and phone numbers of the crew members' families, the ombudsman calls the families and informs them of the change. The families learn of the schedule change in a day or two--sometimes within hours of when their deployed sailors learn of the change.

Communications aren't limited to schedule changes and emergencies. Ombudsmen also keep families informed of beneficial programs.

In addition to two-way communications between commanding officers and families, ombudsmen reach out to individual families with friendship, information, problem solving and a helping hand.

Not just anyone can become an ombudsman. Commands carefully screen spouses before making a selection. Then there's Navy training, much of it provided at Family Service Centers. Training can include meetings, workshops, symposiums, orientations, classes and a trip to the Ombudsman Training Academy at the Armed Forces Staff College. And the Navy will soon have a standardized ombudsman training curriculum.

Being an ombudsman can be difficult, but calling an ombudsman is much easier.

(Ed note: At NSGA, Mrs. Corene McTernan (963-7583) and Mrs. Monique Whitlow (963-2968) serve as our ombudsmen.)



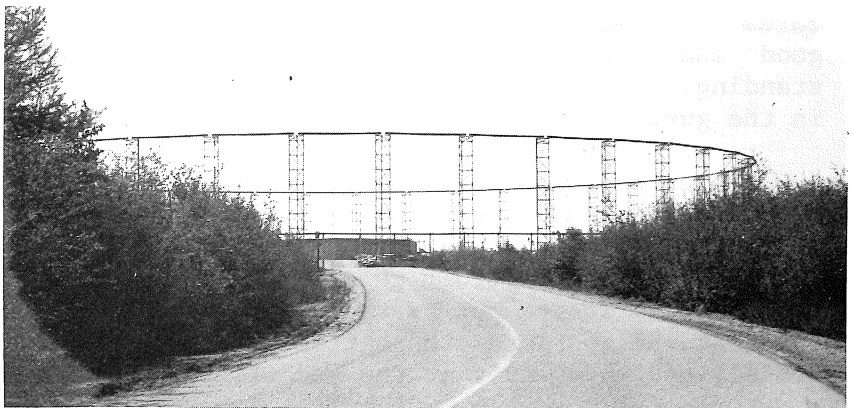


NSGA

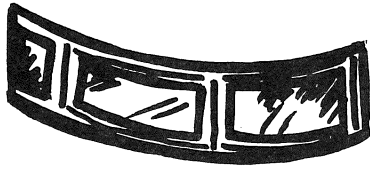
WISHES YOU



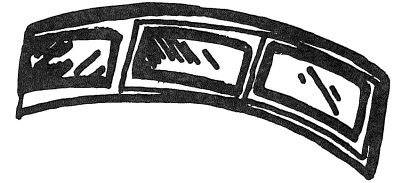
A
HAPPY EASTER!



These photos were taken circa 1971



MOVIE REVIEW



Reviewed by: CTT1 K. O'Donnell

There aren't many movies that have the ability to make me squirm in my seat and almost (almost) make me get up and leave because I can't watch any more. I must honestly say, Platoon is one of those movies. It isn't scary; it isn't more depressing than The Boys in Company C or Apocalypse Now; it is neither good nor bad. It is just there. Except maybe that should read: THERE. It is everything the American people have heard the Vietnam War was about, packed into two hours of remembrance by the writer-director, Oliver Stone. What made Platoon very difficult to sit through was the realism. Stone has an adept skill at making the viewer feel as though he or she is really there in that mess with all those soldiers. I'm not saying I didn't like it; yet, I'm not saying I did. It is not a movie you see and come away liking or disliking.

The movie centers around a 25th Infantry Division platoon, specifically Chris Taylor (played by Charlie Sheen) and two rival squad leaders portrayed by Willem Defoe and Tom Berenger (he's the one with the scar makeup). Within the first few minutes of the film, we are flown into Vietnam with Chris to begin our "one year tour" and two-plus hours later we are helo'd out with the same Chris, although I'm sure his "Grandma" wouldn't recognize him, wounded after a major battle with the Viet Cong. What happens in between is the stuff nightmares are made of. The acting is very good and the cinematography is outstanding. It's the story that get's you in the gut.

Some critics are saying this movie is a confrontation between good and evil. I would have to disagree. I found no one in the film who was truly good for even though Chris starts out as the wide-eyed innocent, he too loses the battle within himself and turns evil at the end of the



PLATOON

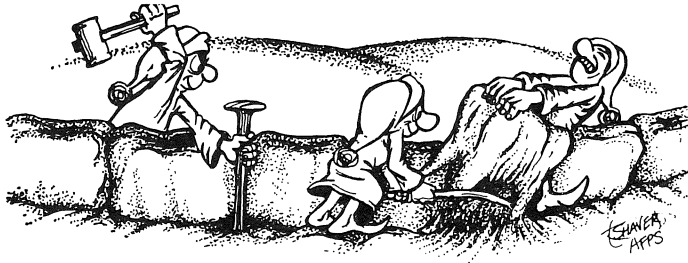


movie. But, perhaps, some would see his actions as those of a hero.

But, let's get back to my squirming. I was okay until the platoon entered a village after losing two men. When the soldiers take their frustration out on the children and old women, I had a tough time staying in my seat. But I did stay and am probably all the more educated because of it. And I guess that is a summation of what Platoon really is, an education.

COMING SOON:

Dependent Dental Insurance



Military families will be able to get some help in paying for dental care through low-cost dental insurance, which will be effective on 1 August 1987. Enrollment will be automatic for members with dependents in the United States, Puerto Rico and the Virgin Islands unless the member declines coverage by 30 June 1987. The first automatic payroll deduction will begin 15 July 1987 and will be approximately five dollars per month for members with one dependent or ten dollars per month per family. Members with more than one eligible dependent will automatically be enrolled at the family rate unless enrollment is not desired. Children under four years will not be covered nor will first term personnel with less than two years remaining on enlistment be enrolled in this program. Once enrolled, members must stay in the program for two years. After the initial two-year enrollment, or upon transfer, members may disenroll.

Members who are not enrolled initially may enroll at any time and will continue to be eligible for existing space available care in Navy clinics.

Full coverage of the allowable charge will be paid by the insurance carrier for exams, emergency palliative care, x-ray, cleaning, and fluoride treatment.

The insurance company will pay 80% for restorations (fillings), repair of dentures, and stainless steel crowns for primary teeth. The remaining 20% must be borne by the members. Orthodontics, extractions, root canals, periodontics, and prosthodontics, except as noted above, will not be covered under this program. Dependents enrolled in this program may go to the dentist of their choice. It is anticipated that most dentists will participate in the program and bill the insurance company directly. Some dentists may require full payment from the patient who then must seek reimbursement from the carrier. It is to the members' advantage to inform their family dentist now of this program, and provide more specific information when available.

Additional information will be available soon. This new benefit is a significant quality of life program to ensure our Navy-Marine Corps families have adequate and affordable dental care.



DIRECT DEPOSIT SYSTEM

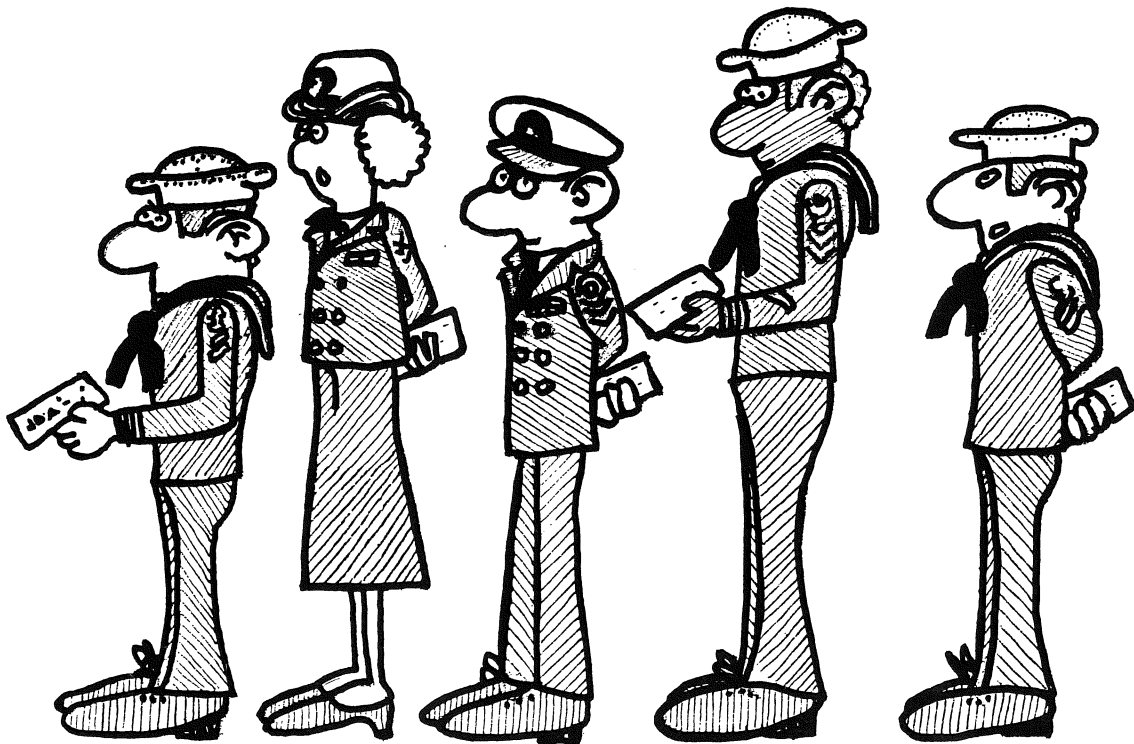
The Navy's Direct Deposit System (DDS) is now in operation at all shore activities in the United States. Because of its continued success at shore activities in the continental United States and Hawaii, DDS was implemented Navywide in October 1986.

Under DDS, a service member's net pay is centrally computed at the Navy Finance Center (NAVFINCEN) in Cleveland, Ohio, and sent electronically to a designated financial institution. Payments are made in the full amount due in dollars and cents. This eliminates the need for service members to mail checks to banks or credit unions and guarantees availability of funds on payday. The member avoids long pay lines, check cashing, and the potential for loss of

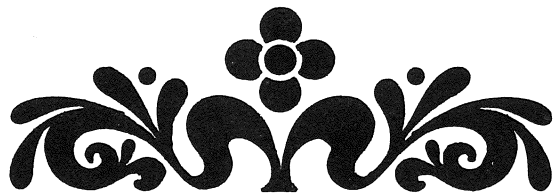
funds when a check is lost in the mail, misplaced or stolen. The member also continues to be paid while on travel or leave. Additionally, the member may elect to retain DDS upon permanent change of station transfer.

A toll free number to NAVFINCEN (1-800-554-7998) is available to members while on leave or in transit in order to verify their DDS deposits (not applicable in Ohio or out CONUS).

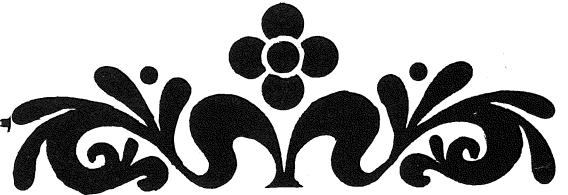
Although DDS is voluntary, at the end of August 1986 more than 150,000 active-duty members were participating in the program with more participants from overseas shore and afloat commands anticipated.



**Don't stand in line . . .
Start **DIRECT DEPOSIT** Today!**



BRIEFLY...



New Arrivals

	<u>from</u>
HM3 & Mr. Picard	Norfolk, VA
CTRSA Keay	NTTC Corry Station
HM3 McCallister	North Carolina
CTRSA Lovejoy	NTTC Corry Station
PN2 Tuck & Family	New London, CT
CTM2 Ettelt & Family	Edzell, Scotland
CTSA Stephenson	NTTC Pensacola
CTM2 Carter & Family	Adak, AK

Reenlistments

	<u>years</u>
CE2 Russell Brower	6
CTMC Emilie Austin	4
HM2 Brian Monical	4
CTO2 Evelyn Monical	6
BM1 Jose Cosme	4
CTMCS Frederick Clarke	6

WELCOME ABOARD!

Navy Achievement Medals

CTR1 Peter N. McLean
CTM2 Barry G. Jondahl

Army Achievement Medals

SGT Gary D. Gentry
SP4 Dean L. Davenport
PFC James M. O'Neill

Letters of Commendation

Earl P. Fish
James A. Cavelle

Good Conduct Medal

CTM1 Michael H. York (3rd)

Letters of Recognition

CTT3 Randel Bansley
SN Terry L. Moore
SN David J. Harsch
SN Kirk B. Quimby
John D. Purington
Winfield H. Lovejoy
Wayne R. Lanier

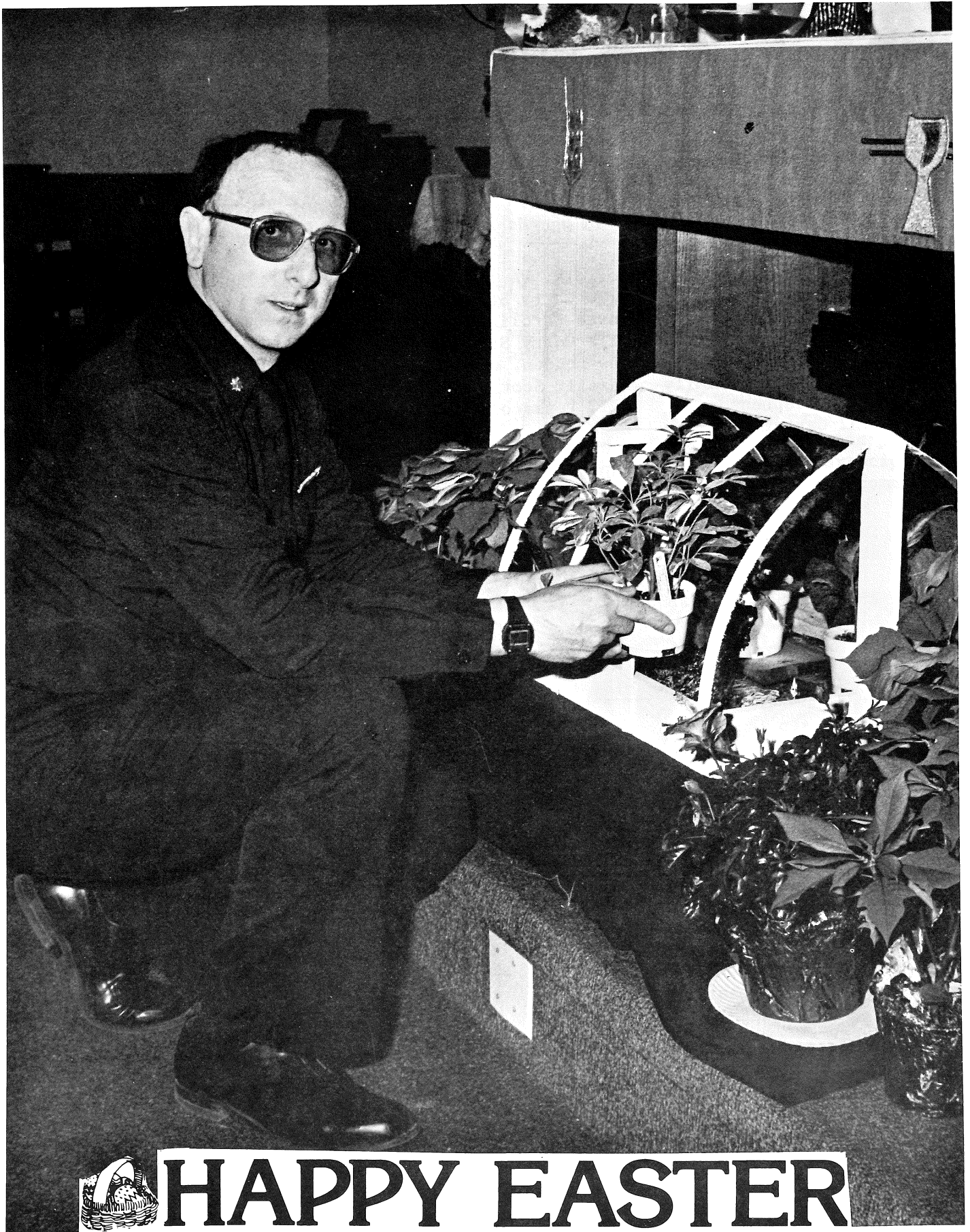
Advancements

CTT3 Curtis D. White
CTT3 Christopher E. Gucik
SN Ruby C. Green
SN Patricia D. Canfall
SN Latanya P. Colbert
SP4 James M. O'Neill

Frocking

LCDR William L. Silas, Jr.





HAPPY EASTER