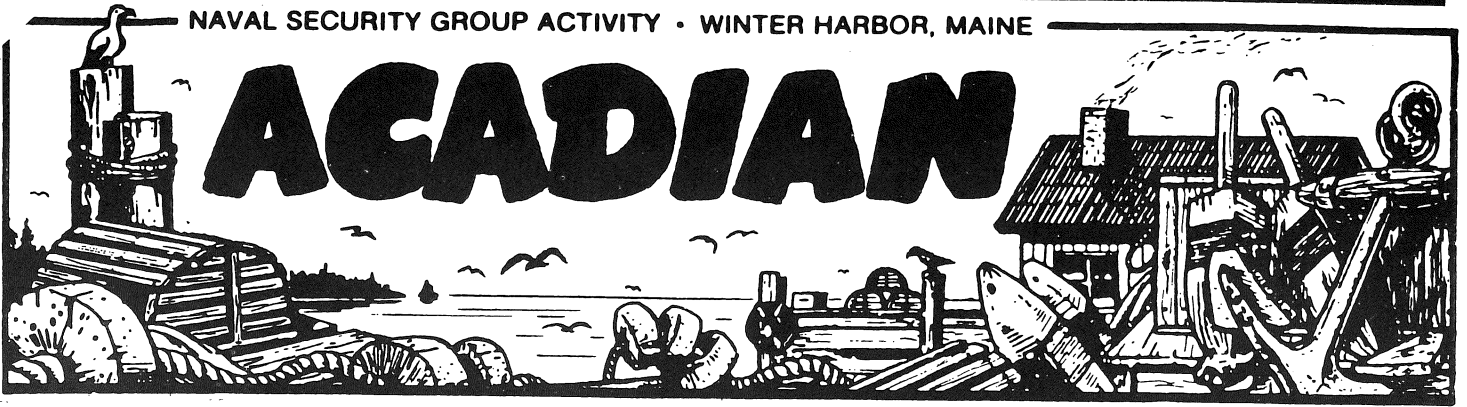


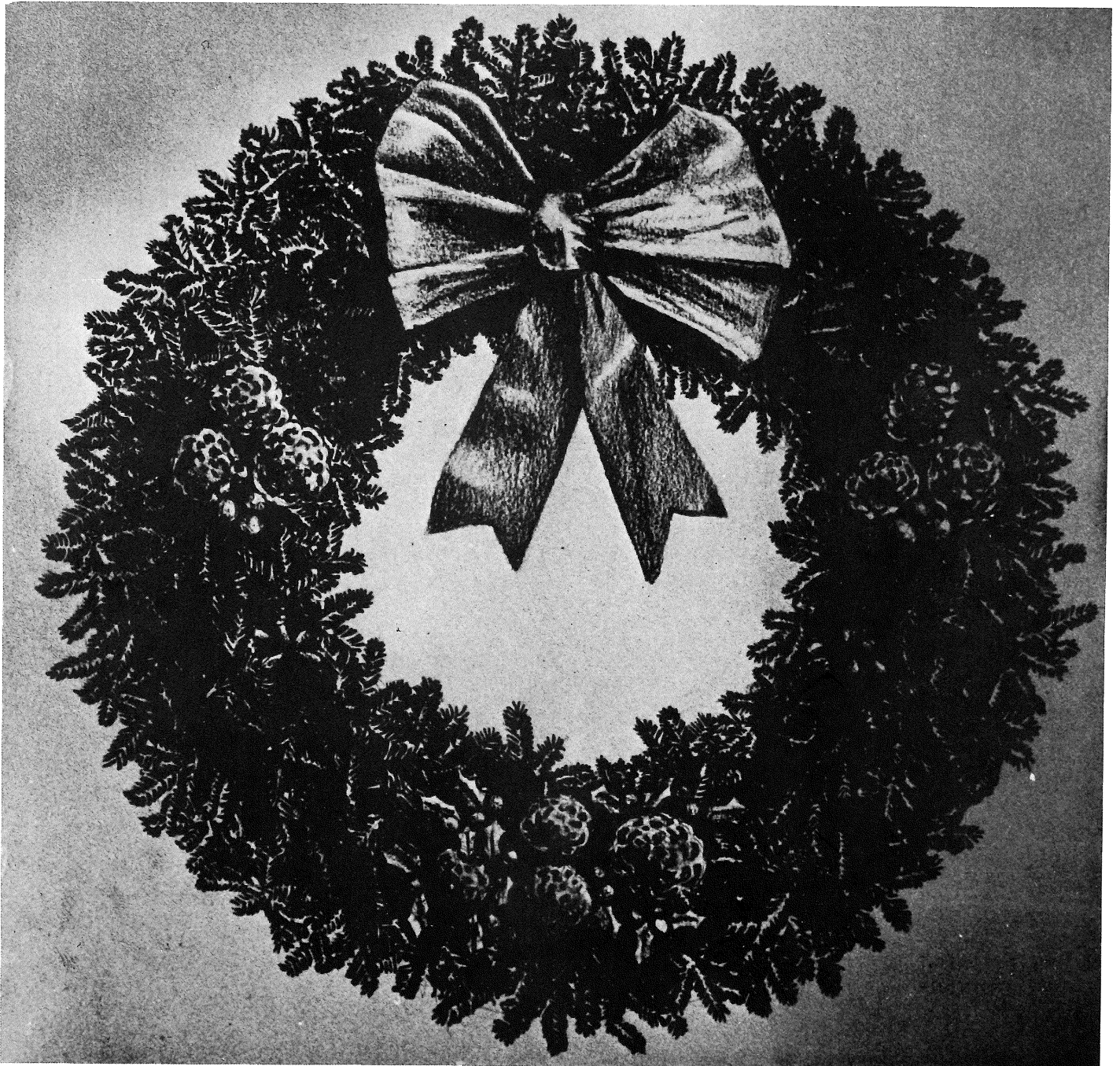
NAVAL SECURITY GROUP ACTIVITY • WINTER HARBOR, MAINE

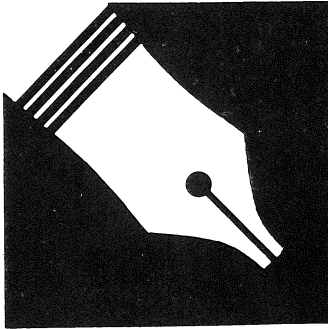
ACADIAN



VOLUME XXXXV

DECEMBER 1987





EDITOR'S NOTE

by: CW02 W. Moyer

Did you ever wonder why we humans so often must be persuaded, coaxed, and even badgered to do something that either is good for us, or enjoyable, or both? Think about it. Our animal friends certainly don't go through this ritual. A labrador retriever doesn't have to be encouraged to play frisbie; a playful kitten need not be urged to tangle with a ball of yarn; a buck doesn't require persuasion to run in open fields. Their instincts tell them what is fun, and they react naturally.

But we are different. The instinct isn't in us. Remember when we lived at home and someone was always harping at us? It was Mom who always fussed at us to eat another helping of her special holiday meal. Or Dad who shouted (on Saturdays, at approximately noon) to get out of bed and stop wasting away the day. Perhaps a friend wanted us to attend a party, a dance, or go skating. How about when we "had" to learn to swim or ride a two-wheeler? Yes, someone was always nagging, telling us to do something new or different. Why did they think TV's were invented, anyway? Remember, they always said it was for our own good, too?

After we grew up and went on our own, we realized our parents and friends were right. Trying new things really is for our own good. But still we need coaxing. It's not enough a myriad of activities and events is offered here at NSGA. These opportunities must also be publicized, and people must be encouraged, persuaded and badgered to take advantage of them. A mere sampling of such opportunities: arts and crafts; auto hobby classes; Captain's Cup sports; library services; college and technical courses; skiing, snowmobiling and the like; religious services including inter-faith study groups, adult and youth educational sessions; trips and tours; dance lessons; a turkey

feast; the Cabin Fever Group; Ham radio lessons. The list goes on, seems endless.

Still, without coaxing, some people will insist there's nothing here for them, or my favorite: "I didn't know about it." I don't know why we need this coaxing but we do.

So, if you know some "homebody" who's content to work, eat, sleep and breathe, urge, convince, yes, nag that person into joining you in some new activity. They may thank you later for making a part of their life more pleasurable. Care enough about your friend, shipmate or family member to insist they get involved. And if you're the one who needs movement, get moving! "Mikie" tried it and liked it! You will too.

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THE COMMANDING OFFICER'S TURN

Commander W. Whiton

We are really looking forward to the holidays this year. Hope you and your families are, too. Our first full year Downeast has been super.

Better still, I think next year will be even better. The final results of this year's CFC drive are a harbinger of things to come. Despite frozen SRBs, a confused economy and the prospect of delayed or reduced pay raises, participation was up 18%. Gifts per individual were up almost 35% and we exceeded the goal set for us by 23%. The same commitment and concern that brighten every day here are clearly evident in these figures. Well done to CW03 Sutherlin and his CFC Team and each and everyone of you who gave.

As you prepare for this most festive and sacred time of the year, you and your families should take great pride in what you have accomplished this year. In every single department and division, operations and support, you have made significant progress and laid the ground work for even better things to come.

However, if we are to scale even greater heights, we need each and every one of you---safe and sound. So please leave plenty of time for holiday travel and drive carefully. And have a wonderful holiday season---no one deserves it more.



Happy Holidays





FROM THE COMMAND MASTER CHIEF

CTRCM R. P. Perfetto

What Image Do You Portray As A Member Of The Navy Here in Winter Harbor?

During the past two personnel inspections, the Captain commented on how pleased he was with overall appearance. This was borne out by the number of people who received an "outstanding." Equally impressive was the fact that less than one percent of the persons inspected were "hit" with a discrepancy. During our recent Navy Day Ball many retired folks attending commented to me on how terrific everybody looked in their uniforms. The command has received numerous compliments regarding the professionalism and outstanding appearance of our honor guard which provides services throughout the area. And one local gentleman recently commented to me, "You can always tell the Navy folks even in their civvies. They are neat and well groomed."

In general, personal appearance among both men and women of this command is within the established standards set by the Department of the Navy. It is important we maintain these high standards so that we may continue to present a proud and professional appearance that reflects positively on each and everyone of us.





**the
CHAPLAIN'S
NEWS**

Chaplain J. Weis

One of the most invigorating experiences in life is the feeling you get when you step from the gripping cold into a warm building. We feel good all over, in body, mind and spirit. This feeling grows ever more intense when we step into the home of a friend or a loved one. Being with people we enjoy and cherish adds to the warm feelings we experience.

The cold weather invites us to turn to the indoors and to the "within" places in life. Warm thoughts replace warm outside temperatures in a way no other season does.

Thanksgiving was such an occasion. Thinking of others' needs and planning for the collection and distribution of food baskets was a heart warming act. Certainly, we will never solve the problem of poverty, and some may even see our efforts as a "drop in the bucket," but at the chapel we tend to see it rather as "a step in the right direction." It helps us realize that, when all is said and done, we have so much, while so many in this country of bounty have so little. We appreciate all who helped in making the drive successful.

While we're discussing warm feelings, what about the Hanukkah-Christmas season? Sure, if you're away from loved ones, it can be a sad time of year, but truly the human spirit can transform any situation into a joyful celebration of

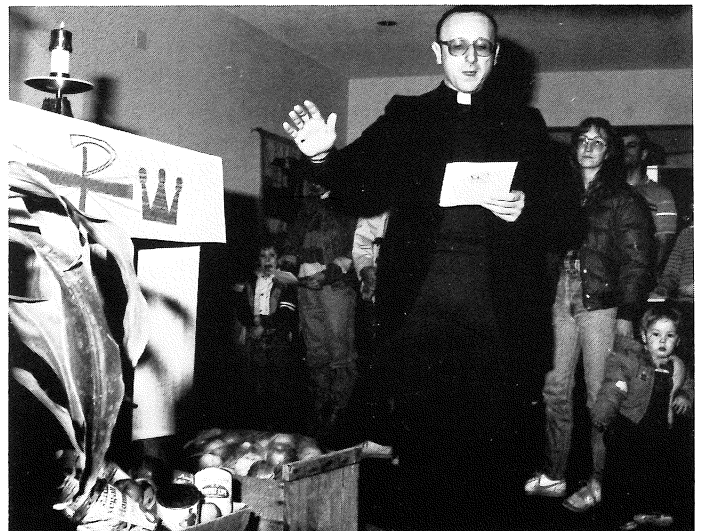
COLD WINDS,

WARM HEARTS

life. Once again, the chapel will be decorated and you know the saying: "Many hands make the work lighter."

And won't it be nice this year to have an inter-faith Candle-Light Service and Children's Pageant on the Saturday before Christmas? If you think you would like to be a part of the planning, just give us a call.

In so many ways, then, this is a creatively challenging time of year. We can't rely on the weather to make us feel warm. We have to generate warmth ourselves. Planning parties and socials, engaging in a seasonal activity with friends and co-workers, doing something special with the children, assures us the winter months need not be cold and forbidding. Just fire up your imagination. Warm hearts can surely drive out cold winds.



CONGRATULATIONS

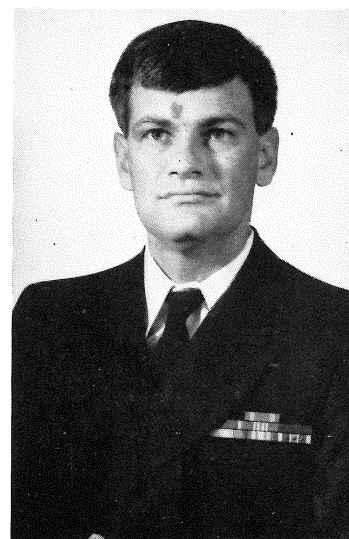
STAYING NAVY

Chaplain Weis congratulates CTA3 K. Anthony on her reenlistment.



CTM1 Remsburg and CTM1 Spychala received Letters of Commendation from the CO for their efforts in leading the POA's organizing this year's Navy Day Ball.

NAVY ACHIEVEMENT MEDAL

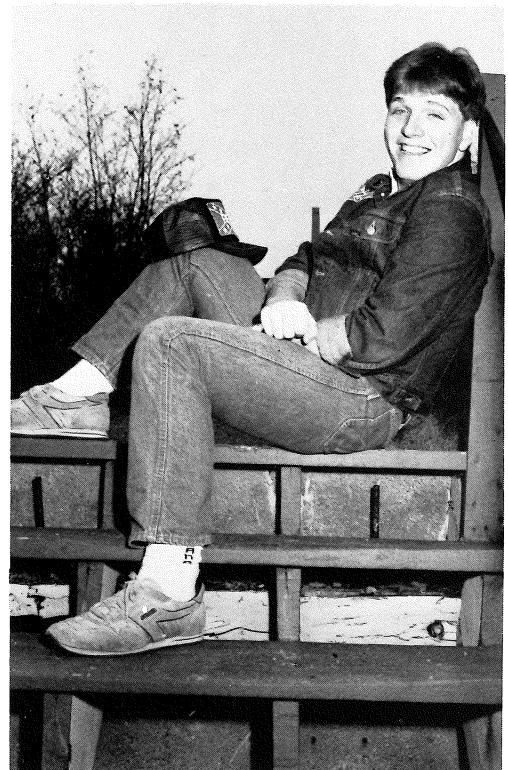


CTTC J. Sandlin

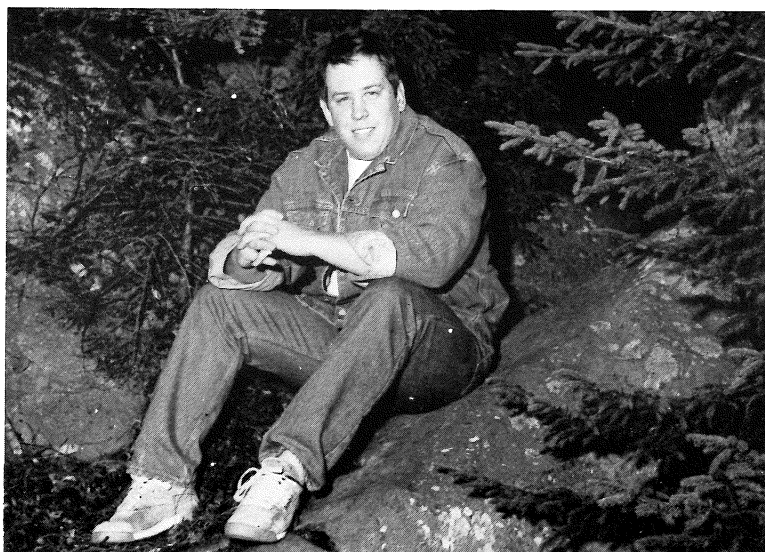
ADVANCEMENTS



CTO3 Cubby Davis was promoted under the Navy's Accelerated Advancement Program.



CTTSN K. Perry



CTTSN B. Musser

COMMAND CAREER COUNSELOR

by: CTAC K. Hagen

Did you know the Navy has a Financial Counselor Program to help Navy members avoid financial crisis or assist them in getting back on the road of financial recovery? Did you know this command has a certified Navy Financial Counselor?

As a Navy Financial Counselor, my position is becoming an established and recognized one at many commands. Financial counseling and education programs are certainly in the best interest of the Navy. Some of the money problems experienced by service members develop into very complex situations by the time the command becomes aware of them; damage control then ensues. However, most financial concerns do not fall into this category and can be resolved by the service member with sound advice and guidance of a trained command financial counselor. There is one distinct advantage that Command Financial Counselors have over outside counselors (who charge a fee)--knowing our people and seeing them on a regular basis.

Financial problems are a leading cause of personal stress and family dysfunction. Money pressures often affect personal and family stability by creating a confused environment which is potentially volatile. Financial difficulties can be directly linked to stress-related illnesses, substance abuse, high divorce rates, family violence, and poor job performance, morale, retention, mission readiness, and even national security.

Unlike the civilian sector, military personnel enjoy job security and steady incomes. This often makes us special targets for a barrage of high pressure advertising and offers of easy credit to buy, buy, and buy some more. Service members who don't pay their just debts are viewed by their supervisors as irresponsible, particularly when the bad debts become the subject of official



correspondence, or preoccupation with financial difficulties result in decreased productivity. This can have a detrimental impact on careers, i.e. disciplinary actions, loss of security clearances, lowered evaluations, lack of promotion, denial of special duty assignments, and even administrative discharge.

In recent years, the financial situation of military men and women has drawn increased attention. It is estimated one-half of all military members experience some level of financial difficulty at least once in their career. These difficulties stem primarily from a lack of basic consumer skills to deal with today's increasingly complex and sophisticated marketplace and the mismanagement of available resources. Problems brought on by this lack of basic management skills are compounded by the unique financial considerations that accompany our lifestyle--frequent moves, deployments, and fluctuation in pay.

If you feel you need assistance on how to prepare and live within a budget, compute interest on major purchases; determine credit worthiness or develop a rehabilitative financial plan, why not stop by my office? It could be well worth a few minutes of your time (and dollars from your pocket).

DOWNEAST - PERRY'S WREATH BARN

by: Jeannette Glosser

Wreath-making is one of the many ways some native Mainers make a living. Making a living in Downeast Maine is often seasonal and usually difficult work. Wreath making is no exception.

Years ago, people from Downeast enjoyed wreaths and garland they gathered from balsam fir trees. It is only in the last 25 to 30 years that making natural wreaths and garland has become a major holiday season business.

Selling wreaths at Perry's Wreath Barn was begun by Forrest Perry twelve years ago. It is a family business that now includes his wife Pauline, their son Steve and grandson Jamie. The wholesale business has grown a little each year; most wreaths are bought by florists in many states.

This year, the Perrys have employed twelve people who will probably produce between 500 and 600 dozen wreaths. The workers make the wreaths in their own homes after first gathering the balsam. This is done by "tipping" the trees; that is, breaking or cutting the tips off. When properly done, the trees will



Heidi Burnett (left) and Lynne Cameron display this 12-foot wreath.

replenish themselves in three years--a renewable resource! Then the branches are wired to a circular frame. It takes approximately three days to make eight dozen wreaths. The wreaths are then decorated by Pauline. She makes and fastens different color bows, berries and pine cones before boxing them for shipment.

The Perrys supply wreaths that range in size from 9 inches to 12 feet. The accompanying pictures display a 12-foot wreath that will be delivered to Connecticut and displayed on a seven story bank building. Lights and Christmas balls will adorn it and make it an admirable decoration.

You can be sure that when a person "from away" opens the box containing their Maine Christmas wreath, the beauty and scent of the balsam will certainly bring Christmas into their home.



ACCOUNTABILITY

ALNAV 150/87

1. Never before has the individual character of the American sailor and marine weighed so heavily in the calculus of potential conflict. For all the intrinsic excellence of our technology, experience demonstrates that its successful employment in battle continues to depend upon the integrity, courage, commitment and professional excellence of those called upon to bring it to bear in defense of freedom.

2. With ruthless efficiency and finality, the awesome violence of modern warfare distinguishes forces filled with these attributes from those rendered hollow by their absence. Unlike previous conflicts in our history, technology no longer permits us the luxury of awaiting the first battle to determine whether our forces are ready. The pace of conflict will afford us little, if any, chance to profit from our mistakes. Our special challenge as leaders in time of peace is to overcome the luxury and complacency it breeds, to build naval forces possessed of the individual and collective character necessary to victory in battle.

3. Meeting that challenge demands that we organize upon and enforce the principles of individual responsibility and accountability. Leaders must insure that missions and tasks are clearly assigned, and authority clearly prescribed, and must undertake the hard task of holding those responsible accountable for the exercise of that authority. As individuals, we owe this to our organization and the nation we serve. As leaders, we owe this to our subordinates--both those who fail and those who succeed. Personal accountability, and its enforcement, is a critical element of successful leadership and command.

4. I expect all Department of the Navy personnel, as leaders, supervisors and individuals, to adhere to the following principles of accountability in performing their duties:

a. Each individual, regardless of rank or position, is fully accountable for his or her own actions, or failure to act when required.

b. Leaders and supervisors have a duty to assign clear lines of authority and responsibility, reaching to the individual level, for all activity within their organizations.

c. Leaders and supervisors have a duty to provide their subordinates the resources and supervision necessary to enable them to meet their prescribed responsibilities.

d. Leaders and supervisors have a duty to hold their subordinates accountable, and to initiate appropriate corrective, administrative, disciplinary or judicial action when individuals fail to meet their responsibilities.

Sound adherence to these principles requires courage and wisdom in the exercise of judgment. Appropriate remedial action may be educational, corrective or administrative as well as disciplinary or punitive. It must always be appropriate to the incident, accident, or offense, and must take into account the personal circumstances of the responsible individual as well as the needs of the service.

5. In an era of ever-expanding missions and constrained resources, we must learn to do more with less, and do it better, in order to fulfill our vital mission. This public trust demands that each of us, as individuals, leaders and supervisors, develop the integrity, courage, commitment and professional excellence in the people and organizations committed to our care. Individual responsibility and accountability must be the foundation of our efforts. I have therefore asked the Department of the Navy Inspector General to develop means to evaluate command implementation of the principles of individual responsibility and accountability as a part of his recurring inspection program. Our nation expects no less than that we in the sea services uphold our timeless tradition of strict accountability.

James H. Webb, Jr.
Secretary of the Navy

CELEBRATING

A SPECIAL MOMENT

by: Jeannette Glosser

Don Basher, employed with Prospect Harbor's Detachment ALFA of the Naval Astronautics Group of Port Mugu, California since 1972, is a native of Pennsylvania. He joined the Navy in 1950 and retired as a CTTC in 1970. While on active duty, he served a tour here at Winter Harbor where he met and married Dolores Bickford. They were married in the base chapel. The couple returned recently to the spot at which they sealed their marriage vows twenty five years ago. The chapel back then is now the Navy Exchange.

Don and Dolores reside in Winter Harbor and have four children--Dawn, Debborah, Dale and Dean.



CONGRATULATIONS ON YOUR SILVER ANNIVERSARY!



REMEMBER

"TOYS FOR TOTS"

SPONSORED BY

**THE PETTY OFFICERS
ASSOCIATION**

FUNCTIONAL

SKILLS PROGRAM

by: Karla Bruno

Eight weeks of Husson College-sponsored English classes in the Community Center on base did nothing if not permanently imbed in the minds of the students the dictum of revision. From the mid-August sunshine to the golden October frosts, ten willing, if circumspect, students plowed their way through the Navy Functional Skills Program in English Grammar and Composition, also called, "A Writer's Workshop" by Mrs. Karla Bruno, the course instructor. Revision was the key lesson, but many other facets of the craft of writing were examined through the students' own writing, the use of two texts: On Writing Well by William Zinsser and Sentence Skills by John Langan, and discussion and application of what makes effective writing.

Designed to help anyone interested in improving his or her writing, the course focused on expository writing, or writing which explains something, such as evaluations and letters of commendations and recommendation. The premise behind the class is that people who write well are people who will advance in their field and to write well, one must write. The course is eight weeks of writing and reading, with discussions on the nature of writing and how one gets from a blank piece of paper to a final product. Individual attention is given to specific problem areas of each student.

Recognition for successful students included certificates of completion issued by the Commanding Officer at a ceremony held on the last day of class. Receiving certificates this fall were

HM3 Neal Caron, SK3 Jaci Emerson, CTASN Troy Faulkner, CT02 Larry Foran, PN2 Anna Hunter, CT01 Ed Kaplin, CT01 Randy Peacock, CTT1 Dan Shaughnessy, CTT2 Roland Walker, and CTR2 Paul Wilkes.

A second session will begin in January. If you or someone you know might be interested in participating, call Chief Barrows at the Command Training office. Eight weeks of work now could mean a lifetime of results.



Instructor Karla Bruno with students (1 to r)
CTR2 Wilkes, CTT1 Shaughnessy, PN2 Hunter, CT01 Kaplin, CT01 Peacock, CT02 Foran, CTASN Faulkner, HM3 Caron, CTT2 Walker (SK3 Emerson absent from photo).



BOOK REVIEW

Steven King



Viking Penguin Inc., 1987

by: CW02 W. Moyer

Stephen King fans who have yet to enjoy reading Misery have a story to look forward to. The undisputed King of Horror has, once again, produced a gripping, suspenseful novel that leaves one wondering about the outcome until the final lines. Absent from Misery is King's typical New England setting. This one takes place in Sidewinder, Colorado. King uses no demons, ghosts or monsters for this book. There are but two (human) characters needed to keep your interest piqued throughout.

King could have used a personal nightmare for Misery's plot. Paul Sheldon is his main character. Description: a middle age, single, popular and successful yet discontented writer of romantic novels featuring a young heroine named Misery Chastain. His ambition is to stop putting out junk stuff and instead write The Great American Novel.

Annie Wilkes, is a very large, lonely, physically powerful, ex-Registered Nurse. She loves Misery Chastain, has the whole paperback collection, and simply could not fathom a world without Misery Chastain novels. She is, as she states, Paul's Number One Fan. She is also a mentally deranged and dangerous psychotic.

Paul's nightmare begins by his writing his last (or so he thought) Misery novel, "Misery's Child," in which he kills off the heroine. Annie discovers Misery's death when the paperback version comes out. She's not happy. Nor is she happy when she learns Paul is writing a "different" kind of novel and has apparently attempted to put Misery Chastain to rest forever.

While driving through Sidewinder on his way to the west coast, Paul is severely injured in an auto accident caused, in part, by an unexpected storm, and contributed more directly by his driving drunk. Enter Annie. Nurse Annie sees the accident and administers first aid and CPR. While doing so, she discovers Paul's identity--that of her favorite writer. Paul sustains a dislocated pelvis, a crushed knee, and two shattered legs. Annie neither calls for medical help nor transports Paul to a hospital. She sees this accident as a fated opportunity to bring Misery Chastain back to life. So instead, she brings him back to her isolated country home where she coerces him as her captive to write, especially for her, another Misery novel. Paul's choices are few but clear: Write the story or die now. His pain is excruciating, but Annie has an endless supply of pilfered drug samples which she administers, and withholds, to control Paul. Soon, he is hooked on the pain killers, in Annie's firm grasp, and begins Misery's recreation. Later, when Paul begins to heal and works up some strength to resist, he is punished--quickly and brutally. Annie's instruments of infliction include an axe and a blowtorch. Paul's in serious trouble. He knows as soon as he's finished the special edition, his life is ended. He knows too if he resists, he'll die sooner. What ensues is gruesome and thrilling.

Misery is sure to keep you up nights reading. King has done it again. This novel is among his finest, and for me, it ranks second only to my personal favorite, The Stand.

NSGA

RECENT

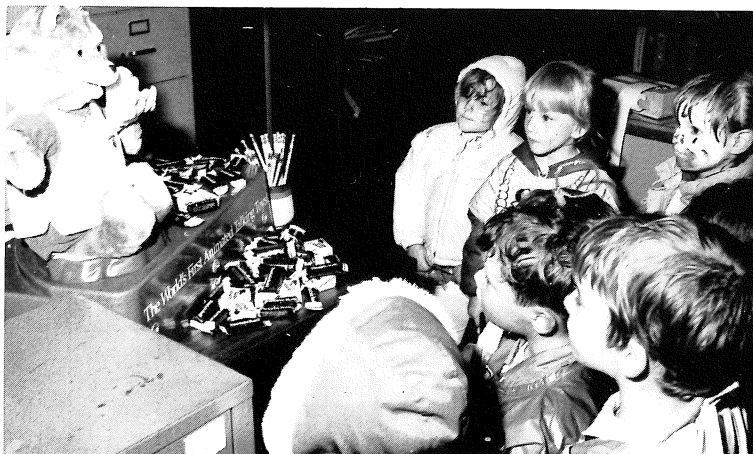


These trick-or-treaters find the Navy Exchange a very nice place to visit.



Preschool Pilgrims and Indians learn about Thanksgiving.

Pumpkin carving contest judges look over the entries.



Pre-schoolers visit Public Works at Halloween.

HAP'NINS

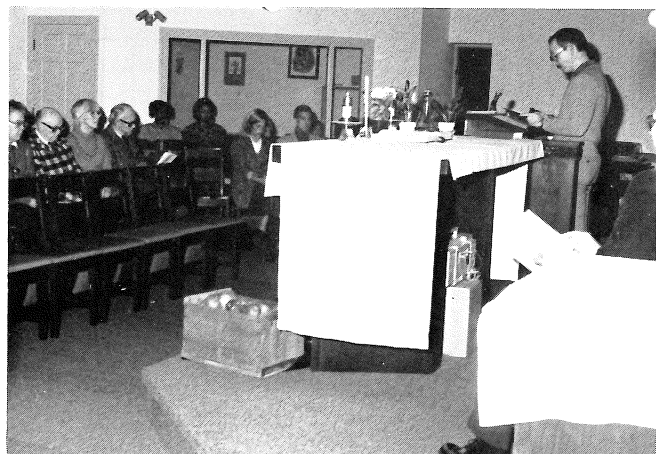


Children's pumpkin carving contest.

Thanksgiving dinner sponsored by the Chapel.



Thanksgiving dinner following the Interfaith service.



At the Interfaith Thanksgiving Service.

Departments, Divisions

Classic Wizard Training



60Dept Wiz's

by: CTT1(NAC) R. Bansley

We welcome some new additions to this world. Michael Brandon Weber and Jessica Lynn Kinton have arrived to brighten their parents' days. Congratulations!!

Welcome aboard to CTTSA Larry Dean and CTT2 Karen Vinson assigned to 63 Division; both will be working as Tech Aids. CTT1 Delmar Blake has arrived for instructor duty and CTM3 Rebecca Johnson who is on board working for 62 Division.

Farewells include CTTSN Charles Keating, 63 Tech Aid, who is leaving us for Adak, Alaska. We will miss you Chuck! A few classes have also graduated. First, the 87022 Maintenance class, then the 87013 Basic Operator class, and ENS Cheryl Hoffman from the Officer Indoctrination Course. A lot of hard charging individuals are going to hit the field sites soon. Good Luck to all.

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From The World Of Wiz

by: CTT2 H. Altman

MERRY CHRISTMAS!

Yes, it is that time again! Seems like just yesterday we were celebrating New Year's, counting our Easter eggs, breaking out the suntan lotion, packing the kids up for another year of school, and dressing the turkey.

Good Ol' St. Nick is polishing his sleigh, stuffing his bags with goodies at this very moment, and because of some crafty inside work, this reporter has some info on what is in Santa's grab bag:

To Lt. Bruno - New LCDR stripes, and a new professional football team for the state of Ohio.

To Senior Campbell - A happy retirement, and a subscription to "Better Homes & Garden." Save those plants!

To Senior Wickham - A box of multi-colored post-it notes.

To Chief Anderson - The bartender's

guide to sports trivia, retail cost \$10.00.

To Dave Duffin - Multi-colored, extra strength (2-ply), handkerchiefs.

To PO1 Iveans - That dayworking job he's always wanted and a 13 1/2 minute run in May's PRT.

To PO1 Garcia - His wish to go watchstanding, and a VGA graphics card.

There are many more gifts of which this reporter knows, but I don't want to spoil your Christmas.

Before I close, I would like to congratulate the OPS Blue football team for taking first place, CTT1 Rafael Camacho for winning the darts tourney at the club and representing the command in Challenge Cup against NCU. Also congratulations to CTT3 Marks on the birth of a bouncing baby girl, her first, and to CTT3 "Hey Guys, I'm back" Brunelle and his wife Sue on the birth of their baby boy, their second child.

... and more

"30" Dept

The Dragon Speaketh

by: CTM1 D. Remsburg



Well, time once again for another article to flow like golden honey from my fingertips (sounded good, anyway.)

It's hard to believe winter is here again. Seems like we just enjoyed spring but that's the way it is in northern New England. Having had a fair share of tropical climes, I prefer the four distinct seasons. Just doesn't seem right to be singing Christmas carols around a palm tree in your short sleeved shirt and Bermuda shorts. It's also nice to be able to look forward to the different things that can be done during a particular season. Sure hope all of you get out and enjoy this winter. If you haven't tried it yet, learn how to snow ski. It's great!

On to department happenings:
Arrivals-

We extend a hearty WELCOME ABOARD to: CTM3 Otto who reported from the isle of Diego Garcia. Cliff already is acclimated to the beautiful summer weather we are now experiencing so should have no trubs.

Departures-

We bid FAREWELL to: CTM1 Hamlin who is departing us for the civilian world. We wish you the best of luck in your new occupation, Jeff. Just beware of the deep water hippos when you switch. You should remember about that, Jeffrey!

As I close and return to the Dungeon, watch for the Dragon as it is everywhere.

AT THE DET

by: CTT1(NAC) A. Godfrey

The big news down here at NSGD Brunswick is that CTIC(NAC) John Schow and CTI2(NAC) Jim Morris received their Bachelor of Science degrees through the Regents College of the University of New York. This was the culmination of years of hard work and determination, and the whole detachment shares in their feeling of accomplishment. Chief Schow had just returned from deployment the night before the ceremony, which was held at the NASB Education Center. Petty Officer

Morris, however, was unable to attend because he was TAD at the time.

Everyone around here is waiting for Penny Kurz (CTI2 Nick Kurz's wife) to have her twins. She received the Cadillac edition of strollers at a shower held for her last month.

We've already received our first snow. No way of getting around it, winter has arrived. It's time to batten down the hatches and clean out the chimneys.

Merry Christmas and Happy New Year

-----PSD-----

by: PNCM D. Parkison

Here we are reporting more exciting "stuff"! (Took us three months to accumulate all this excitement!)

The detachment recently completed the Physical Readiness Testing (PRT). Congratulations to PN1 Rhoda B. Englund and DK2 Kevin Snodgrass. Both received an "outstanding."

Welcome aboard to PN3 Doretha Bowie. Doretha was assigned to NSGA Admin and was transferred to PSD when she was selected for advancement.

Congratulations to YN2(SW) Donald B. Cobb. Don finished "Number One" in the Legal Assistant School, graduating with a 97.6 average.

We were visited by the PERSUPPDET New London, CT Inspection Team. As expected, we did well. Bravo Zulu to all personnel; keep up the good work.

RECORD OF EMERGENCY DATA

"There's a party going on at Trailer Number 2, why wasn't I invited?!" Yes, believe it or not, a recent service record review revealed that several

families were still living in the trailers. Yep, the same trailer. Actually, the records of emergency data (Page 2) on the "party animals" mentioned above were just out of date. The Page 2 is used to notify the next of kin in case of an emergency. We would have been embarrassed if we had gone to the trailers to notify Petty Officer Doe's family that he was injured, only to find Petty Officer Smith's family. You never know when an accident may occur, and if your Page 2 is up to date, notification will not be delayed. Protect your loved ones. Make sure your Page 2 reflects the current address of your parents, dependents, persons to receive pay and allowances and death gratuity payments. Update this document when any of the following actions occur: marriage, divorce, birth of a child, death or address change. Of course, we want to assist you in this matter. Commencing in January 1988, we will be verifying Page 2's each month. Personnel whose SSN ends in the number one will come in during the month of January, those with SSN's ending in two February, three March, and so on. We will remind those "due to review" each month in our newsletter.

———— 52 Div ————

by: CTR2 P. Wilkes

Greetings from Bulldog country. Although you haven't heard from us in a couple of months, we're still here and here's what's happening.

First of all, the division congratulates CTT2 Crooks for being selected as Operator of the Quarter. Well Done! Also congratulations to CTT1 Jacox and CTRSN Lovejoy for being advanced to their present rate. The final "BZ" goes out to all the watchstanders whose diligent work and dedication paid off as they were awarded the number one ranking in the Atlantic HFDF Net.

Now for Hails and Farewells: We welcome into the division CTT2 Evelyn Hagelstein and her husband, and CTRSA Dan Finnerty. Farewell to CTR3 James Sciascia headed for CIVLANDFLT. Good luck Jim.

Last but not least, congratulations to the OPS GOLD football team who compiled a 4-1 record and a 2nd place. We will be looking for you next year, OPS BLUE!

THE A-TEAM

by: CTACS E. M. Ferry, Jr.

As we enter the winter months, things in Admin don't seem to slow down. About the only difference we see is not delivering a vehicle to the front of the Admin building for the CO. "Better a warm garage than a cold parking spot." As we always seem to be doing, we must say goodbye to a good shipmate. Seaman Marilyn Freeman heads to San Diego and RM "A" school, California will never be the same! A farewell luncheon was held for Marilyn where she was presented a command Letter of Commendation and a departing gift from the Admin staff. A warm welcome is extended to DM1 "Jack" Webb and family, formerly stationed on the USS KITTY HAWK. Welcome to dry land and no deployments! Petty Officer Webb

is working on our ACADIAN staff with Mrs. Glosser. Mrs. Glosser recently returned from a vacation at the "Jersey shore" visiting friends and relatives.

As you know, the renovation of our Admin building is now complete and the building looks super, inside and out. Petty Officer Edwards as 1st Lieutenant has had his two working parties working overtime to make the building shine. With new windows, siding, and fresh paint on the outside of the building we are inspection ready. Now, if Mr. Shaw can just recirculate the heat from Senior Chief Ferry's office, where there is already enough hot air...

HAPPY HOLIDAYS - SEE YOU NEXT YEAR!!

COMMAND TRAINING

New York Regents

College Graduates

by: CTR2 N. Phillips

A hearty congratulations to CTMC Wolford, CTMC Ihle and CTM3 LaGrone. With a lot of hard work and dogged determination, these people have earned college degrees, and on November 5th, they were graduated from the University of the State of New York, Regents College.

Chief Wolford and Petty Officer LaGrone received B.S. Degrees in Liberal Arts, and Chief Ihle received an A.S.

Degree in Liberal Studies. The perseverance exemplified by these individuals serves as a shining example of what one can accomplish through dedication. Let's take heed shipmates!

For those who may not know, New York Regents is a "non-traditional" institution. To explain further, Regents College allows students to obtain college credits through general CLEP tests, which are given by Navy Campus at no cost to military personnel. Regents College also permits students to obtain credits from military schools (i.e., "A" and "C" schools). The Graduate Record Examination (GRE) is another avenue through which one can obtain college credits. The opportunity is there for any one who wants it. Go for it!

"For every day of training in peacetime, we may save weeks and months of war."

—Robert P. Patterson,
Secretary of War, 1945-47

SPORT SPOTS

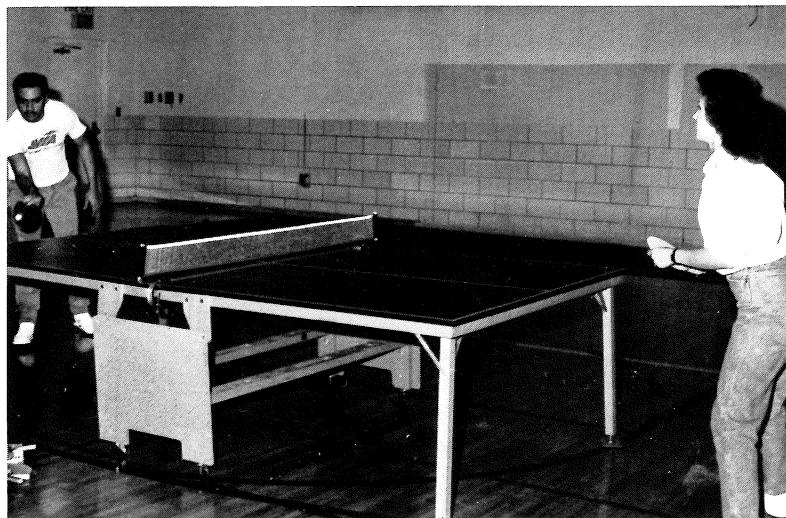
by: Rick Fredericks

The last Challenge Cup events of 1987 took place at NSGA Winter Harbor last month. NCU Cutler needed to sweep all three events, ping pong, pool, and darts, to force a tie in the overall standings.

Cutler did win pool 3-2, but by then Winter Harbor had already won the darts (5-0) and ping pong (3-1) matches to assure NSGA possession of the Challenge Cup for the fifth consecutive year. Final standings this year NSGA-11; NCU-7.

PING PONG

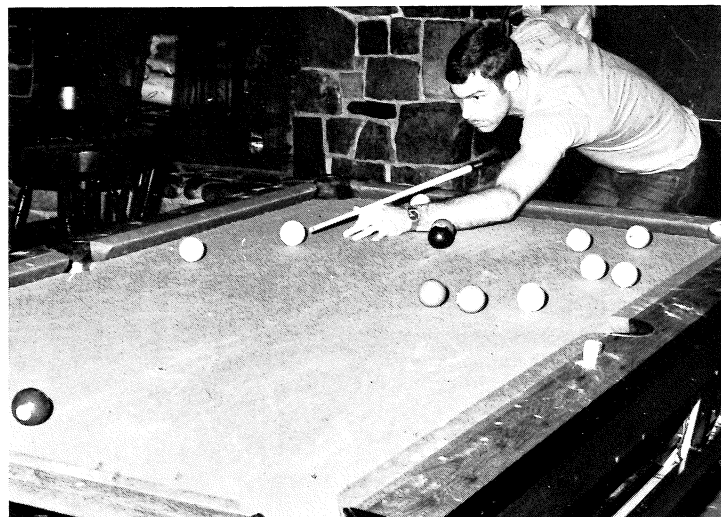
Roush (C)	defeated	Reynolds (WH)
Grzena (WH)	defeated	Lessak (C)
Garcia (WH)	defeated	Dellacroce (C)
Fredericks (WH)	defeated	Keepers (C)



Winter Harbor's Garcia and Cutler's Dellacroce do battle.

POOL

Fulmer (C)	defeated	Grzena (WH)
Fleming (WH)	defeated	Walsh (C)
Sperry (WH)	defeated	Ryan (C)
Gilbert (WH)	defeated	Brown (WH)
Fulmer/Gilbert	defeated	Brown/Sperry



Jim Sperry concentrates and lines up his shot during 8-ball competition.

THREE-POINT

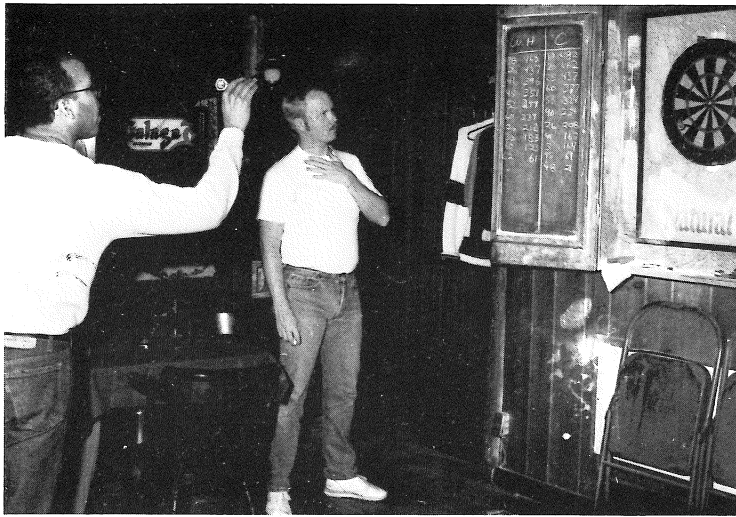
SHOOTOUT!!

by: Rick Fredericks

Nate Phillips won the recent Rec. Services three-point basketball shooting contest on the 17th of last month at the gym. Nate sank 15 of his 25 shots to out-distance Chico Grzena and George Shaw, both of whom made 11 out of 25 from the 19'9" line.

Be sure to watch out for other upcoming competitions... (free throws, 3 on 3 tourneys, H-O-R-S-E).

...and more



DARTS

Garcia (WH)	defeated	Fulmer (C)
Morrell (WH)	defeated	Ryan (C)
Stites (C)	defeated	Gilbert (C)
Camacho (WH)	defeated	Walsh (C)
Camacho/Stites	defeated	Walsh/Fulmer

Winter Harbor's Camacho shoots.

VARSITY FOOTBALL

by: CTT2 H. Altman

First of all, thanks to the wives of the football players for permitting their husbands to go to the recent tournament. Thanks for the support.

What started out as a beautiful day turned sour quickly as we drew NAS Brunswick in the first game. Although Brunswick defeated NSGA 14-6, we had some highlights: There was Gene "the Scoring Machine" Walker doing his tightrope act for a TD, and Tim "check my flags" Forehand who just couldn't seem to lose his flags.

The second game of the day was against Portsmouth. This was no contest as Winter Harbor ran all over the field 21-0, with some fine blocking as Rex "What's wrong" Terry, Chris "The Gooch" Gucik, and Roy "No Name" Jacox allowed Tim Forehand, Don "The Boy" Cobb, and

Gene Walker to run at will.

The third game against Boston Naval Shipyard also was a shutout for Winter Harbor. Fred "The Terror" Kampel could not be stopped, and Dave "The Beard" Crawford took care of Boston's offense. Score 14-Zip.

The fourth game was against NCU Cutler, our friends from the north. The only scoring came from Gene Walker. This game was tied 0-0 at the end of regulation play. Thanks to a strong defense led by James "Wrong Way" Sperry and Ron Becker, Cutler was forced backwards and NSGA went forward into the championship game against Brunswick. Brunswick was victorious.

Thanks to the team for their fine efforts and to all those who supported them.

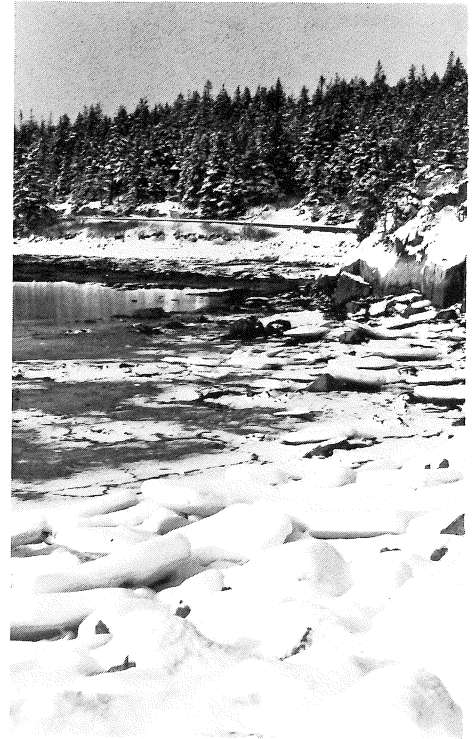
The Editorial Staff brings back memories of some various events of 1987.

We hope you'll enjoy this short trip down "Memory Lane".

1987 NSGA



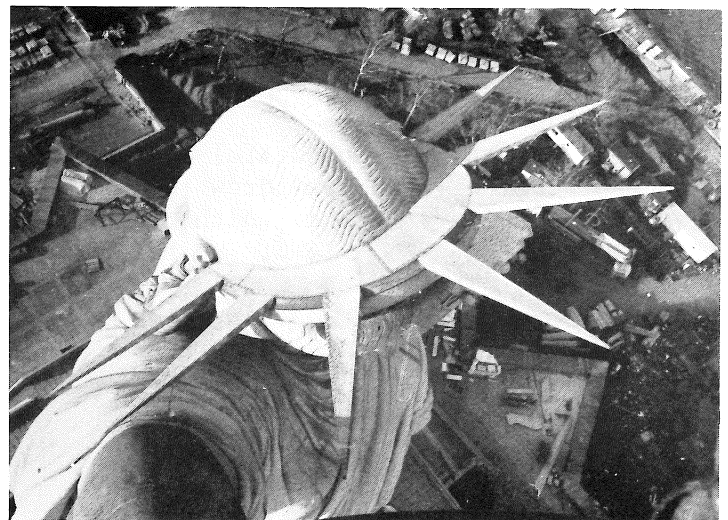
Fire Department Training - Smokey the Bear and the pre-schoolers enjoy a spring day.



Winter in Acadia.



Spring Personnel Inspection.



Centerfold for July - Lady Liberty as photographed from above.

WE WISH YOU A

MEMORABILIA



Civilian Spotlight - Oscar Blue with two of his antique cars--a great hobby.



Santa Claus has a chat with Tracy Manning.



Downeast Article - Harbor Hill Inn, Winter Harbor



Graduation - Class 87007, July 1987

VERY HAPPY "1988"

SAFETY SENSE

by: Harry Voss

Each year thousands of American families suffer the needless loss of lives and property around the Christmas holidays. Many of these accidents are caused by the very things we enjoy the most during the holiday season. A child is taken to the hospital with a sliver of some broken ornament stuck in his throat or the house is lost to fire because the tree was too dry. Most of these mishaps can be traced back to unsafe or improperly used decorations. To help you have a safe holiday and a truly happy New Year there are several things you can do.

If you have a natural tree, be sure it's fresh and keep it moist by feeding it water at the base. This added moisture will help reduce the hazards from fire. Be sure the tree is in a sturdy, stable holder. If it is a big tree, you may want to fasten it to the wall to prevent it from falling over onto one of your little ones.

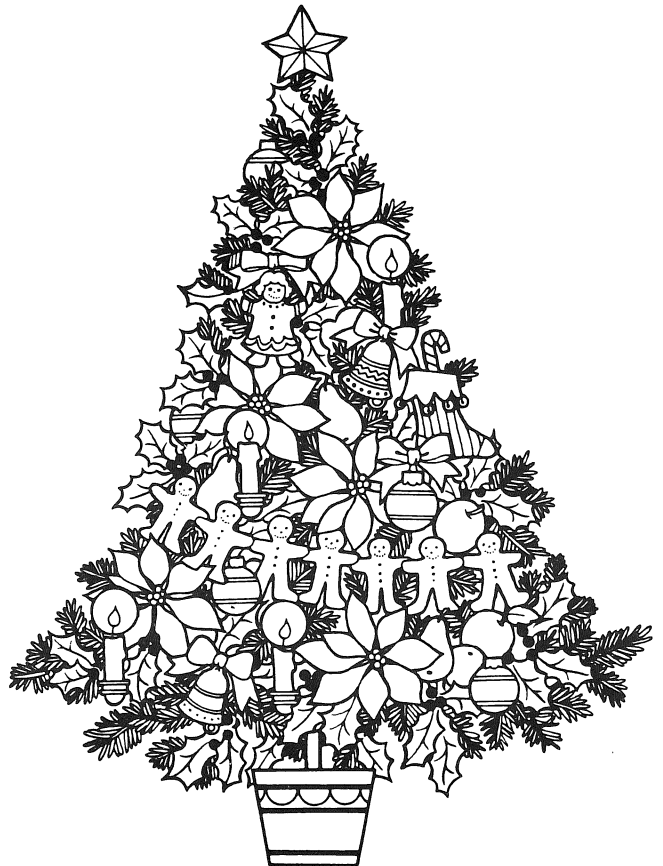
When you light your tree, use only an Underwriters' Laboratory (UL) approved system that has been installed according to the manufacturer's recommendations. Check your lights before putting them on the tree. Look for frayed cords, broken sockets or any exposed wire that might cause trouble. All lights should be fastened securely to the tree so that no bulbs are resting against the branches or needles. Care should also be taken not to overload extension cords and to keep them out of contact with that fresh water you are going to give your tree every day.

Now, let's consider the tree decorations. Think about the kids; don't place breakable ornaments or the ones

with small detachable parts near the bottom. Each year many children (and some pets too) are treated for cuts from broken ornaments or for having swallowed some small part of a broken ornament. Also tree trimmings should be non-combustible or flame resistant.

Some traditional decorations may also be harmful if eaten. The colorful red berries from the holly or those cute white berries on the mistletoe may be poisonous. These and other similar plants should be kept out of the reach of children.

Take care how you arrange the room with the tree and gifts and what decorations you use. Don't let carelessness or lack of forethought cause your Christmas to go up in smoke or result in a trip to the hospital. Have a safe Christmas and a truly happy and safe New Year.



CROSS COUNTRY SKIING

The Best Winter Sport

by: CTTC K. O'Donnell

Winter is settling in and the snow will soon be piling up faster than you can shovel. The days get shorter and colder and you begin to feel as though the walls of your "cabin" are closing in on you. What can you do to combat this impending doom? You say you want to stay in shape over winter but you don't want to be cooped up inside lifting the same old weights or playing the same old one-on-one basketball? You say you don't have lots of money to spend on fancy winter sports equipment and don't have the transportation to travel forever to get to the "ideal conditions." You're also hesitant to take up a sport where you see people coming off the slopes in leg casts? Well, have I got a solution to your problem! It's called cross-country skiing!

Cross-country skiing has been praised by many sports enthusiasts and health nuts as the best all around exercise because it allows you to use all the major muscle groups in your body. It is also inexpensive (a beginner package of skis, poles, boots and extras can cost as little as \$100) and it doesn't require you to be an olympic gold medalist to excel in the sport (if you know how to walk, you can cross-country ski). Here are a few pointers on how to get started.

First, you have to consider what you'll wear. Layers of clothing are best. Start with a turtle neck sweater or thermal underwear and maybe a flannel shirt and then a sweater. You can wear jeans to cross-country ski in but they get heavy and awkward when wet. Knit pants over thermal underwear is better. The last layer of clothing should be waterproof so you won't get really wet. Also, wear long wool socks and/or "gaters" (nylon lower leg wraps which keep the snow out of your boots).

Next is the equipment. If this is your first time out, rent your skis and see how you like the sport before you go and buy the equipment. Skis, poles and boots can be rented at Rec. Services for a nominal fee of under five dollars. Get what is



called "waxed touring skis" because there are many different types, and unless you're going to race, these will be best for the beginner. Cross-country skis are lighter, longer, and thinner than downhill skis. The length of your skis is dependent on your height--they should reach the palm of your upward stretched hand while standing. The boots are more like shoes with a wedge attached to the toe to secure your foot to the ski. They should fit just like your regular shoes. Poles should be long enough to reach your armpit snugly.

So, now you're outfitted. Where to go and ski. I'll list just a few places in the area. There's Ben Loch Farm out near Dixmont, the Carrabassett Valley up in the Sugarloaf area, Troll Valley Ski Touring Center in Farmington, and The Birches Ski Touring Center in Rockwood. But, closer to home, there's Acadia National Park over at Bar Harbor and any of the many golf courses in this area. The bottom line is, if it has snow on it, it can probably be cross-country skied on. This sport doesn't require special trails or fancy lifts.

Now you're ready to take your first step, or should I say glide. That's what cross-country skiing is. You glide along, first one ski, then the other, using your poles to help push and balance you as you move along. Remember to use your legs and arms, the total body, to keep the pace. Most ski areas have trails, that is, cross-country ski paths you can place your skis into and glide away. You can also take lessons at the local ski areas.

Don't be surprised if you fall after your first push. But, soon you'll get the hang of it, and it will feel as though you're sailing along on some unknown force as you navigate the trails through the Maine woods. So, rent some skis, get outdoors, and enjoy!

MAINE'S OUTDOORS

by: CTT1(NAC) R. Bansley

December is here! Deer and bear season has passed. Time for some wives to reaffirm the existence of their husbands. If the dears can bear them for the winter! This is the season we all dedicate to family life, Christmas shopping, food, and football. In that order?

The deer management folks, The Department of Inland Fisheries and Wildlife, estimate a total deer kill of around 27,000 during the firearms season, in addition to about 300 deer killed during archery season. This is an

increase of about 6,000 to 7,000 animals from last year. Numbers are indeed up after years of decline as a result of the antlerless deer permit system. This system can tailor the kill to a specific Deer Management District, and prevent over/under kill of a given area's population while preventing overkill of bucks.

December is time for all you "hardy" individuals to gear up for ice fishing. The word on Tunk Lake is that it has the biggest and largest population of togue (lake trout) in the entire area--maybe state! Start looking for your bait supplier now.

Be careful of the ice. Remember winter activities can be dangerous. Hypothermia is a cool killer.

LIBRARY'S LATEST

NON-FICTION

158 Everything To Gain
814 Family
109 History of Philosophy
Vol. VII, VIII, IX
658.8 IBM Way
959.7 Marine Sniper
355.1 Military Weddings And The
Wedding Ball
741.4 New Yorker Cartoon Albums
1975 to 1985
355.1 Officer's Family Social Guide
328 Official Congressional Directory
100th Congress, 1st Session
728 Record Houses, 1987

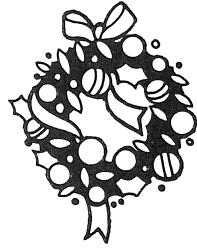
FICTION

Vidal Empire (F)
Gash Firefly Gadroon (M)
Wellman Voice of the Mountain (SF)

The library has also received "Background Notes" on Angola, Bangladesh, Barbados, Mongolia, Paraguay, Santa Lucia and Czechoslovakia.

COME IN AND SEE THE BOOKS AVAILABLE FOR YOUR READING PLEASURE!

BRIEFLY...



NEW ARRIVALS

From

CTT1 Keith E. Cordell and Family.....Edzell, Scotland
CTM3 David W. Arnold and Family.....Diego Garcia
CTT2 Karen Y. Vinson.....Fort Meade, Md
CTM3 Clifford G. Otto.....Diego Garcia
CTM3 Donald J. Wilson and Wife.....Adak, AK
CTOSN Jason M. Stanchfield and Wife.....Pensacola
SKSR Vincent E. Cale.....Meridian
CTO2 Donald C. Graham and Wife.....USS TRUXTUN
YNSR Scott R. Ziegler.....Meridian
CTT2 Michael R. Stahl.....Edzell, Scotland
CTT2 Jeffrey A. Evenson.....Vaihingen, W. Germany

WELCOME ABOARD!

NAVY ACHIEVEMENT MEDAL

CTTC James H. Sandlin

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CTOSN Cubby L. Davis

Seasons Greetings

