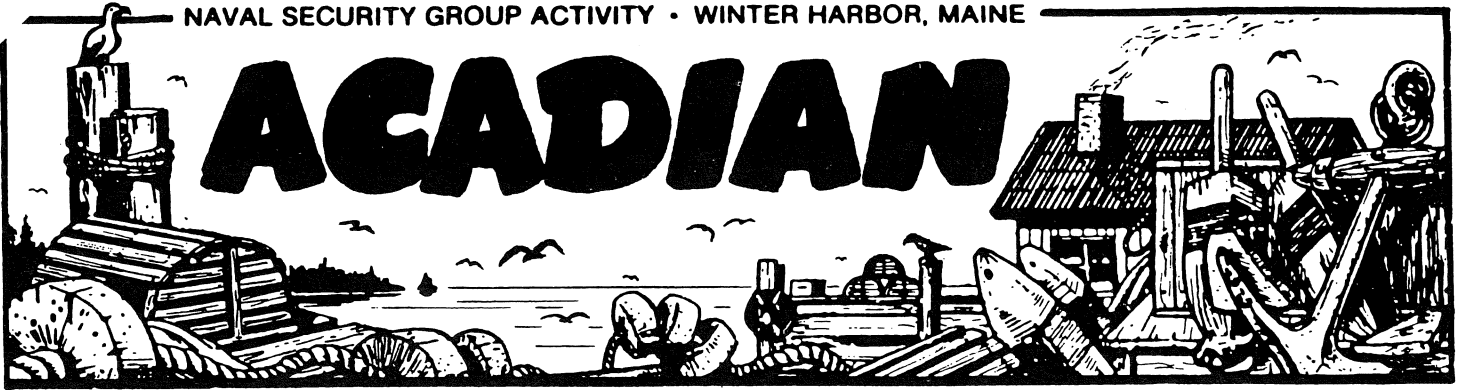


NAVAL SECURITY GROUP ACTIVITY • WINTER HARBOR, MAINE

ACADIAN



VOLUME XXXV

FEBRUARY 1987



From the Editor

What is a Library

A library is described in the dictionary as "a room or building where a collection of books is kept for reading or reference." But, in a deeper sense, it is much more than that.

A library is a building where anyone can attain a world of knowledge. It is a place where we can transport ourselves into a world of fantasy that will ease the stress and strain of everyday life by reading the fiction we may find there, be it in the form of romance, mystery, western, or science fiction novels. We can also relive a true life experience as told in a non-fiction book. We can learn more about famous people through their biographies or autobiographies.

A library is mostly a place of learning. There is the reference section where we can learn more about just about any subject, sociology, geography, the arts, history, literature, travel, and much more. There are also books which explain the how-to's of arts and crafts, photography, building a house, making house additions, and repairing cars, to mention a few. Believe it, there is something for everyone; there is something for you.

There is a library at NSGA. Building 170, the trailer on the hill behind the BEQ, contains some excellent, interesting books. We feel sure that you will find what you are looking for here, but if you can't find it, we can borrow books for you from the Northeastern Maine Library District.

We also have a children's section in the library. Recently, we started a children's story hour each Tuesday and Thursday from 1300 to 1400. All children are invited. At present, the children's book section relies completely on your donations. We would be grateful for any books you can spare.

We also invite anyone who wishes to hold small meetings to use this facility. There is someone in attendance from 0730 to 2000 every weekday.

Come and enjoy your library. It won't cost you anything but your time. You might just open a whole new world to yourself.

The *Acadian*

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THE COMMANDING OFFICER'S TURN

Commander W. Whiton



WOW!

When the OPS Boss called and asked if it would be all right to split the January awards ceremony between the Schoodic and Corea sites, I must have been asleep at the switch because it didn't really make much of an impression. But when I stood up in front of the HUGE awards formation in the gym on January 16th, it sure struck home. Can't speak for anyone else, but I've never been any place where we'd have had to secure operations in order to honor, decorate, advance and frock all those earning such distinction at one time!

It was also terrific that so many friends, colleagues and family members joined us for the ceremonies. We are luckier in this regard than many of our shipmates who are separated from family and friends on such happy occasions. It's great to be able to share such occasions with those closest to us.

While on the subject of ceremonies, I hope everyone else at the observance service for the Rev. Martin Luther King Jr. was as moved by the service as we were. And, I hope those of you who couldn't join us set aside some time over the long weekend to reflect on the meaning of this newest holiday.

There is a regrettable tendency to forget the reason behind holidays. The day off seems to become more important than the reason for its being. In many ways, Martin Luther King Day is OUR holiday. It was created during our time. It honors the right of all Americans to equal opportunity, and it reaffirms the dignity of each individual. A fundamental reason our Navy exists is to ensure these unalienable rights.

One frequently hears people say it would be nice if we could keep the holiday spirit all year. But keeping the spirit embodied by the Rev. King's birthday is more than nice---it is essential. We can't ensure for others what we tolerate ourselves.

If we keep the spirit of this new holiday --all days--always--it will be a great year!



the
**CHAPLAIN'S
NEWS**

What Do You Do When The Party's Over

by: Chaplain John H. Weis

Good question. The holidays are so full of hype and celebration that the post-holiday season can be a real downer.

However, it's not all that bad. Remember the rabbit in Alice in Wonderland? He kept running around and looking at his big vest watch exclaiming, "I'm late, I'm late, for a very important date," and the Mad Hatter just wanted to invite Alice to "a very merry un-birthday party."

If you start to sound like the rabbit running in circles thinking you're missing out on life, just remember the Mad Hatter who knew how to make any day a celebration.

So, instead of running in circles, do some creative planning. Here are some ideas:

- Plan a special video party with a friend in February.
- Have a Valentine's Day get-together.

- Go on a skiing trip or get involved in a craft.
- Build a snow castle with the kids.
- Use the gym to get in shape after putting on those extra holiday pounds.
- Join the Cabin Fever Group that meets on Wednesdays at 1230 in the Community Center. Next activity: Tatting Classes.
- Help us set up a leisure lounge at the chapel. Yes, we've ordered some partitions and folding tables so you can get away from the barracks and plan a quiet time with friends. Couches, tables, and lamps will complete the setting. The coffee pot is available and a full size refrigerator for your soft drinks too.

So plan ahead and have a very merry un-holiday that's unique to your style of doing things.

CIVILIAN SPOTLIGHT

by: HMI Richard Piragis

This month's spotlight is focused on Mrs. Hortense Hutchins, Registered Nurse, who works at the Branch Medical Clinic. Mrs. Hutchins has been a devoted civil service employee for the past twenty years. She has no regrets because as she says, "I have met so many interesting people during my career."

On October 30, 1966, she reported on board the Branch Medical Clinic, which was then the Medical Department of NSGA. It was then located where Disbursing now is.

Since the Branch Clinic opened in 1974, Mrs. Hutchins has worked in most of its departments. She is currently working at the front desk and scheduling appointments, in addition to helping wherever else needed.

Hortense married Willis Hutchins; both are natives of Milbridge, Maine. She attended the school for nursing at Eastern Maine General Hospital (now Eastern Maine Medical Center, Bangor) where she graduated in September 1948. After graduation, she worked at that hospital prior to entering civil service.

The Hutchins' are both proud parents and grandparents; they have four sons and four grandchildren. Mrs. Hutchins has a loving twinkle in her eye when she speaks of her grandchildren.

She supports the Methodist Church in Milbridge and is a member of the church's Thursday Club (named for its meeting day). She actively contributes to church fairs with cooking, crafts,



HN Steve Harrison has his blood pressure checked by Mrs. Hutchins

fancy work, and in any way she possibly can. She is also a member of the Eastern Star, Alcyone Chapter. Multi-talented, her creative hobbies include hand knitting, machine knitting, crocheting, refinishing and caning furniture, reading and listening to music - she says, "I'm not much for watching television." She is a true "Down Easter" with respect to outdoor activities which include gardening (she has a very green thumb), walking, and, bicycling. She believes physical activity helps to promote a good sense of mental and physical well-being.

One can readily see that Mrs. Hutchins has a good rapport with patients at the medical clinic and her co-workers, an even keel, and a kind smile; but, most of all, she's a very modest and gentle woman.

RE-ENLISTMENT S



PN1 J. J. Bryant re-enlisted on
16 January 1987 for 4 years



CTM2 M. A. Graley stays Navy for
another 4 years



ENC R. Cody receives the oath of
re-enlistment from CDR N. Houle

|| || || || MORE || || || ||



YN2 Carmel Grover signed her re-enlistment papers to "stay Navy" for 4 more years



CTT2 K. M. Crooks gets sound advice from CDR W. Whiton



CDR W. Whiton administers the oath of re-enlistment to CTR2 W. Grover, Jr. for 6 more years

Places Downeast Young Bros. Boat Builders

by: Jeannette Glosser

Approximately eleven years ago, Young Brothers, Inc. started in the boat-building business on a small scale near their home in the scenic fishing village of Corea. It all began when they built a small boat for themselves. This opened a door to what has become one of the major successful businesses in the area. Their livelihood has become so successful that they must at times refer customers elsewhere.

Sara Young, their mother, gave up her position as a teacher to become active in the business as bookkeeper and clerk. Her three sons, Colby, Arvid, and Arvin, have distinct responsibilities in building these fiberglass boats. It is definitely a family project which includes sons and wives of the Young brothers, although outside help has also been hired. There are now twenty-three people in the corporation.

The Youngs own two huge buildings - each one is capable of holding four boats with room to spare. They started with one building in 1976, now the location for the placing of finishing touches on their boats. The boats are created by a mold technique in their newest building.

When the Youngs decided to pursue this business, they began by molding punts and small crafts, sixteen feet, with outboard motors attached. Mr. Allison Bishop donated the use of his boat to supply molds for their additional boat-building. Bishop's boat was stripped down and a mold of each part was made. It was then rebuilt, but the Youngs replaced it with a new boat as a token of their appreciation for his donation. They also obtained the services of a boat builder and designer, who has remained with them since.

The family now builds boats ranging from 30 to 45 feet long. The smaller

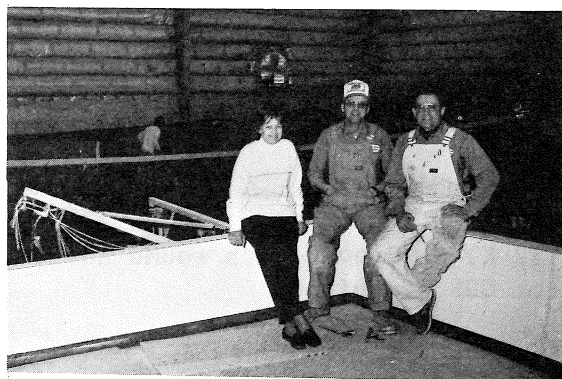


boats are used for lobster fishing and seining, while some of the larger boats, fondly called "lobster yachts," are used as pleasure crafts or charter boats.

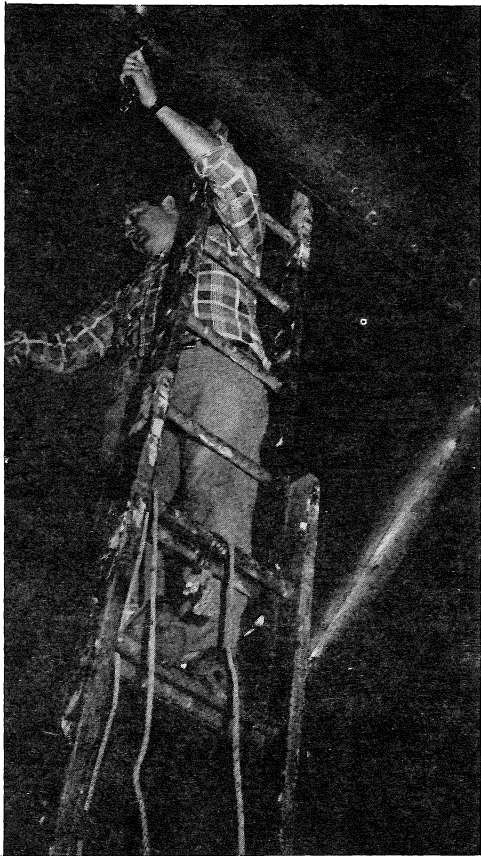
The fiberglass hull is molded in two parts and then fastened together securely. A gel coat is added on the inside for color according to the customer's specifications. Motors, benches with compartments, and drive shafts are added later. In the older building, cabs and cabins, refrigerators, stoves, cabinets, and furniture are added. In pleasure crafts, berths are built in and benches are upholstered and anchored in. The wiring, communications and radar, and glasswork are usually contracted out to meet customer specifications.

Completed boats undergo sea trials and Coast Guard certified boats must be inspected by service officials. They are then delivered by either water or truck. You will find their boats in Alaska, Massachusetts, Florida, California, New York, Rhode Island, and New Jersey.

Youngs' boats have won many awards in different categories at the Lobster Festival held in Winter Harbor each year. The Young Family enjoys their work and takes great pride in it - and so they should. They have acquired a solid reputation in their field by creating a top quality product.

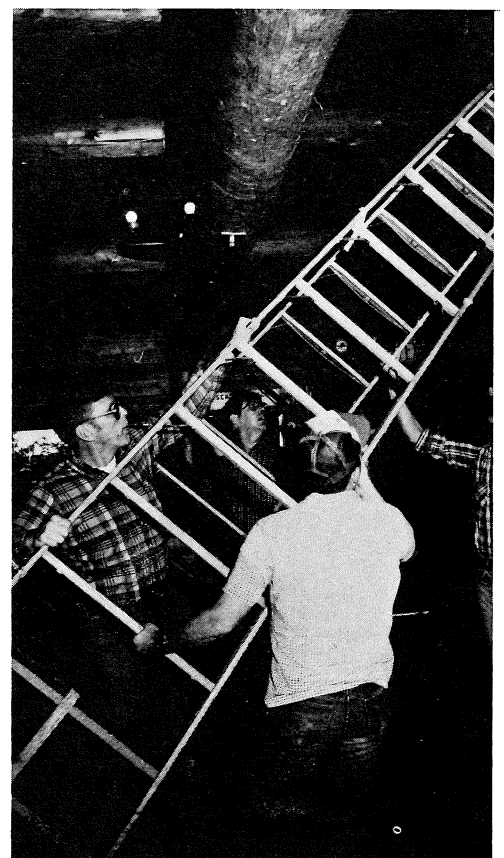


KHAKI CHALLENGE



by: CWO2 W. J. Moyer

In January, the Skipper issued the khakis an early and demanding challenge for the new year: to field day the open mess and renew the Schooner Club's sparkle and shine. The challenge was enthusiastically received by the O's & C's, who reached new heights by climbing, crawling, hanging and stretching to rid the club of accumulated dust and dirt. Inspired by the CO's efforts (and a record number of extra large pizzas served by the club management) they whisked through the club and accomplished their task. Following the field day, the chiefs accepted the officers' challenge at darts. The outcome proved the obvious: chiefs know how to shoot darts. (ed. note: Although the exact score could not be obtained, early returns show the chiefs leading by a small margin and our computers project a narrow victory att.)



Fire Department Gets Gator Tool

by: Fire Chief W.R. Lanier

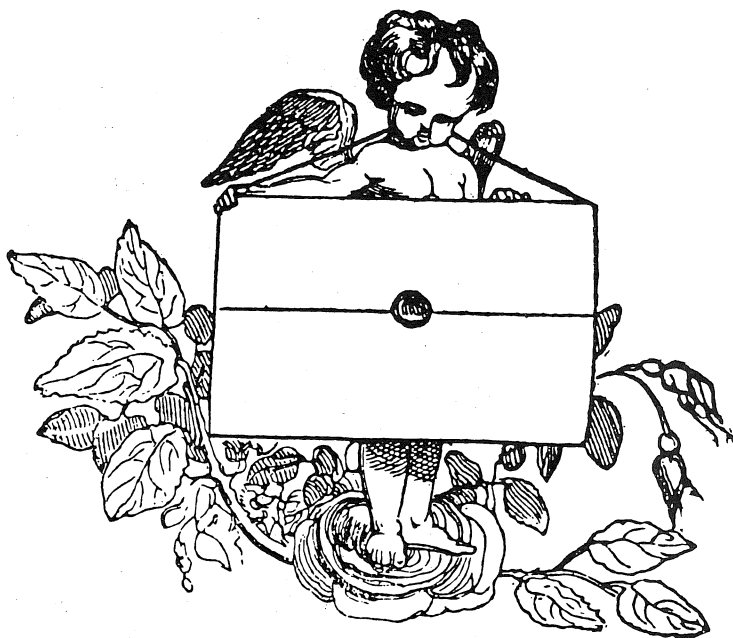


The Fire Department hosted a very successful training session on January 10, 1987. NSGA recently purchased a Rescue Gator (similar to the better known "Jaws of Life") to help release trapped victims of automobile accidents.

Two cars were donated by Howard's Garage of Birch Harbor, allowing trainees to receive "hands on" practice. The Gator enables rescue workers to remove roofs, doors, and seats, or move the steering wheel or grill.

Indicative of the excellent cooperative relationship we enjoy with the local community, a total of 32 people from the fire departments of Winter Harbor and Gouldsboro, Maine attended this session, as well as NSGA's military volunteer fire-fighters and civilian guard force. The instructor was Kevin Bland of the Bar Harbor/Ellsworth Fire Department.

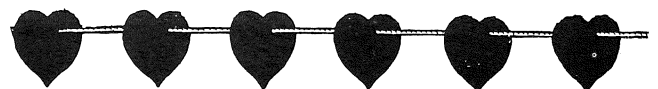
This tool will save a considerable amount of time in freeing victims in accidents and help save more lives.

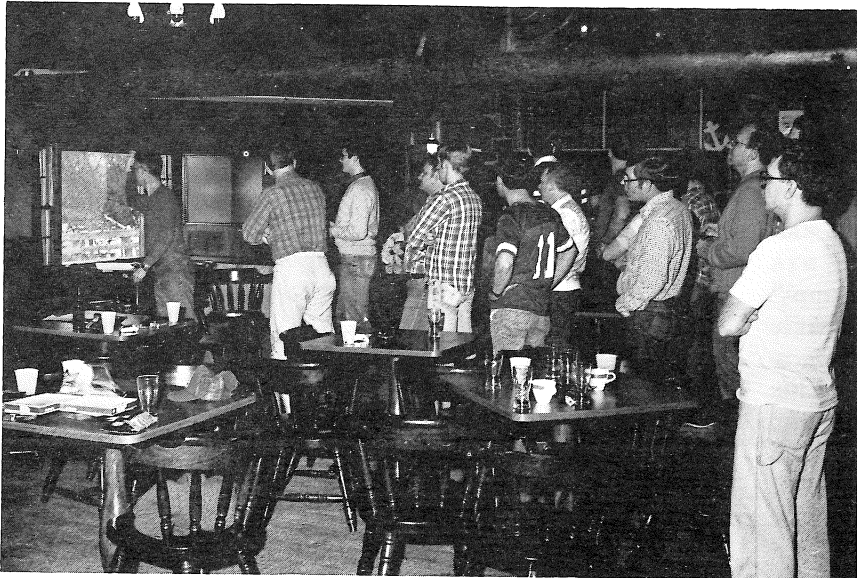


Don't forget your

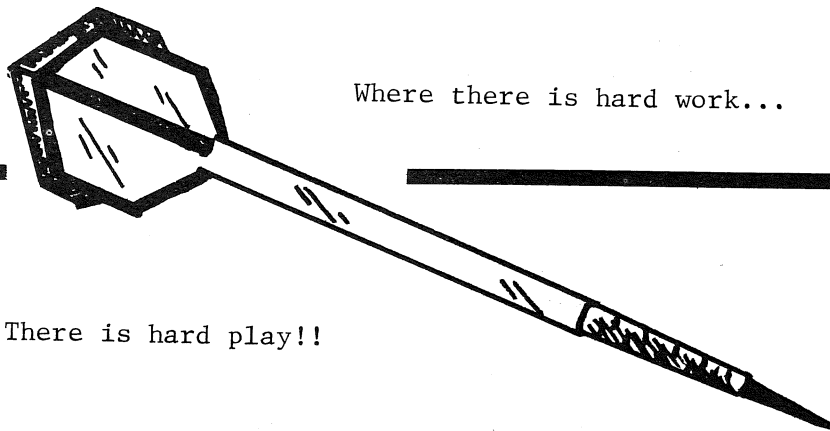
Valentine

Feb. 14





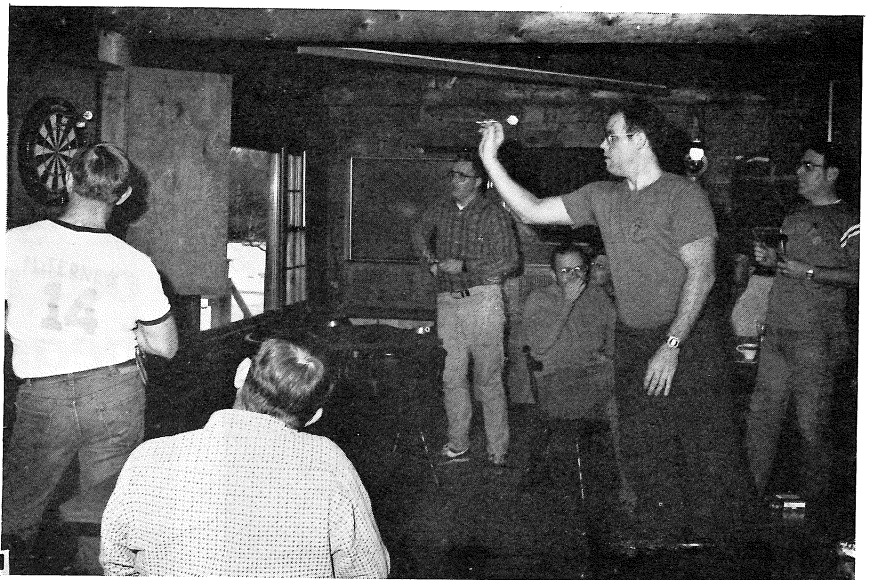
Following the "khaki challenge" clean up of the Schooner club, Officers and Chiefs line up to battle it out in darts.



Where there is hard work...

There is hard play!!

"Doc" Mohan displays his dazzling dart abilities during the dart match between the O's & C's.



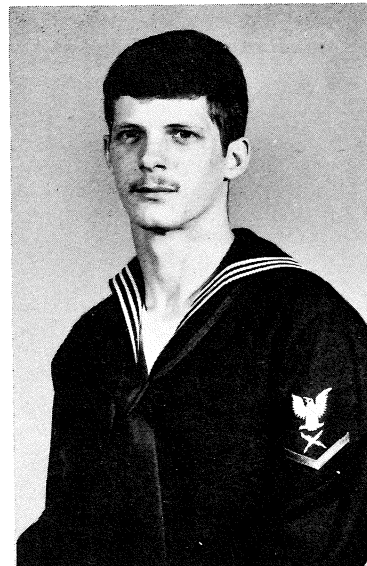
Junior Sailor Of The Quarter

by: CTOC M. B. McTernen

Congratulations to CT03 David Stepp, Junior Sailor of the Quarter, 4th Quarter 1986. Petty Officer Stepp is a watchstander in Section 1 of the Communications Division. Reporting aboard a seaman recruit, he was frocked to CT02 on 16 January due in no small part to his outstanding work while assigned here.

Born in Edneyville, North Carolina, he is the oldest of four children. He graduated from high school in June 1983 and, during his high school years, was an "All State" wrestler for five years in the 112-pound weight class (a weight he contends he can still make). In addition to wrestling, he played football, baseball, and ran the high and low hurdles in track.

CT03 Stepp entered the Navy in August 1983 attending basic training in Orlando, Florida. Initially assigned to train as a "T" brancher in Pensacola, he switched to "O" branching and graduated



with honors. Winter Harbor is his first duty station. During his tour here he has served as a watchstander and worked briefly augmenting the daystaff as the Methods and Results clerk. While here PO Stepp has continued to be active in sports, participating in basketball, football, softball, and darts, and he mentioned he'd like to see wrestling started. His favorite hobby is reading.

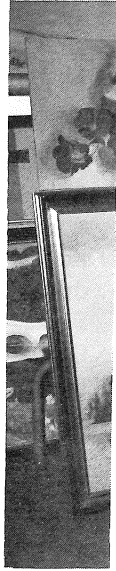
PO Stepp is career-oriented and has set Master Chief as his goal. He will leave Winter Harbor in March with orders to COMSIXTHFLT In Gaeta, Italy via TACINTEL School. Obviously, a bright future and success lie ahead for this outstanding sailor.



***“With . . . faith
we will be able to
transform the
jangling discords of
our nation into a
beautiful symphony
of brotherhood.”***

—Martin Luther King Jr.
(Born Jan. 15, 1929)

Introducing An Artist And Craftsman



by: Jeannette Glosser

CTT2 Robert Neales has only been painting in oils for two years. He was first inspired by a video film called, "Mistral's Daughter." In this film, Mistral discovers a unique style of painting which made him successful in the art world. Petty Officer Neales is striving and hoping to attain this goal one day himself.

Robert has no formal education in painting, but he is an avid fan of the impressionists. While stationed in Scotland, he was able to spend much of his free time visiting museums in England and France. This enabled him to study the art work of those artists who later became his favorites--Renoir, Constable, Monet, Manet, Cezanne, Degas,

few "still life" pictures to help develop his technique. Since he has a great passion for this art, he hopes one day to establish himself as a full time artist.

Robert's obviously off to a great start, as the accompanying picture shows.

Rhododendron, a common poisonous plant.

Azalea
Bird of Paradise
Buttercup
Castorbean
Christmas Pepper
Daffodils and Jonquils (Narcissus)
Dumbcane (Dieffenbachea)
English Ivy
Foxglove (Digitalis Puerpura)
Fruit pits (apple, peach,
apricot, wild cherry, pear, plum)
Holly

Common Poisonous Plants

Hydrangea
Iris
Jerusalem Cherry
May apple
Mistletoe
Morning Glory
Philodendron
Pokeweed
Rhododendron
Rhubarb (leaves)
Sweet Pea
Tomato (leaves)



 **SAILOR OF**

rising to the rank of CT03 and earning the Navy Expeditionary Medal. After 7 months of sea duty, Petty Officer Jensen returned to Rota to complete his tour of duty, receiving a Letter of Commendation from Commander, Task Force 70/Commander, Carrier Group Five for his outstanding performance while aboard NIMITZ, and a Letter of Commendation from Commander, Naval Security Group Command for his expert support during his extended deployment to AMERICA and NIMITZ. To round out his tour, Petty Officer Jensen was selected Sailor of the Month and Sailor of the Quarter by NAVCOMMSTA Spain, was recognized by the Commanding Officer at meritorious mast and was advanced to CT02.

Transferring in February, 1981 to NAVFAC Keflavic, Iceland, Petty Officer Jensen continued to distinguish himself in an outstanding manner as both a cryptologic technician and petty officer. He was selected as Communicator of the Quarter, nominated as Sailor of the Quarter, and shared in the Navy Unit Commendation awarded to the Icelandic Defense Force by Secretary of the Navy Lehman in 1981.

Upon completion of his tour in Keflavik, PO Jensen was transferred to Naval Security Group Activity Winter Harbor, serving as an assistant communications watch supervisor and communications watch supervisor. He was advanced to his present rate of CT01 on 16 May 1985. In January, 1986, in recognition of his outstanding technical abilities, CT01 Jensen was chosen to become the division's leading petty officer and was assigned duties as both the technical control chief and Streamliner manager. Responsible for coordinating the efforts of the four watch sections and daystaff to operate 22 computerized circuits and the Streamliner MACT terminal, CT01 Jensen was selected as NSGA Sailor of the Year after his selection as NSGA Sailor of the Quarter for the 4th quarter of 1986.

CT01 Jensen is single and lives in Fabbri Hall where he is E6 Dorm Petty Officer. He is active in the station's athletic and social programs,

by: CTOC M. B. McTernen

CT01 Thomas A. Jensen, 1986 NSGA Winter Harbor Sailor of the Year, was born 12 September 1960 in South Bend, Indiana. He graduated from John Adams High School in June 1978 and entered the Navy as a Seaman Recruit in July of the same year.

Upon completion of Recruit Training at Great Lakes where he was both a platoon leader and member of the Honor Guard, Petty Officer Jensen reported to NTTC Pensacola, Florida to attend Cryptologic Technician (Communications) "A" School. After graduation, he reported to NAVCOMMSTA Spain where he served in the Communications Division of the NAVSECGRUDEPT as a Communications Operator and member of a Direct Support Team. As a Direct Support Team member, Petty Officer Jensen saw duty as part of the Indian Ocean Battle group aboard USS AMERICA (CV-66) and USS NIMITZ (CVN-68),

THE YEAR

participating as a member for the station varsity volleyball team, lending his time to arranging dances and parties, and as a consolidated mess advisory group member. He is an avid supporter of both Navy Relief and the Combined Federal Campaign.

CTO1 Jensen has not sought personal honors or accolades during his tour at NSGAWH, but, like all outstanding sailors, has devoted himself to doing

the best job he can at whatever task he has been assigned. His immediate goals are to keep his subordinates "up-to-speed" in the changing world of communications, obtain the best possible conditions and equipment for his troops, and to make life better for his co-workers living in the barracks. Eligible for CTOC, we all wish CTO1 Tom Jensen the best of luck!

PSD SOY

by: PNCS D. M. Parkison

Congratulations to PN3 Ana J. Hunter, PERSUPPET Winter Harbor "Sailor of the Year." Ana was selected because of her outstanding professional performance, adaptability and flexibility while assigned to the Disbursing and Personnel Sections. PN3 Hunter was also selected as first runner up for PERSUPACT New London, CT "Sailor of the Year!"

Ana, originally from El Salvador, joined the Navy in December 1982. After completing recruit training, she received orders to PERSUPPET Winter Harbor. She was assigned to the Disbursing Section upon reporting, striking for disbursing clerk. When that rating closed to women, Ana chose to strike for personnelman. Personnel shortages in Disbursing required Ana to be reassigned to that section. When manning improved, Ana returned to Personnel. After only four months OJT, Ana was promoted to PN3. In May 1986, Ana became a naturalized United States citizen.

Ana is married to Lanel Hunter, who is assigned to 51 Division. In her off-duty hours, she enjoys spending time being a homemaker. But in addition to being a wife and sailor, she is taking some on-base college courses and studying for advancement to PN2. The



very qualities of adaptability and flexibility that gained her recognition as the SOY for PSD carry over into her personal life as well.

Departments, Divisions

Classic Wizard Training

60 Dept. Wiz's



by: CTT1 K. O'Donnell

As I look back over this past month, all I can see is a bunch of half-crazed First Class Petty Officers studying their hearts out for the E-7 exam on 15 January. Practically every E-6 in 60 Department was eligible to participate and we all pooled our resources to study hard this time out and put forth the extra effort to make the board. Good luck to all who participated in the exam!

Meanwhile, we continue to brave the cold Maine winter. I must say, we've had our fair share of snow so far. Two Nor'easters back-to-back welcomed us into the new year with even more snow since then; it's still two months until spring.

We have several bits of news from 60 Department.

Funny thing happened on the way to CTM1 Ray Young's reenlistment at Gull Cottage on 5 January. Seems the customary reenlistment cake was forgotten and, lest Ray think he was being slighted, the C.O. stopped at Chipman's Grocery Store and bought a small cake for this occasion. Unbeknownst to him, the Command Career Counselor also stopped and bought a cake. So, there was plenty of cake to go around after all. Just goes to show how much we care about you, Ray! Congratulations!

Welcome aboard to PM Maintenance Class 87032 and Basic Operator Class 87003. You are challenged to excel and do your best! We also welcome CTA2 Paul Martin coming to us from the USS KENNEDY. Hope your tour here is an enjoyable one.

I was chastised for not welcoming SSG E.S. Manning to the department after he reported aboard back in November. Well, sorry E.S.! SSG Manning is in the U.S. Army, assigned to Winter Harbor as an instructor for three years. E.S. takes a lot of good-natured ribbing from the other instructors and he's really good at returning the ribbing as well. So, I guess this makes it official, E.S., welcome aboard!

On the sports side, the 60 Department basketball team continues to leave others in the dust. Also, CTT1 "Pee Wee" Weber deserves a round of applause for being selected as a member of the Challenge Cup bowling team. Way to go, guys!

Lastly, best wishes for a speedy recovery to CTT3 Barb Weed. Barb was in an auto accident this past month and is now in Maryland recovering. Good luck to you, Barb.

Well, that's it for now. See you next month....

...and more

"30" Dept

The Dragon Speaketh



by: CTM1 D. Remsburg

First, the arrivals and departures within the department:

Arrivals:

CTM2 Barnett from NSGA Adak. Steve has been assigned to the 321 shop and has already gotten into the swing of things.

Mr. Jim Melhorn has arrived from RCA in New Jersey to take over the 30S position. Jim is a former Matman; I'm sure he will fit right in.

Departures:

CTM1 Swartz is departing us for a civilian job down in D.C. Maybe now he will be able to afford that red car he's been dreaming of.

On behalf of the department, a hearty WELCOME ABOARD to our newcomers and a fond farewell to our departing member. The best of luck to you all.

The department has undergone a minor shuffle. CTMC Ihle now heads up 32 Division with the DF shop and the Cal Lab under him. CTMC Raub has 33 Division consisting of the Comm and Physical Security shops. CTMC Wolford now heads up 30 Department staff, and not to be outdone, 30M, 30L, 30T, 30C,

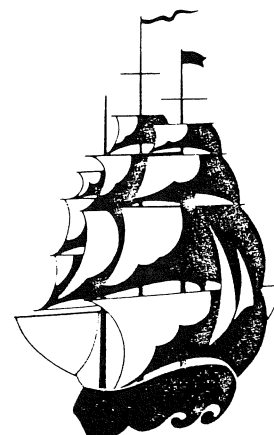
and 32 rearranged their "empires" to make things more aesthetically pleasing. Meanwhile, the Master Chief boasts of having the largest refrigerated office at the site.

Point to Ponder: Albeit epistemologically possible, can a human body physically exceed the speed of light? If so, would you be able to see the person before they arrived or would they be there for awhile before you were able to see them? Hmmm, I think I would choose the latter. Or better yet, could he see himself coming once he got there?

Answer to last month's riddle: All the things in the riddle are part of beer commercials on TV.

That's all for this month. Take care for the DRAGON is everywhere.

MORE →



52 Div

by: CTR2 N. Phillips

There is certainly no better time than the present to assess oneself and begin setting goals. Improvement ranks very high on our list here in 52 Division, and we strongly advocate both self improvement and unit improvement. We invite everyone to join us in striving for success in achieving our goals.

Congratulations to Petty Officer Deborah Coley on her selection as Operator of the Quarter for the 4th Quarter 1986. She is an outstanding worker and well deserving of this honor. She is also one of our newest petty officers. We are very proud of you, Deb! WELL DONE!!

Speaking of being proud, CTRSN John Turner wishes to share these thoughts with you:

PROUD SAILOR

Ensure yourself, as you look upon me,
that I am a sailor -

A sailor who gave his time, his
knowledge, and his life, for our
nation's beliefs of liberty and
justice for all.

Assured that I am a sailor, a sailor
who with God's glory and will,
has made your freedom eternal!

A sailor that has left his family
and his home for the glory of his God,
his brother, and his country....

Be proud, America
and be assured, for
I am a sailor.

J. D. Turner
CTRSN USNR Jan 87

Petty Officer's Association

by: CTM1 D. Remsburg
President, POA

On behalf of the Petty Officers Association, I sincerely thank all of the generous people and organizations who donated toys or money for this year's Toys for Tots drive. Through your generosity, many of the area's underprivileged children had the happy Christmas they so truly deserved.

A special thanks to the following people for coming out and braving the cold and wind to help Santa go around and pick up the toys:

CTM1 Jeff Hamlin
CTM2 Ken Gorr
CTM2 Tony Ellis

Also, CTM2 Lee Paixao for the much needed (and much appreciated) hot chocolate!

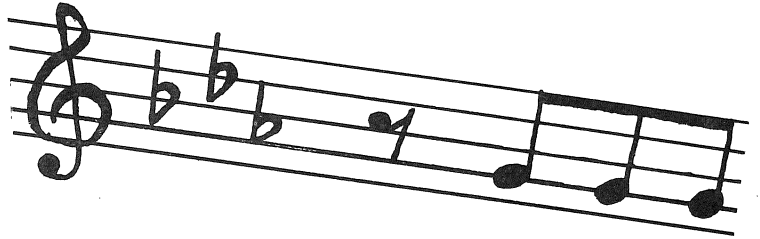
We had fun with this year's drive and look forward to it again next year.



YEAR-END MUSIC REVIEW

by: CTTI K. O'Donnell

Just when you thought it was safe to read a newspaper again without fear of seeing a list of the 1986 "Best Dressed," "Best Read," "Best Watched," "The Ins and Outs," "The Ups and Downs," along I come with another list. This "Best Albums of 1986" is spurned from reading all those other "best" lists the critics saturate us with each new year.



Actually, putting a "best" list together is a lot harder than I thought. First, I had to remember what happened in the first half of 1986. Seems the older I get, the harder it is to remember more than six months back. Second, I had to figure out which albums came out in 1986 and those that were disqualified because they actually came out in 1985 and overlapped into 1986. Third, and probably the most difficult, was trying to choose albums that were worthy of being the "best." The more I pondered my list, the more it became evident that 1986 was a year of disappointments; there weren't that many "best" albums released.

When 1986 started, the public was promised follow-up albums from a bunch of artists we hadn't heard from in quite some time (Lionel Richie, Cyndi Lauper, Madonna, Huey Lewis and the News). What we got were some strong albums, some mediocre albums, and, mostly, major disappointments. 1986 was not a good year for follow-up albums.

Seems the better albums came from the new-comers and several old-hats in the music business.

So, now that I've thrown myself out on a limb here, let me give you my list and see how it compares with yours. These are ranked in order from the "Best" to the "Not Nearly the Best."

1. Bruce Springsteen and the E Street Band Live/1975-1985 (The best "Greatest Hits" album I've ever heard)
2. Rapture - Anita Baker (A fresh voice to rival Whitney Houston)

3. Fore! - Huey Lewis and the News (Bouncy and alive)
4. Invisible Touch - Genesis (Phil Collins sound bad? Never!)
5. Graceland - Paul Simon (Welcome back, Paul)
6. The Way It Is - Bruce Hornsby and the Range (Another refreshing newcomer)
7. So - Peter Gabriel (Different)
8. Dancing on the Ceiling - Lionel Richie (He keeps us dancing)
9. Aretha - Aretha Franklin (Just some minor disappointments)
10. The Bridge - Billy Joel (It's got a couple of good tracks)

Okay, I'm sure I've slighted someone out there in the music business and I can almost bet there are some of you readers who have different ideas as to who should be number one. Well, you get your chance to let me know.

Fill in the form below and send it to (on-base) the Acadian Editor, or (off-base) The Acadian, c/o Librarian, NSGA Winter Harbor, Winter Harbor, Me 04693. We look forward to hearing from you and we'll publish the results of this survey in a future issue of the Acadian.

TOP THREE MUSIC ALBUMS OF 1986

My three favorite music albums of 1986 are as follows:

Your Taxes

by: LT S. Cain

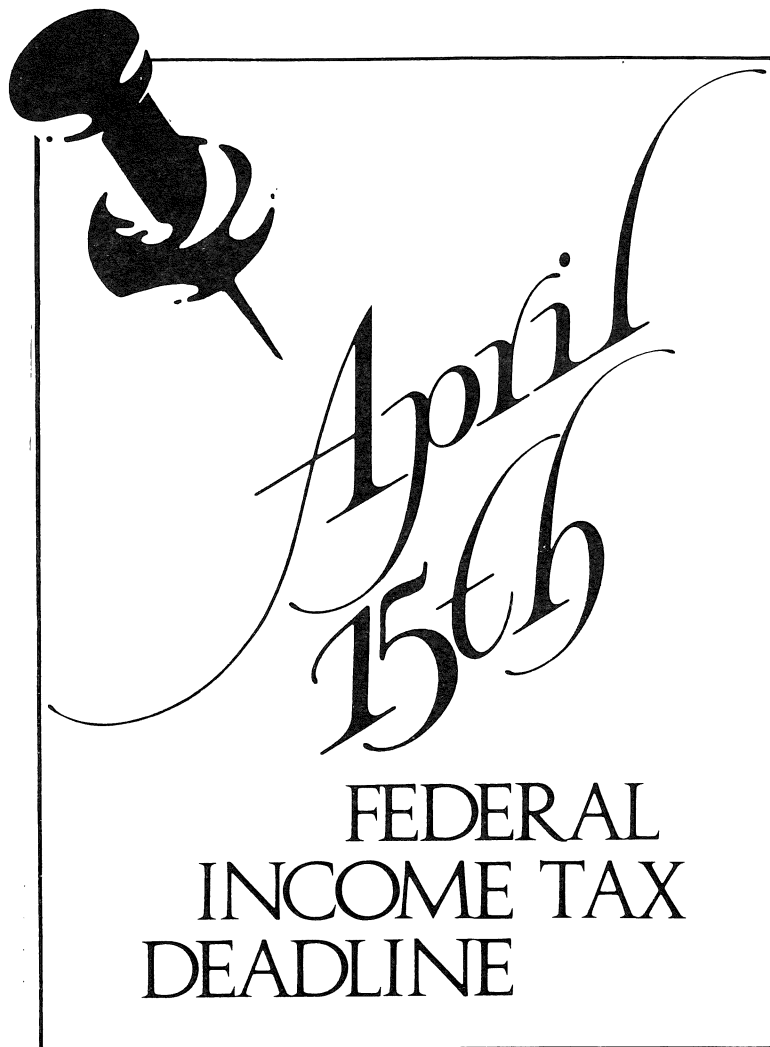
The following is a list of common errors taxpayers make on their Forms 1040, 1040A and 1040EZ. Explanations are provided to help you avoid them. Be sure to double check your tax return because errors such as those listed below may delay the refund you may be expecting.

1. Incorrect amount of Earned Income Credit: You may be entitled to a credit of up to \$550 if your Adjusted Gross Income is less than \$11,000. The Earned Income Credit Worksheet is used to determine eligibility.

2. Incorrect amount of tax entered from tax tables: Make sure you use the correct tax table for your filing status. Take the amount shown on the taxable income line of your Form 1040 or 1040A and find the tax table column showing that amount. Find the column for your marital status (married filing jointly, single, head of household, etc.) and read down the column. The amount shown where the income line and filing status column meet is your tax.

3. Social Security Tax, instead of Federal Income Tax Withheld, entered on tax return: When entering the amount from your Form W-2, recheck to make sure that you have entered the Federal Income Tax Withheld and NOT the FICA (Social Security Tax) amount.

4. Computation error made on Form 2441, Credit for Child and Dependent Care Expenses: Verify your addition, subtraction and multiplication. Use the correct percentage for line 8 as shown on the back of Form 2441.



5. Incorrect computation of refund or balance due: Verify your addition and subtraction. You are due a "refund" if your tax from the tax table and any other taxes for which you are liable are less than the amount you have paid (such as the amount withheld shown on your W-2). A "balance due" is computed when the above items total more than the amounts you have paid.

For assistance in preparing your tax return, or if you need additional forms, contact LT Cain at ext. 250, or your building's collateral duty income tax advisor.

BOOK REVIEW

by: Elizabeth Berube

Lonesome Dove

Larry McMurty, Simon Schuster, 1985
(Available at NSGA Winter Harbor Library)

For those of us who love (live) to read, Lonesome Dove is a delight. I do admit to a certain level of guilt while buried in a good book, but nothing else helps the winter pass so cozily. My habitual method of deciding if a book is worth carrying home is quite simple: I read the first paragraph. If some essence catches me, I'm willing to take the plunge.

Lonesome Dove caught me with its first sentence--and kept me--for all 821 pages. It is a brutal book; the American West in the 1800's was wild and dangerous. The bitter conflict between white man and American Indian is portrayed in all its tragic cruelty; McMurty succeeds in not "taking sides" by creating characters with full personalities and logical motivations.

The people are not perfect. In fact, their vulnerability and imperfections are endearing. They are foils for one another, yet never quite gain an understanding of each one's deepest emotions and needs.

This is the story of the former Texas Rangers, Augustus McCrae and W. F. Call, long time friends and partners who are as different as two men can be--one a hopeless romantic, the other obsessed with power and driven to succeed in whatever he attempts. Together, with a colorful cast of characters, they undertake a cattle drive from Texas to wild, remote Montana. The drive is of epic proportions as the characters struggle with their own sorrows and longings. Their experiences are heart-breaking and frightening as they attempt to penetrate the last remaining American wilderness.

Larry McMurty's writing style is relaxed and well suited to "telling a



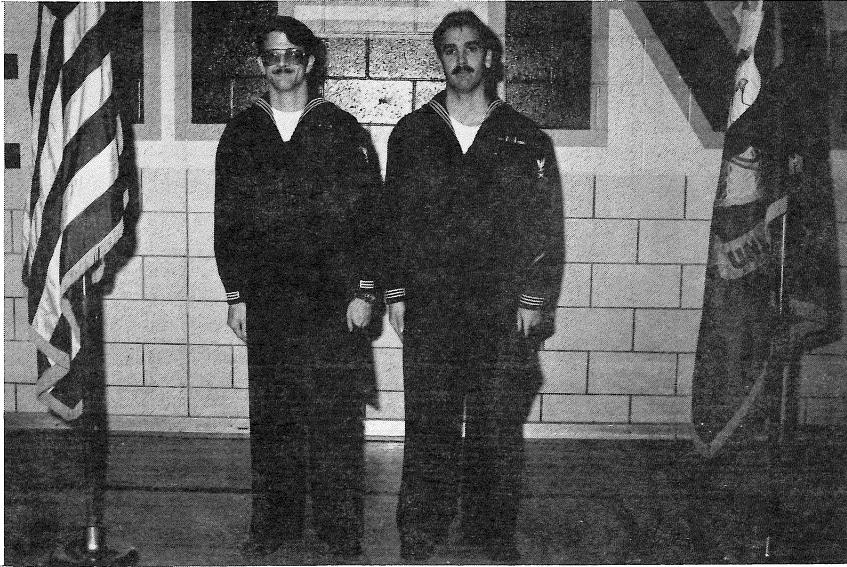
long story." He allows his characters to frequently reflect upon their motivations and choices. This internalization does not deter the story's progress; rather, it promotes character development and dimension while accentuating a sense of the timelessness of the journey.

While reading Lonesome Dove, I felt a part of the never-ending dust and heat of the cattle drive--and an uneasy sense that things were not going to turn out quite the way I wanted. This is a book to take personally, both because of its dramatic perfection and its physical size.

So, if winter is draining away your zest for life, curl up with Lonesome Dove for a week and run away to Montana with some very intriguing people.

Note: Larry McMurtry also authored Terms of Endearment.

-AWARDS-



Letters of Appreciation were received by HM2 B. Monical and CTR2 P. Wilkes

Letters of Appreciation (l to r):
Back Row - CTMCS R. Rude, LT W. Silas, LCDR R. Evans, LT J. Bruno, CTTC S. E. Wickham
Front Row - LT M. Butler, CTR3 D. Coley, CTTC R. Anderson



Good Conduct Medals: (left to Right)
Back Row - CTM2 M. Lane, MS2 D. Tripp, CTM2 M. Davis, and CTTC W. Greene
Front Row - CTM2 T. Shea, CTM2 M. Harris, and CTO1 R. Peacock

PROMOTIONS

Frocked to E-4 (1 to r):

Back row

EA3 J. Orr, CTT3 J. Vogel,

CTT3 T. Krebs, CTT3 M.

Hayworth, SK3 J. McGroarty

Front row

DT3 R. Lyons, CTT3 C. Turner,

CTR3 D. Coley, CTT3 H.

Dewinter, CTT3 V. Elloie



Frocked to E-6 (1 to r): CTM2 A. Credit, CTM2 W. Whitlow, CTT2 J. Sperry, CTT2 L. Knudson, CTM2 R. Begtel, CTO2 R. Peacock

Advancements (1 to r):

Back row

SN S. Fosberg, SN G. Cason,

CTTSA R. Rogers, CTASA R. Anderson

Front row

SN A. Keller, SN E. Thames



SPORT SPOTS

by: Jean Dickson

FIRST CHALLENGE CUP EVENT OF '87

Winter Harbor's first Challenge Cup event of the year proved less than victorious as the bowling balls rolled in the favor of Cutler on January 13. "Peewee" Weber led Winter Harbor with a 577 total and Ron Anderson followed close behind with a 521. Cutler's Neal and Jim Pysart held strong for Cutler with 549 and 548 totals, respectively.

A hard fought challenge by both teams with Cutler's balls rolling just a little more smoothly. Series totals for each team were:

Winter Harbor - 2401
Cutler - 2543

LOOKING AHEAD TO FEBRUARY

Recreation Services will sponsor:

"OMY" (Old, Middle and Young) 3 on 3 Basketball Tournament - Feb. 11-12

Old, middle and young players will compete against their own age groups. Watch for more details.

Winter Carnival - Feb. 19

Recreational Services plans an afternoon of fun and play. An outdoor picnic with winter softball, outdoor volleyball, snow mobile rides, dog sled races, and lots more. FUN FOR ALL!

Challenge Cup Basketball - Feb. 9

Winter Harbor plays Cutler

RACQUETBALL LADDER

| <u>Men</u> | <u>Women</u> |
|---------------|------------------|
| Chuck Travali | Viola Compton |
| Eric Lusko | Lou Ann Kinter |
| Chuck Lutes | Sue Spychala |
| Ray Engle | Linda Mundhenk |
| Scott Isaac | Dorothy Parkison |
| Scott Stewart | |
| Jim McGroarty | |

BASKETBALL STANDINGS

| | <u>Win</u> | <u>Loss</u> |
|----------|------------|-------------|
| WIZ | 8 | 2 |
| SCHOODIC | 7 | 3 |
| 60 Dept | 6 | 5 |
| 30 Dept | 4 | 7 |
| O's&C's | 1 | 9 |



Black History Month

Blacks and the U.S. Navy

By Sgt. Maj. Rudi Williams, USA
American Forces Information Service

When Judith M. Banks graduated from Rostraver High School in 1966 in the steel mill town of Pricedale, Pa., the only things she had learned about black history were the plight of slaves, the underground railroad and, in her opinion, the wrong explanations about why the Civil War was fought.

"A lot of blacks grew up thinking the Civil War was fought just to free the slaves," said Banks, one of four black female senior chiefs (E-8) in the Navy. "That was just a rider, not the main bill. The war was mainly fought for economic reasons. Slave labor was the backbone of the South; without it, the economy collapsed.

"Black History Month has helped me, because I really didn't know much about my people—our heritage and culture," said Banks. "A lot of people don't know about the contributions blacks have made to this country. It can make you angry when you find out about all the things about black people's contributions that have been left out of history books."

Black History Month is a good time to "let the youngsters, blacks and whites, know that we helped build this country," Banks added.

Banks is not the only sailor in her family. All five of her brothers and an uncle have been sailors. One brother, Robert P. Shorter, is a machinist's mate second class stationed in Norfolk, Va. Another, Erik, a former Navy reservist, is now an Army private at Fort Ord, Calif. Her sister is the only sibling who hasn't served in the military.

The 38-year-old divorcee, who was married to a Navy warrant officer, credits a lot of "old crusty sailors" with helping her excel. "If you try to be the best you can be, there are people who are going to help you, regardless of your color,"

Banks advised young people who want to succeed.



Photo by Sgt. Maj. Rudi Williams

Senior Chief Petty Officer Judith M. Banks, USN

"I've been accused of being prejudiced by some blacks," said Banks, who is now attending the Navy's senior enlisted academy in Newport, R.I. "It's not that I'm prejudiced. I'm probably harder on young blacks than anybody else, because I want them to do better. You have to decide what's most important, running around 'discoing' and having a good time or doing something that will help you advance. There will still be time for fun."

Before she joined the Navy in 1972, Banks worked for six years at the same steel mill where her father made chain link fences. "I was hired because I was 'colored'—that's what they called us at that time. There were not any blacks in the administration office and they needed to comply with the law," said Banks, who went from the mailroom to the pay department and later into personnel.

Laid off for about a year, Banks decided to join the Navy after the plant went out of business. But the knowledge she gained as the only black in the steel mill's personnel office and her inquisitive nature led her to a Navy career as a personnel specialist.

"I like the Navy," she emphasized. "It's a great job and experience. And I haven't been denied my rights."

"When I came into the Navy, women had just started breaking into it," Banks reflected. "Some people might have, but I haven't had any difficult problems because of my race or gender."

"My goal is to make master chief (E-9) as fast as I can," said Banks, who has 14 years in the Navy.

There were 264 black master chiefs in the Navy in fiscal 1985. Only one is a woman. When Banks joined the Navy, there were only 88 black E-9s—none were women.

Health Tips

Your Heart

DIET AND CHOLESTEROL

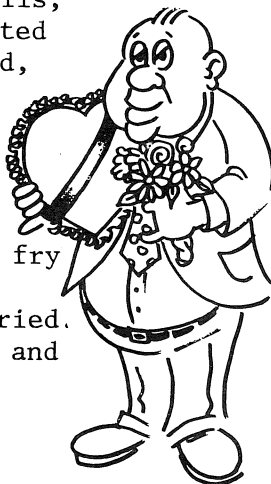
February is American Heart Month, a good time to remember that while high blood cholesterol is one major contributor to heart disease, it is one that can be controlled by diet.

Individuals vary in their ability to use cholesterol. Some people can maintain normal cholesterol diets fairly high in fat and cholesterol. Others have high cholesterol levels even if they eat low-fat, low-cholesterol diets. These people have inherited an inability to handle cholesterol and will probably need medical help to maintain a healthy blood-cholesterol level.

For most people, a healthy varied diet is all that is necessary to maintain normal blood cholesterol. A panel of doctors has compiled these tips for avoiding extra fat and cholesterol:

- Choose lean meat, fish, poultry and dry beans and peas as protein sources.
- Use skim or low-fat milk and milk products (such as yogurt) instead of whole milk.
- Moderate your use of egg yolks and organ meats (such as liver).
- Limit your intake of fats and oils, especially those high in saturated fat, such as butter, cream, lard, heavily hydrogenated fats (some margarines), shortenings and foods containing palm and coconut oils.
- Trim fat from meats.
- Broil, bake or boil rather than fry
- Moderate your use of foods containing fats, especially deep-fried.
- Read labels to determine amount and type of fat present in foods.

Don't Forget
Hearts and Flowers



WHAT ABOUT FISH OIL?

Not all evidence on fish oil and cholesterol is in. However, the American Heart Association "strongly recommends substituting protein sources two or three times a week."

An Army nutritionist agrees: "All fish is a nutritional boon--it is high in protein and relatively low in fat. While fatty cold-water fish has more omega-3 oil, all varieties of fish contain some."

Authorities caution against taking fish-oil supplements in pill, capsule or liquid form while continuing to eat a diet high in saturated fats and cholesterol. Supplements are no substitute for a balanced diet, they say. You have to remember that fish oil supplements are not classified as drugs and, therefore, have not been subjected to the same Food and Drug Administration scrutiny for safety and effectiveness as drugs are.

Forget Your Heart
And You'll Get Flowers

... BUT ...



Briefly...

Meritorious Mast

CTO1 Thomas A. Jensen, Sailor of the Year
 CTO3 David A. Stepp, Junior Sailor of the Quarter

New Arrivals -

| | <u>from</u> |
|-------------------------|--------------------|
| CTT1 and Mrs. Jones | Rota, Spain |
| CTASA Nikki Anderson | NTTC Corry Station |
| SK1 Copley and family | USS SIMON LAKE |
| CTO3 Gary Durgin | NTTC Corry Station |
| CTA2 P. Martin & family | USS KENNEDY |
| CTM2 Steven Barnett | NSGA Adak, AK |

Reenlistments -

| | <u>years</u> |
|------------------------|--------------|
| CTT2 Kathleen Crooks | 6 |
| PN1 Jimmy T. Bryant | 4 |
| CTR1 Peter N. Mclean | 3 |
| CTT2 Scott J. Peloquin | 4 |
| CTT1 Layne M. Weir | 4 |
| DN Rebecca L. Lyons | 4 |

WELCOME ABOARD!

Good Conduct Awards

CTM3 Robin J. Matthew (1st)
 MS2 Dail Tripp (1st)
 CTM2 Marcia G. Harris (1st)
 CTM2 Thomas M. Shea (1st)
 CTM2 Michael S. Lane (1st)
 CTO2 Randy N. Peacock (2nd)
 CTM2 George J. Davis (2nd)
 CTT2 David W. Iveans (2nd)
 CTTC William A. Greene(3rd)

Letters of Appreciation

CDR Normand A. Houle
 LCDR Richard L. Evans
 ENS Carl A. Barksdale
 LT William L. Silas
 LT Jack A. Bruno
 LT Mary F. Butler
 CTTCS Euen N. Wickham
 CTMCS Robert A. Rude
 CTTC Ronald A. Anderson
 LCDR William T. Ditewig
 CTR1 Richard R. Redden
 CTT1 Christopher Bishop
 CTRSN Deborah J. Coley

Letters of Commendation

CTR2 Paul W. Wilkes
 CTO2 Charles A. Lutes

Certificate of Appreciation

Inge Chittenden
 Elizabeth Monroe
 Carl J. Folmer

Master Training Specialist

CTT1 Bruce Hasenbank

Frocking

(1st Class)

CTM2 Jarome Whitlow
 CTM2 Raymond W. Beghtel
 CTO2 Randy N. Peacock
 CTO2 David W. Iveans
 CTT2 Lori F. Knudson
 CTT2 James A. Sperry
 CTM2 Anthony C. Creditt
 CTO2 Paula R. McLean
 CTT2 Hollen K. Reagan

(2nd Class)

CE3 Russell W. Brower
 CTM3 Jean C. Cates
 CTM3 Todd A. Cates
 SK3 Danielle M. Urap
 CTT3 Robin E. Brown
 CTO3 Candace M. Henfrey
 CTM3 Leonel M. Paixao
 CTM3 Thomas R. Parent
 CTM3 Rayman J. Pfaff
 CTT3 Phillip M. Spencer
 CTO3 David A. Stepp
 CTT3 Keith Woodson
 CTT3 Michael Young
 CTO3 Jerry Durgin
 CTR3 Nathaniel Phillips

(3rd Class)

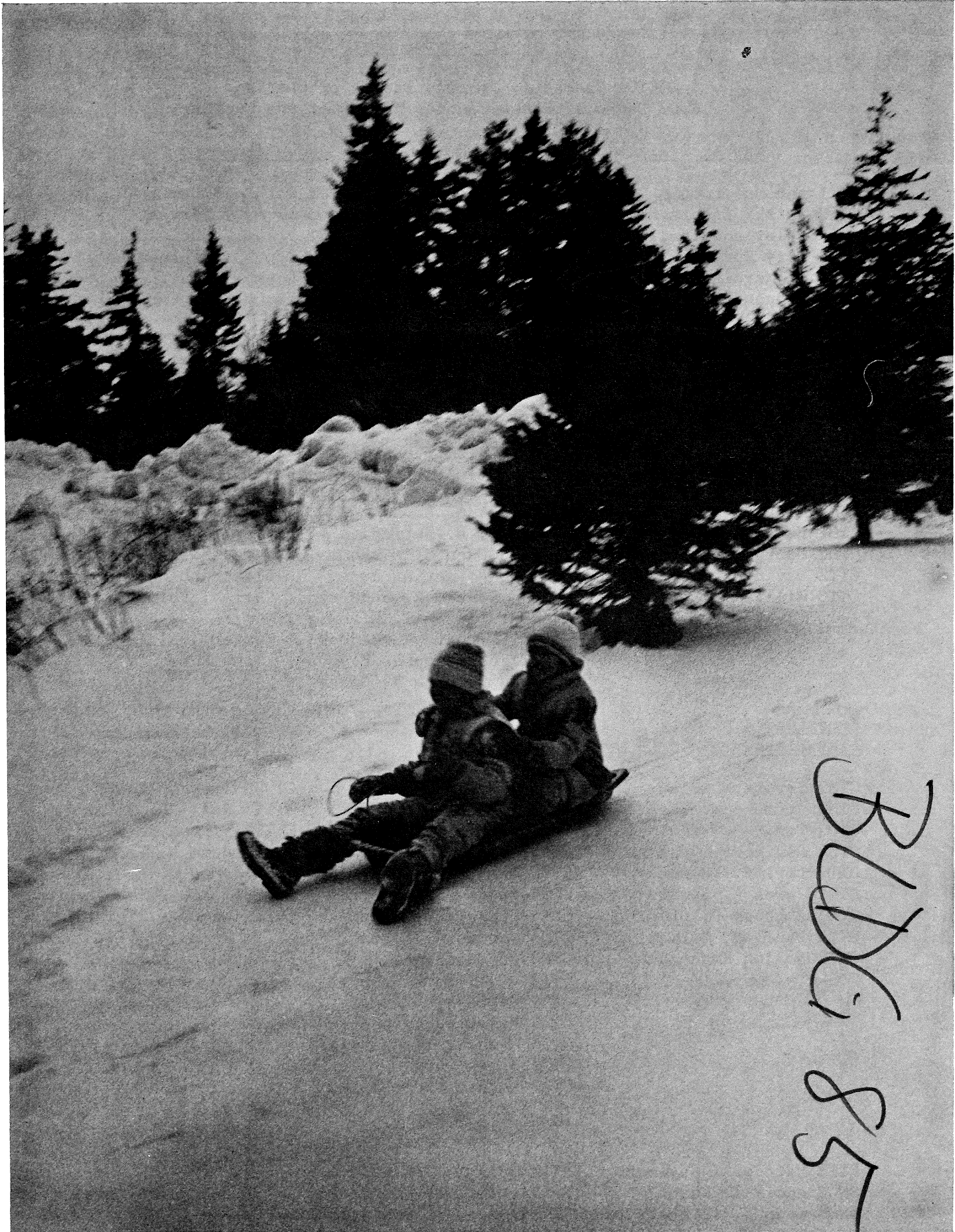
CTTSN Troy L. Krebs
 CTTSN Holly B. DeWinter
 CTTSN Vianneyte Elloie
 DN Rebecca L. Lyons
 SKSN James C. McGroarty
 EACN James D. Orr
 CTTSN Cindy A. Turner
 CTTSN James G. Vogel
 CTOSN David P. Bercik
 CTRSN Deborah J. Coley
 CTOSN Rainya P. Pearson

Advancements

CTT3 Marcus D. Hayworth
 SN Gregory T. Cason
 SN Steven J. Forsberg

SN Alicia M. Keller
 CTASA Nikki L. Anderson
 SN Elana J. Thames

CTTSA Randall E. Rogers



BLDG 85