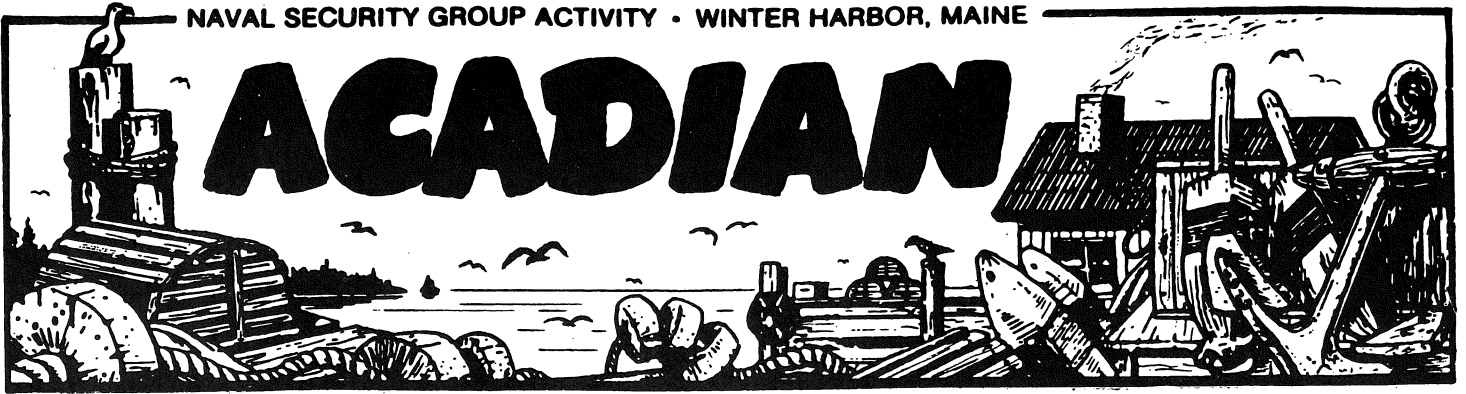


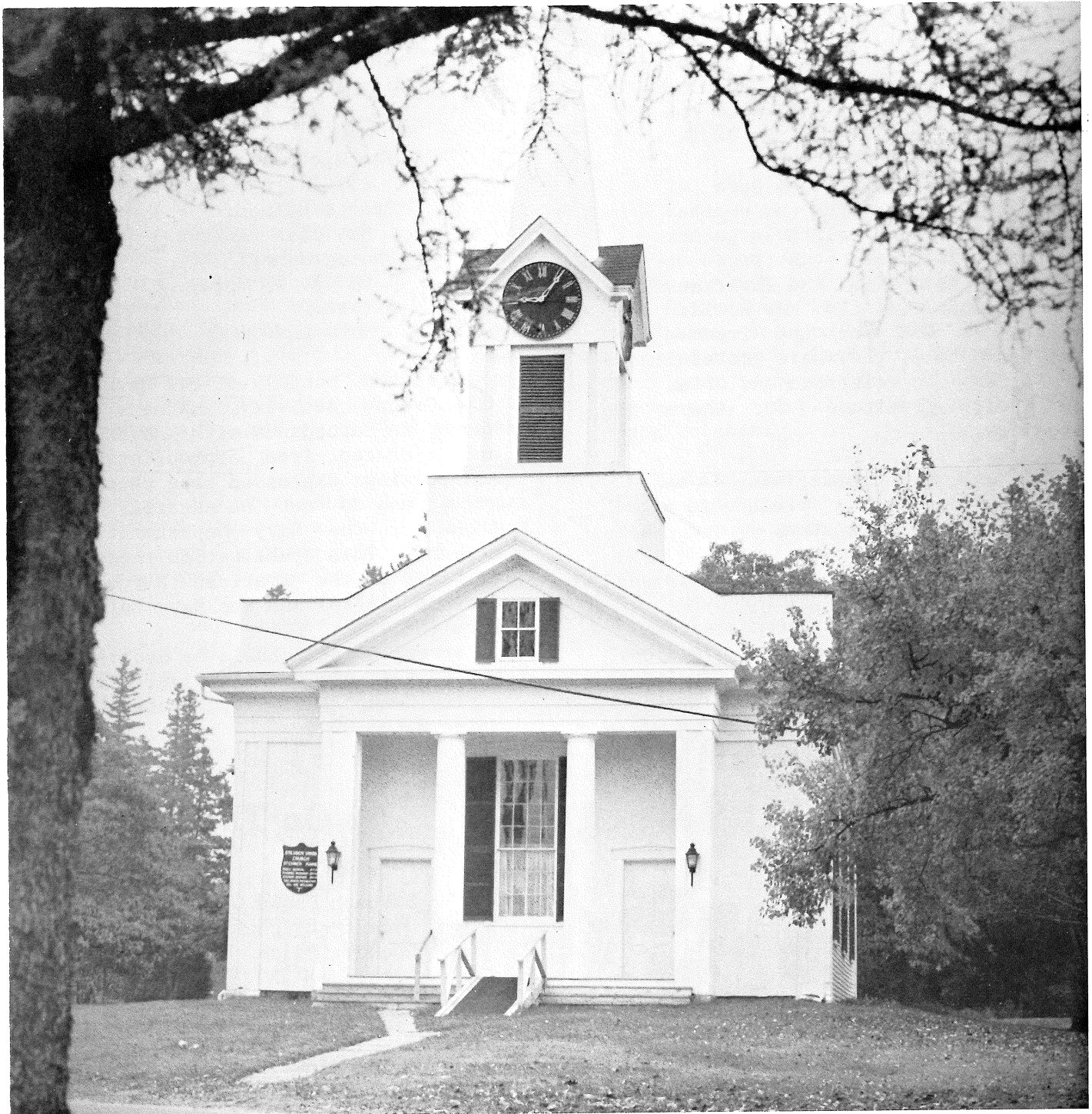
NAVAL SECURITY GROUP ACTIVITY • WINTER HARBOR, MAINE

# ACADIAN



VOLUME XXXIV

NOVEMBER 1987



## EDITOR'S NOTE

Another holiday season, led by Thanksgiving, is upon us. Thanksgiving originated, of course, when the pilgrims survived a particularly hard winter and celebrated by thanking God for their harvest and feasting on wild turkey and venison with their Indian guests. The year was 1621, and the celebration lasted for three days.

Thanksgiving creates an aura of good feelings toward one another when friends and relatives gather together. This was even true of the early pilgrims and their new found friends in the "New World." Thankful to God for the freedom they found here, they were grateful for a day to celebrate and offer Him their gratitude for these blessings.

We hope your Thanksgiving is an enjoyable one and a prelude to a very happy holiday season.



# Happy Thanksgiving



## THE ACADIAN STAFF

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CDR H. W. Whiton, USN  
Executive Officer:  
CDR N. A. Houle, USN  
Command Master Chief:  
CTRCM R. P. Perfetto, USN  
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Published monthly at the Naval Security Group Activity, Winter Harbor, Maine, in accordance with NAVEXOS P-35 and financed from appropriated funds. All opinions expressed are those of the writer and do not necessarily reflect those of the Navy Department or this command. This publication receives the services of the American Forces Press Service (AFPS) and the Navy Editor Service (NES).

Correspondence should be addressed to: The Editor of the Acadian, Naval Security Group Activity, Winter Harbor, Maine 04693-0900.

## On The Cover

Steuben Union Church, one of the oldest churches in Washington County, Maine.

# THE COMMANDING OFFICER'S TURN

**Commander H. W. Whiton**



Hosting visitors is one of the most pleasurable duties of being C.O. Thanks to each of you, it is also one of the easiest. The latest in a long line of distinguished visitors who left here impressed with your professionalism and enthusiasm were Captain Jacobs, our Deputy Commander, and Captain Carpenter, DIRNAVSECGRULANT. Both had a lot of nice things to say about what they saw during their visits.

Speaking of impressed--what a great Navy Day Ball! The Petty Officers Association did a super job. We'll have to find an even bigger hall next year.

On a cautionary note, Chief O'Donnell's efforts notwithstanding, it is possible we may have an occasional

brisk day and perhaps even a flurry or two in the next few months. Please take the time now to do two things: Make sure your cars (and minds) are adjusted to winter driving conditions and, if necessary, install ejection seats on your couches.

Tune up your wheels, not your TV; use seatbelts in the car, not the sofa; and slow down on your way to check out all that MWR and Downeast have to offer in the winter season.

There's a lot to do here in winter if you don't fall down between the rocks or get lost in the cushions. Let's have an active, safe winter.



**HAVE A SAFE**

**AND**

**HAPPY THANKSGIVING**

# HONORING THE

## SAILOR OF THE QUARTER

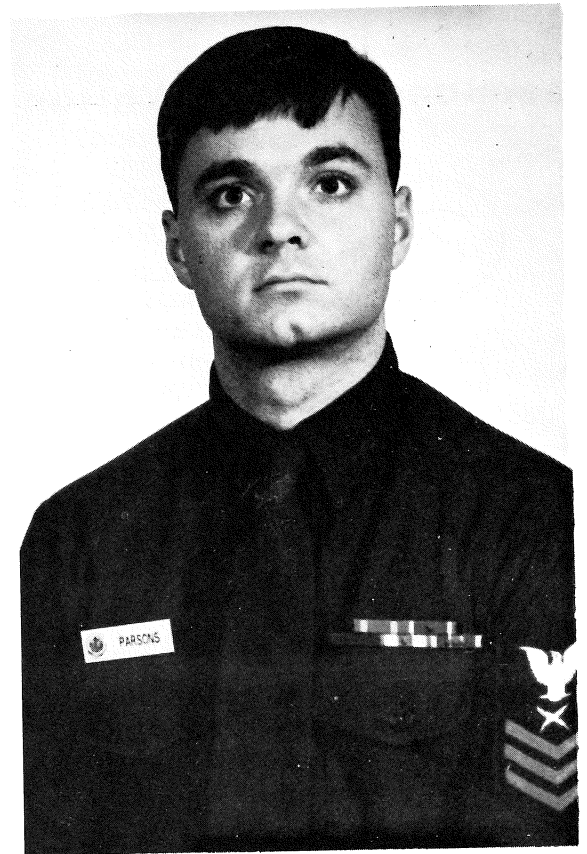
by: CTTC R. A. Anderson

Petty Officer Parsons was born in Newton, Massachusetts. He is married to Patricia Johnson from Leeds, North Dakota, and they have three children, William (4), Lindsey (3) and Donny (1). He enlisted in the Navy in January 1980 and reported aboard NSGAWH on 12 June 1985.

Here are a few adjectives people use to describe this sailor: Leader, manager, counselor, subject matter expert, DAPA! He has clearly demonstrated exceptional leadership abilities during his tour. Knowledgeable, self-confident and highly professional, Petty Officer Parsons inspires excellence. His many contributions to this command, especially in the fields of training and counselling, will be in evidence long after his departure. His total involvement, coupled with an intense desire to succeed, has set a "high water mark" for others to strive for.

CTT1 Parsons' favorite hobby is running, but he also enjoys tennis and racquetball. He is presently attending the University of Maine where he has completed two years toward a degree in Computer Science. This, he says, is his priority goal.

His selection as Sailor of the Quarter was truly warranted.



CONGRATULATIONS AND WELL DONE!



## AND THE

# JUNIOR SAILOR OF THE QUARTER

by: HM1 R. Piragis

Congratulations to HM3 Mark A. Towle of the Branch Medical Clinic on his selection as NSGA's Junior Sailor of the Quarter for July through September 1987.

Since his assignment to the Branch Medical Clinic, Petty Officer Towle has adapted well to his job assignments, performing superbly in all facets of the medical field. This is particularly evident in his work in the pharmacy and with emergency vehicles. He has improved the quality of ambulance checks and upgraded the ambulance training of nonmedical personnel. Medical Defense Eligibility Enrollment Reporting System (DEERS) checks, controlled medicinal inventories, and medical records disposal have been improved with his efforts. Many times he is called upon to work in various areas of the clinic, such as sick call, bacteriologic testing of water, laboratory (HIV testing), health records (record review and annual verification), central sterilization room and front desk, to mention a few. HM3 Towle is Alternate Safety Petty Officer and Assistant Fleet Medical Liaison. He recently completed emergency medical training and was honorman, achieving top 1% of his class.

Mark, son of Robert and Lucille Towle, was born in St. Johnsbury, Vermont and is a native Green Mountainer. He is married to Ronda Gentry Towle and they have a son, Anthony Nicolas. Petty Officer Towle is very proud of his family.

Skiing is his favorite hobby, but he also enjoys ice skating, weight lifting and chess. Refinishing furniture is another hobby that Mark finds relaxing in his off duty hours.



HM3 Towle completed his basic training and "A" school training at Great Lakes, Illinois. His previous duty stations include Naval Hospital, Camp LeJeune, NC and 2nd Marine Division, 2nd Battalion/6th Marines. One of his most interesting tours was in the Mojave Desert, California at the Combined Arms Warfare Exhibition. Interesting because it was a combined effort among all forces and live ammunition was used.

Petty Officer Towle exhibits pride and professionalism both on and off duty; the Medical Department is proud to serve with him at the Branch Medical Clinic, NSGA, Winter Harbor, Maine.

# COMMAND CAREER COUNSELOR

CTAC K. HAGEN

## "DREAM SHEET"

As I assume the position of Command Career Counselor, I want to extend congratulations to all members of the Command Retention Team on the successful year this command has just enjoyed.

In the few short weeks I have been on board, I have noted that many of you have not submitted current Enlisted Duty Preference Forms ("DREAM SHEETS"). Many of the dates reflected in the current Enlisted Distribution and Verification Report (EVDR) are as far back as 1979 or are availability inputs from "A" school. Updates should be made after you have been on station for six months or when any change in status occurs such as marriage, births, change in location of household goods or when you want to change, add or delete something from the current form on file.

Contrary to popular belief, the detailer does look at your duty desires when trying to fill billets. You may not get your first choice, or any of your choices, but at least your detailer has something with which to work. If you have indicated a desire for duty at stations in PAC, LANT or EUR, he has an idea that this is the area you want and when he is talking to you, the department or divisional career counselor or me, he may be able to offer you a duty station in the general area that you may not have considered previously.

The two most asked questions of the detailer are "Where am I going next?" and "Where are my orders?" Answering the first question is easy. The detailer will pull your file and begin



the order writing process at least four months prior to your normal transfer month. If your duty preference card is up-to-date and reflects duty stations that have billets available, you'll be pencilled in for your next station. If your DUPREF is not up-to-date or not on file, you'll likely fill the first available billet.

Answering the second question is a bit more difficult. Once you have been pencilled in for a set of orders, the normal process of writing the orders takes approximately two weeks from out of the detailer's shop and either to the COMM center or the mailroom, that is, if there are no changes. If an order modification (ORDMOD) is requested, e.g. change to transfer month, additional leave, or school in route, this will back up your orders an additional two weeks. As ORDMODs are requested, they take precedence over a normal set of orders. So, if at the last minute you change your mind, and the command and NMPC approves your modification request, you not only affect the receipt of your new orders, but you affect the orders of those personnel that just want to transfer at their normal rotation.

The bottom line is, have your duty preference card up-to-date. If you want to change anything, fill out a new DUPREF or make a call to your detailer.

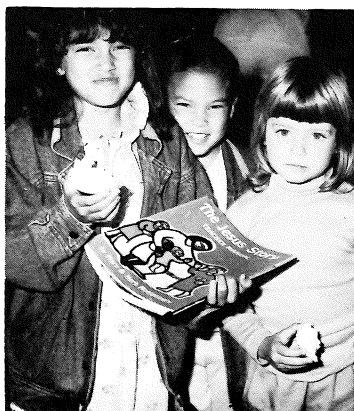


# the CHAPLAIN'S NEWS

## Chaplain J. Weis

November is a natural month for fellowship. To get a new month started, All Holy Eve or Halloween, which is just on the brink of November, has us huddled together to ward off the ghosts and goblins that materialize through the chilly fog. Of course, today most of these ancient fears have been replaced by our collective apprehension over whether we'll have enough goodies for the neighborhood kids who prowl the streets announcing "trick or treat."

In other societies, groups of performers would visit neighborhoods to demonstrate their artistic skills. That might be a nice custom to bring back again. As we approach the end of November, Thanksgiving also recalls a gathering of people that gives this month a special place as a time of fellowship.



## BLEST COMMUNION FELLOWSHIP DIVINE



The chaplain bids "goodbye" with a small gift to Senior Chief Ted Clarke.

For us at the chapel, fellowship is a weekly encounter. Recently, we shared bagel pizzas or toasted bagels and cream cheese with Senior Chief Ted Clarke when he was leaving for sunny Guam. It was also a time to celebrate the opening of our Sunday School program.

The idea of fellowship should become a habit all over the base. Good fellowship is so important, especially in a remote area. There are some other good signs of fellowship as two or three gather at the chapel for the Bible Study, Prayer and Praise time from 1900 to 2030 each Sunday. It's very informal and involves a lot of easy sharing and singing.

So, let's make November a "fellowship month" and either continue or start some good habits to counter the long, lonely months of winter. By doing so, you may well share in the sentiment, "Oh Blest Communion, Fellowship Divine."

Terri Moyer, Casie Moyer  
and Elizabeth Mohan enjoy  
snacks after Sunday School.

# CIVILIAN SPOTLIGHT

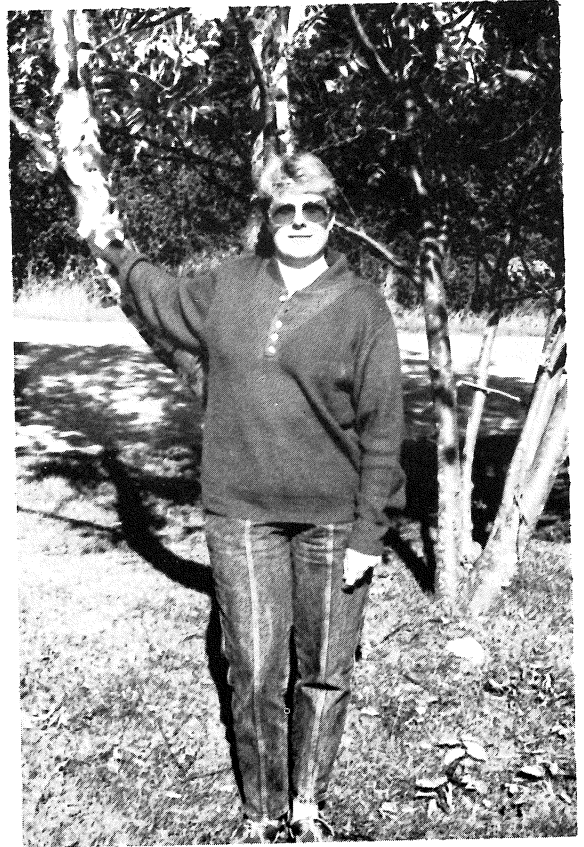
by: Jeannette Glosser

This month Debra (Debbie) Davenport is in the center of our civilian spotlight. Debbie enjoys her work, home, and children. And when you meet Debbie, you'll agree she also enjoys people.

A native "Mainer" she grew up on Deer Isle, one of Maine's most beautiful islands, where she lived with her mother, father and twin brother. Her father was a part-time lobsterman, who also worked at a quarry on an island that consisted of nothing but granite. The John F. Kennedy Memorial in Arlington, Virginia was composed of this granite, and her father was the quarry foreman for the project.

Debbie has three children: James, the oldest, attends the University of Maine; Cheryl has completed high school; and Jennifer is the youngest. When Debbie speaks of her children she sounds like their best friend as well as their mother. The children were born in various places during the years she spent traveling with her Navy husband. When asked which place was her favorite, she quickly responded, "Adak, Alaska," and went on to explain, "It had a very friendly atmosphere, excellent schools, and, in my opinion, was one of the best spots to raise children."

In 1985, Debbie was hired by the Recreational Services Department as an Accounting Technician. She makes up the purchase orders for Rec. Services,



accounts for the costs of various programs, and distributes petty cash for immediate purchases as well as covering daily deposits.

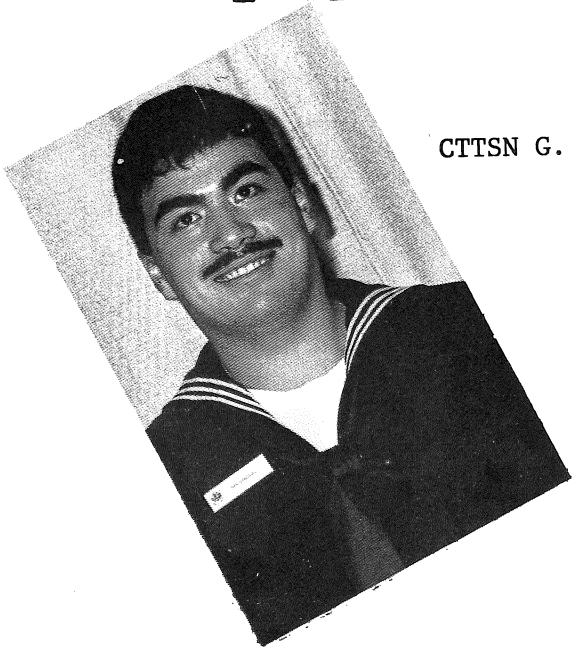
Debbie is a book worm--any type of book will do. She also likes walking, jogging, and biking. Since she is very outgoing and uninhibited, Debbie enjoys doing the unexpected. You might even find an uninvited Santa Claus invading your Christmas party this year. And if you see a woman driving a 1976 yellow Camaro along Route 1 and singing at the top of her lungs, you'll know it's Debbie tuning in and enjoying her favorite Country Western radio song!

Debbie's long-term plan is to become a social worker for the rehabilitation of people affected by drugs, alcohol, or other afflictions. She says it is one of her "fantasies," but, just the same, she seems determined to return to school and get started toward her goal.

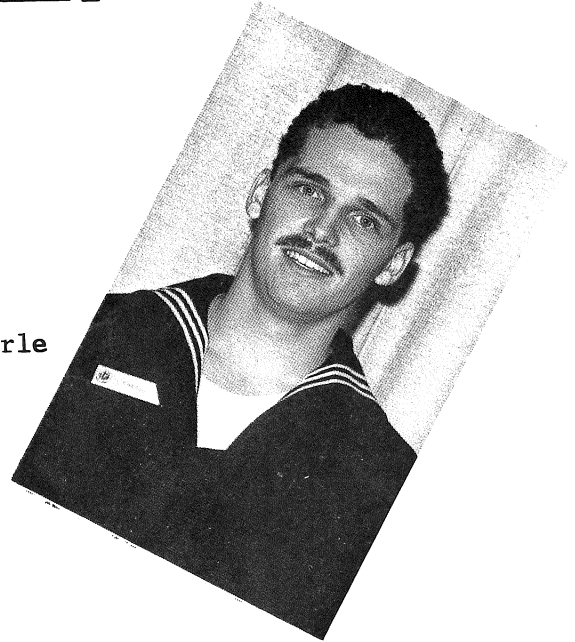
We know you can do it, Debbie - Good Luck!



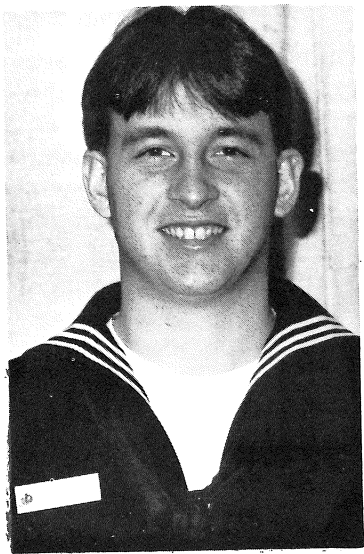
# ADVANCEMENTS



CTTSN G. Madrigal



CTTSN L. Eberle



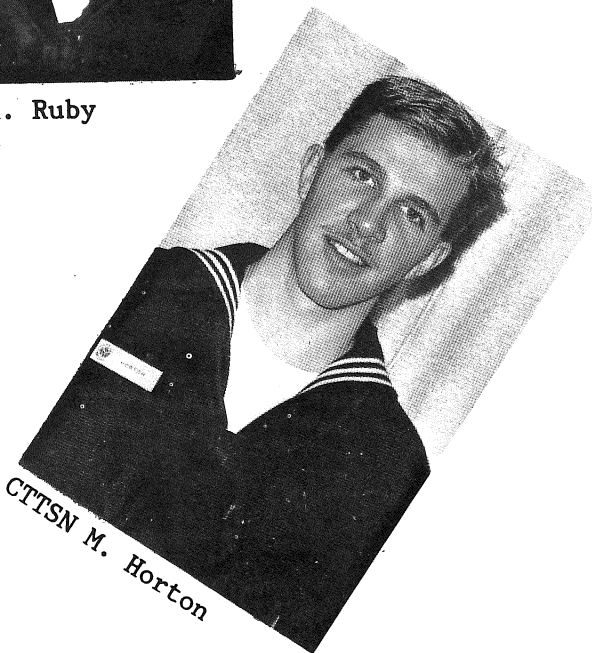
CTTSN R. Ruby



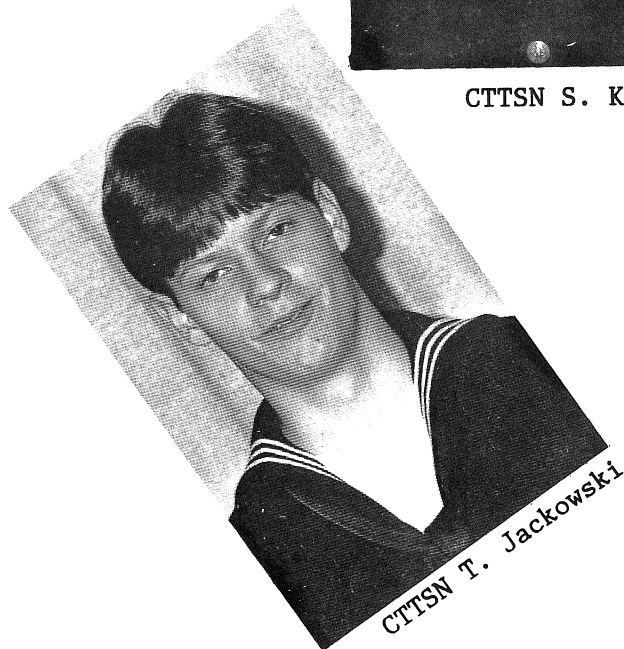
CTTSN E. Oakes



CTTSN S. Karman



CTTSN M. Horton



CTTSN T. Jackowski

IN THE WORKS

"Starting Up"



There will be a new addition to the Chapel. The Religious Education Center contract was awarded to E. L. Shea, Inc. of Ellsworth on 30 September 1987. The \$186,000 project will add a 37' x 32' single story multi-purpose room to the north side of the chapel. Work has already begun and the new area is expected to be ready for use in May 1988.

"Completed"



Consolidated Constructors and Builders have completed major renovations to the Administration Building. The building now sports a new handicap ramp, windows, siding, and vestibule. In case you didn't notice, there are parking spaces available once again behind the building. The project progressed smoothly and was completed ahead of schedule. Thanks go to Dennis Potter and his crew as well as Beth Sturdevant, Project Manager.



## DOWNEAST -

## A CHURCH WITH A HISTORY

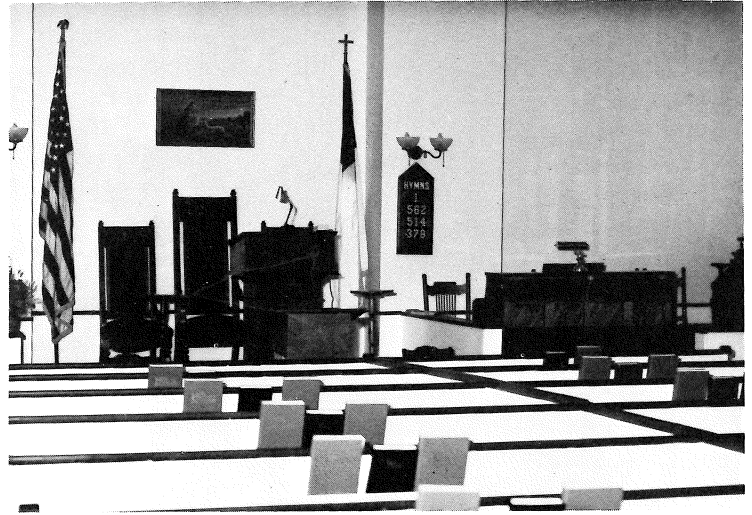
by: Jeannette Glosser

The Steuben Union Church is one of the oldest churches in Washington County. Its present pastor is Peter Sprague, who has preached there for the last three years, and his wife Teresa is the pianist. The church is located in Townsley Square, named after Jacob Townsley, founder of Steuben and a member of General Washington's staff during the American Revolution. Townsley got permission to name the town from his friend, Baron Von Steuben, who was a Prussian general that helped train Washington's men during the war.

This is not the original church; the original one had been destroyed by fire. We don't know when the first one was erected, but the first entry in the record book of the newer church is 1 April 1852. It was called a meeting house at that time and could only be used for religious meetings, except for temperance meetings at the option of the trustees.

The church bell and its hangings were purchased by exhibitions, soliciting subscriptions, and the ladies forming a "Bell Circle," raising money with church suppers and socials. The original cost was approximately \$153.00. The bell was made of cast iron, rather than bell metal, by the American Bell Company in New York City. The 600-pound church bell was hung in place on 23 June 1864 and rang for the first time on the 26th. The clock above it was installed in 1885.

From 1853 until February 1917, the church pews were paid for by patrons of the church. However in 1917, the pew holders deeded their pews to the church and made them free to the public; it was then a congregational church. On 30 October 1927, a vote was taken to change from a congregational to a union church. It was about this time that electric lights were installed, although the gas lights used previously still hang on the wall.



In 1976, the 123-year-old church underwent a facelifting which focussed on renovation of the steeple. The wooden superstructure was dismantled. The church was altered to give it a rectangular front wider than it is high. Thus, the steeple appeared taller compared to its former almost pyramidal design.

The Steuben Union Church is now 134 years old. Its location and landscaping make its beautiful New England architecture stand out in any season. The green leaves and grass of spring, the flowers and bushes of summer, the colorful foliage of autumn, and the white crystal snow and ice of winter--all seem to enhance its appearance.

The interior of the church is very plain but inviting and peaceful with its soft green walls, large windows, wooden pews with cushioned seats, pulpit, and piano. One could almost picture the serenity as the parishioners gathered here through the years to thank God for their blessings.

NOTE: The Editorial Staff wishes to thank Mrs. Lillian Colson (clerk for the Steuben Union Church) for her assistance and cooperation in making this article possible.

# SPECIAL PEOPLE—VOLUNTEER FIREFIGHTERS

by: CW02 W. Moyer

Recently, a training course was conducted for some special people--our volunteer firefighters. At the session instructed by firemen Murray Joy and Barry Willey, the volunteers were provided training in a variety of firefighting techniques.

Volunteers for the Base Fire Department are always in demand. Regardless of watch schedule and amount of time you are willing to donate, you'll be a welcomed addition to the



Learning how to use new task force tip nozzles capable of hosing 50 to 200 gallons of water per minute.



Completing a fire hydrant hookup drill at BEQ.



Proper technique is displayed for donning self contained breathing apparatus.

## NSGA Firefighters:

Back Row (1 to r): B. Willey\*, SK1 J. Laverdiere, CTM2 D. Ellis, CTT1 B. Hasenbank, CTM1 S. Golden, CTAC F. Pergeson, M. Joy\*

Front Row (1 to r): CTA2 P. Martin, Park Ranger R. Cifranic, PC2 D. Edwards, CTASN T. Faulkner

(Not Shown: EA3 J. Orr, K. Robinson)

(\*Trainers)

force and benefit from its experience. The volunteers stand by, ready and willing to go into action on the base whenever needed; their primary purpose and mission is to augment our civilian firefighters.

If you've ever thought about how you could contribute to a very worthwhile cause, and get some valuable training in the process, consider becoming a Volunteer Fire Department member. You won't regret it; it may be a life saving decision.



Learning how to remove minute man preconnected line.



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## A QUIET "GOODBYE"

by: HM1 R. Piragis

On 8 October 1987, Mrs. Hortense Hutchins had a small informal get-together with the clinic staff prior to her retirement. She requested a quiet departure with no fanfare, and so it was. Mrs. Hutchins started her employment at NSGA in October 1966 and has seen "many interesting people" (as she says) come and go during her career.

She will long be remembered for her kindness and generosity to the "boys and girls" at the clinic, treating them like her own--guiding, directing and assisting wherever needed. Her talents also extended outside the clinic to family, friends, and the community.



We will miss her dearly. We thank Mrs. Hutchins for her outstanding years of service and wish her, her husband Bill, and their family the BEST in retirement.

---

## GOOD CONDUCT MEDALS



Back row: (l to r) CTA2 P. Martin, Jr., CTCRS G. Dean, CTR1 A. Creditt, CTM1 S. Golden  
Front row: (l to r)  
MS2 S. Toothaker, CTM2 D. Reidel  
CTASN K. Maas



# NAVY FOR A

On 10 October, NSGA celebrated the Navy's 212th birthday at the Holiday Inn in Ellsworth. The Navy Day Ball Committee was comprised of members of the command's Petty Officers Association who coordinated efforts and ensured the ball was a splendid success. Featured at this year's celebration was the Navy Show Band, Northeastern, from NETC Newport. Captain Selby Jacobs, Deputy Commander, Naval Security Group Command was the guest speaker.



As expected, the event was a "sell out."



Chaplain Weis, SFC and Mrs. Helmick, and CAPT Bennett enjoy the festivities.



The buffet was delicious!



It's obvious. This table was ready to party.

# COMMON DEFENSE



CAPT Jacobs, Deputy COMNAVSECGRU, addresses the audience.



CTTSN Keating, youngest command member.



The outstanding Navy Show Band, Northeastern, entertained til 0030.



Dancin' in the aisles.

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# Departments, Divisions

## Classic Wizard Training

60Dept Wiz's



by: CTT1(NAC) R. Bansley

Let me first introduce myself as the new 60 Department "Acadian" representative--an extracurricular activity handed down from CTTC K. O'Donnell.

We welcome our new department head, LCDR Don DeCaria. He joins us from Arlington Hall, VA, where he was the Navy's liaison officer at the Army INSCOM. We are all looking forward to working with you, sir. And CTTC Robert Paul has just arrived from CINCPACFLT. He is now serving as Chief of 61 Division. Welcome Aboard to you both!

There are also a few farewells. CTMC Pardun departed for sunny Florida. His new duty station is NTTC Pensacola where I am sure he will miss the winters of Maine. Chief Pardun will be missed by everyone here.

Another class graduated on 4 November. The 87011 class graduates were released to the world, and on the 5th, the FBI was notified. Seriously folks, these individuals will be a welcome addition to the operational commands to which they are ordered. We wish them well.

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## AT THE DET

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by: CTI1(NAC) A. Godfrey

It's been a quiet month down here at NSGD Brunswick, but the big news is that CTI3 Steve Gordon married Karen Salmonson in Georgia on 17 October.

Chief Wilkes and his wife Pola entertained the whole command last month with a barbeque that just couldn't be beat. There was enough food to feed all of NSGA, and Pola says she was beginning to cluck from the leftover chicken. All enjoyed the day thoroughly.

Well, the long wait is over for the new CPO's, CTIC(NAC) McGee and CTIC(NAC) Schow, much to the relief of their families. They donned their khakis after a long and arduous "indoc-trination" period.

Commander Whiton was here last month to attend the NAS Brunswick change of command. While here, he officially advanced CTIC(NAC) McGee and CTI3 Gordon to their present rates and awarded CTI1(NAC) Godfrey the Navy Achievement Medal.



# ... and more

## 53 COMM-ENTARY

by: CTO2 C. Henfrey

Autumn turned our leaves to brilliant color and 53 Division's focus to football. While the big guys were on strike, the best place to see some good, hard-hitting, winning football was right here at Alvey Field. The OPS Gold team had seven 53ers on the roster, including the coach, CTO2 Norm Datko. Louie (Norm's real name!) has put together an outstanding team. The final standings may be seen in our Sports Section. The other 53 Division members on the team were:

CTO1 Randy Peacock	CTO2 Larry Foran
CTO2 Mark Henfrey	CTOSN Cubby Davis
CTOSN John Fleming	CTOSA Greg Medema

CTOSN John Fleming is burning up the pool table. He has won five out of six tournaments he has entered, including the Captain's Cup Tournament. Move over Minnesota Fats.

CWO3 Sutherlin is looking for some good competition on the racquetball court. Now that he isn't so new here maybe we can start showing him how good we are. Just be careful not to hit him with the ball. I've heard some rumors about lowered evals and challenging job assignments for people who, accidentally of course, have made this error. As I've said, these are just rumors, but...

In the Captain's Cup Shooting Tournament, held at NCU Cutler, CTO2 Larry Foran scored 231 points out of 300 in the pistol competition. This was good enough for 2nd place. Good job, Larry.

This month we said Farewell to two operators, CTO3 Tracy Huffman headed for Rota, Spain and CTOSN Rhoda Washington headed for VQ-1, Guam. We wish them Fair Winds and Following Seas.

Welcome Aboard to CTASN Karen Maas from the Admin Department. She has replaced CTA1 Leo Leamy, who is now in the Operations Office. We also welcome CTOSA Greg Medema, fresh from CTO "A" School, and CTOSR Amy Schmidt, who came to us from "A" School, via Streamliner "C" School. We hope you enjoy your tour here.

Three months ago I welcomed aboard CTO2 James Grady. Tragically, Jim was killed in an automobile accident on 5 September while travelling home to Lowell, Massachusetts. Jim came to us from COMSIXTHFLEET, via Tech Control School at Pensacola. We called him our "war hero" in reference to his 3 Navy Achievement Medals, a feat which few are able to achieve. In this article we bid a final and very sad farewell to a genuinely good person, a truly outstanding operator and sailor and a good friend to many of us. He has left an empty spot in 53 Division that cannot be filled. We wish he had been with us longer and that we could be saying a different type of farewell. Goodbye Jim, and we will miss you...



**TAKE A DAY OFF  
FROM SMOKING  
THURSDAY  
NOV. 19, 1987**

# ..... AND MORE

## 30 Department

### THE DRAGON SPEAKETH



by: CTM1 D. Remsburg

It's hard to believe fall is almost over. We've already had a few flakes of that white stuff fall on us. Sure does make one wonder where the time goes. Talk has swung around from fishing to hunting and I even overheard some hushed whispers about snow skiing! Winter clothes are being dug out from the closets and I see a lot of wood being cut for what is rumored will be a long, hard winter. Hope all of you are ready.

Looks like the Solomon household has received a new LPO recently. Rumor has it that she, Asa, is finally getting Mom and Dad in line with the new schedule. Congratulations to both of you.

On the arrivals and departures scene:

CTM3 Wilson arrived from Adak, AK. He is assigned to the 32 shop, while CTM3 Schubring from NTTC Corry is assigned to the 33 shop. Welcome Aboard the MATFORCE.

Farewells: CTM1 and CTM2 York to Guam; CTM2 McKinley to Adak; CTM2 Gates to COMSEVENTHFLT staff via school; and CTM2 Moore to Diego Garcia. Best of luck to you.

That's about all for this month. In the meantime,

Take care,  
Beware,  
Challenge the Dragon  
If you dare.



## REMEMBER TO VOTE

## From The PAO

by: CTACS T. Ferry

As I write this, 1988 is just around the corner. That means it's time to start thinking about exercising your RIGHT to vote for the people who will be spending your tax dollars. All states will be holding federal primaries, and as military members the vast majority of us will have to vote using a post card registration and absentee ballot. The whole process of filling out the registration/absentee ballot takes less than seven minutes. Contact your building Voting Petty Officer or the Command Voting Officer, CTACS Ted Ferry for more information and a ballot.

by: CW02 W. Moyer

Want to be famous? Get your name in lights? Stroll down Main Street, Bangor and be instantly recognized? Well, sorry I can't help you with any of these--maybe Robin Leach can--but consider the Hometown News Release (HTNR) Program. If you've just reported on board, been promoted, received an award, or reenlisted, you may complete a news release which will be sent to your hometown, via the Navy's News Center. It's easy--just stop by Admin and ask to see the Public Affairs Officer. We'll do the rest, and your accomplishment may be published in your local newspaper. And, who knows? Robin Leach just may be a subscriber!

# RECREATION DEPARTMENT

## EXPERIENCE YOUR LOCALE

## Captain's Cup

by: Rick Fredericks

## Mount Desert Island

by: Dave Hostetter

Enjoying and learning about the area around "home" is the theme of the Rec. Services program "Experience Your Locale." The inaugural voyage of this program took place last month and was very successful as sixteen of our Winter Harbor community visited a very beautiful Mount Desert Island on a terrific day!

Ports of call on the trip included the summit of Cadillac Mountain, the Abbe Museum of Indian Artifacts, the Wild Gardens of Acadia, the lovely town of Bar Harbor where we had lunch and roamed about, and the Mount Desert Oceanarium in Southwest Harbor. The high point of the trip for most of the participants was the Oceanarium, a museum where visitors are encouraged to use a "hands-on" approach in learning about the sea world here.

"Experience" trips are designed to enjoy resources close to Winter Harbor, thereby keeping travel time and cost to a minimum. We are also trying to choose a variety of activities and sights so that there is something for everyone. Rec. Services is looking forward to sponsoring more of these "Experience" trips. If you have an idea or port of call proposal, please feel free to contact Dave Hostetter at ext. 237.

### ONE-AND-ONE-HALF-MILE RUN

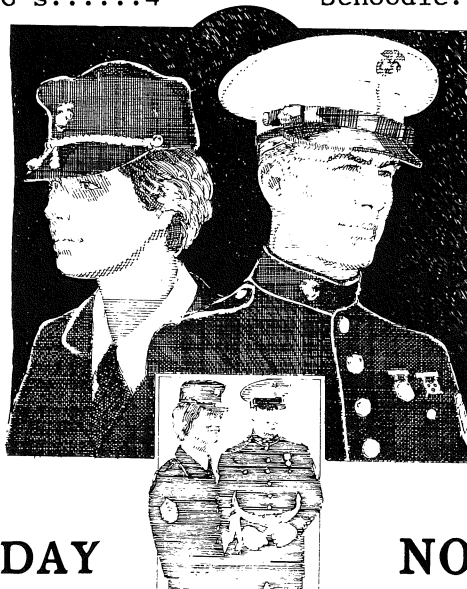
1. Snodgrass..8:56	17. Pergeson...11:38
2. Sandoval...9:44	17. Mansfield...11:38
3. Eberle....10:00	19. Salamy.....11:48
4. Thompson..10:16	20. Haskett....12:04
5. Horton....10:20	21. Haskett....12:06
6. Dean.....10:38	22. Barton.....12:16
7. Inman.....10:44	23. Mowdy.....12:18
8. Stevens...10:50	24. Ruby.....12:25
9. Pardun....10:54	25. DeCarra....12:36
10. Hamilton..10:56	25. Gigstead...12:36
11. Ashline...11:04	25. Dougherty..12:36
12. Sperry....11:05	28. Rogers.....12:41
13. White.....11:08	29. Manning....12:46
13. Kinton....11:08	29. Sandlin....12:46
15. Neilson...11:11	31. Schappert..13:13
16. Winslow...11:14	

### PLACE POINTS

Schoodic.....6  
60 Dept.....5  
O's&C's.....4

### PARTICIPATION POINTS

60 Dept.....19  
O's&C's.....9  
Schoodic.....3



VETERANS DAY

NOV 11

# BOWLING

## Early Bird Women's League

The two teams bowling and enjoying some morning fun are:

### #6 You Know?

Donna Young  
Kathy Perfetto  
Susan Sandlin  
Monique Whitlow

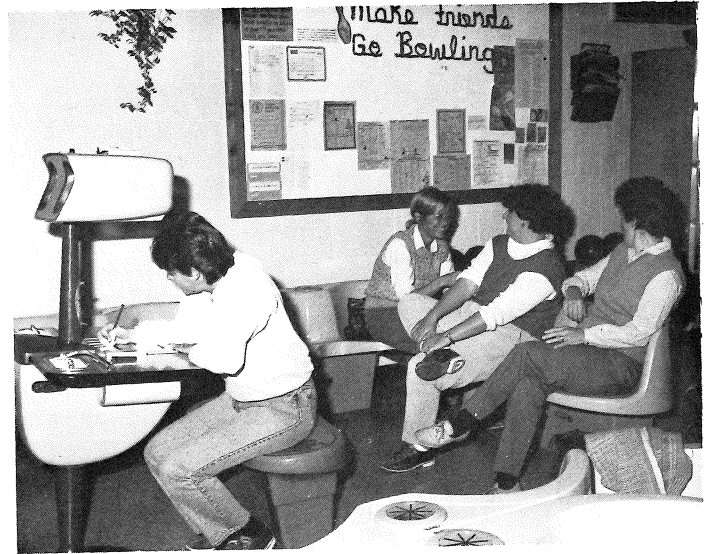
### #7 Foiled Again!

Judy Whiton  
Terri Cain  
Kathy Joyce  
Mike Shires

### TEAM STANDINGS

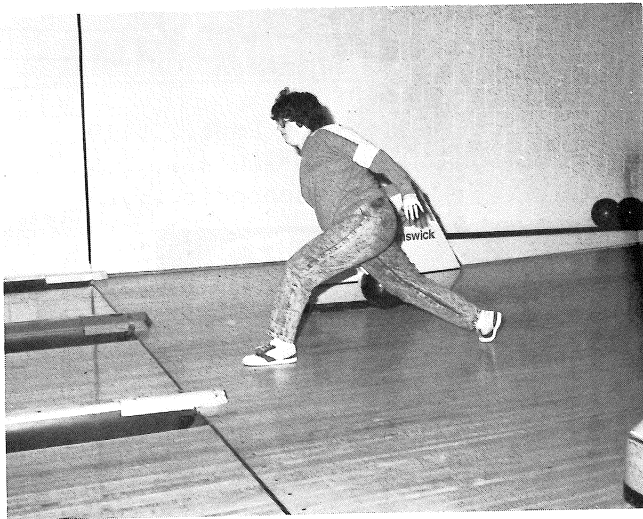
by: Colleen Stanley

1st.....#3.....Rusty Rollers  
2nd.....#4.....Bowling Bag Ladies  
3rd.....#5.....Alley Cats  
4th.....#2.....Tidy Bowlers  
5th.....#1.....Tennis, Anyone?  
6th.....#7.....Foiled Again!  
7th.....#8.....Two's Company  
8th.....#6.....You Know?

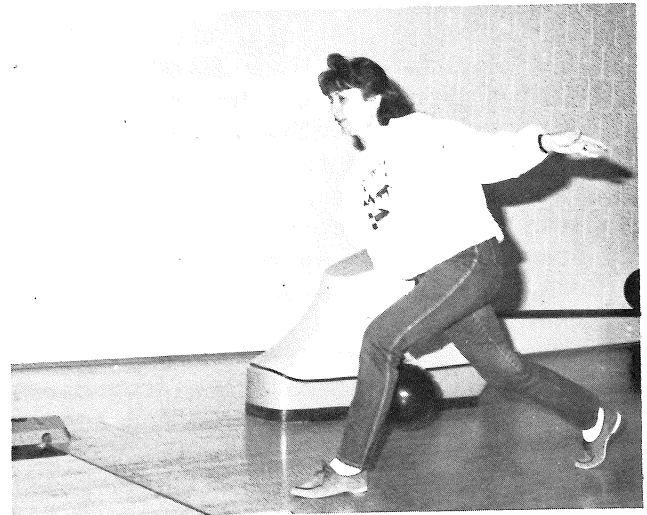


Susan Sandlin keeps the score, while Judy Whiton, Terri Cain and Kathy Joyce await their turn.

Meantime,



Donna Young



Kathy Perfetto

and

put their best foot forward to make a strike.

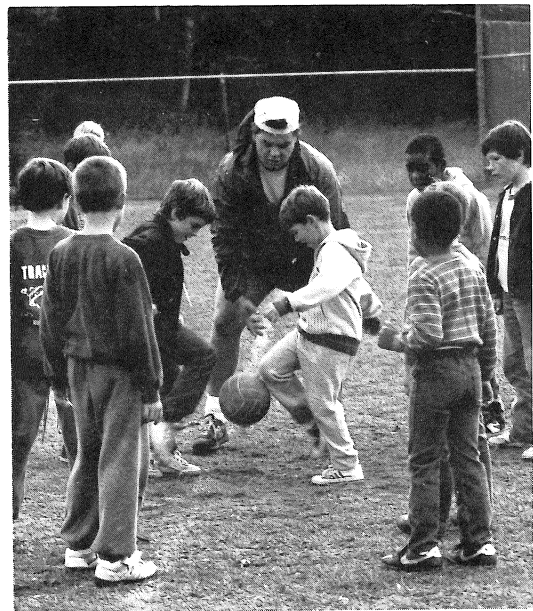
# YOUTH'S

## SOCCER PROGRAM

by: Kevin Reynolds



Jasmine Nielson learns to control the ball downfield.



Willey Seward and Trevor Cain face off on a drop ball at Alvey Field.

Recreation Services' Youth Program ran a four-week peewee soccer program for military dependents and children from local communities. During the program, the children learned a few of the basic skills, sportsmanship, and how to have a good time. The program was successful and plans are being made for the kids to enjoy other sports in our on-going "after school" program, for instance, tykes and peewee basketball.



Drew Bashaw has a pass intercepted by Roy Jacox.



Cary Willey strips the ball away from Roy Jacox on his goal attempt.

# CAPTAIN'S CUP

## FLAG FOOTBALL

### Regular Season

1. ---- OPS Blue ----- 5-0
2. ---- OPS Gold ----- 4-1
3. ---- Schoodic ----- 2-3
4. ---- 60 Students --- 2-3
5. ---- O's&C's ----- 1-4
6. ---- 60 Staff ----- 1-4

### TOURNAMENT

1. Schoodic
2. OPS Blue

(Schoodic defeated OPS Blue 16-6 in final game)



### CURRENT OVERALL STANDINGS

With One Sport (Basketball) Left

O's&C's .....	144
60 Dept .....	140
OPS Gold .....	98
Schoodic .....	93
OPS Blue .....	86
30 Dept .....	41

### WINTER HARBOR VARSITY FOOTBALL TEAM

Back row: (1 to r) CTT3 Young, CTT2 Countryman, CTO2 Foran, CTTSN Kampf, CTR2 Roberts, CTT1 Jacox, Dan Englund, CTT3 Gucik, CTT3 Terry, CTR2 Wilkes (Coach)  
Front row: (1 to r) CTTSA Crawford, MS3 Baines, CTRSN Turner, CTA3 Grzena, CTT1 Sperry, CTT3 Becker, CTT2 Walker, YN2(SW) Cobb

## Maine's Outdoors

by: CTT1(NAC) R. Bansley

Hi, everyone. This is a new column which deals with the opportunities afforded by the local outdoors. Hunting, fishing, hiking, and such will be covered. Different people throughout the command and local area will be approached to provide information of use to us all. There is a wealth of knowledge out there if we look for it. But let's face it, three years is not a lot of time to find out what's happening in the area. Would you like to know something about the upcoming deer season, or maybe which pond you should fish for togue and what they are hitting this winter? Or even what is a togue?

CTT1 Dan Wilhelm of 51 Division is looking to organize a sportsmen's group involving both command and local area people. This group would be specifically tailored towards the hunters, marksmen and fishermen. If you have any interest in seeing something like this get started, please contact Dan or me. We can also help answer any of your questions.

Hunting season is upon us. First and foremost, carrying a weapon demands attention to safety and ethics--whether you are a pro or a novice. It is always a good idea to reacquaint yourself with the basics of firearm safety. Remember, you are the one responsible for safety. And help your friends correct dangerous practices they might have picked up so you won't ever have to say "I should have."

# FIND YOUR WAY TO COMBAT CABIN FEVER

by: CTTC K. O'Donnell

Okay! The weather is getting colder and we're all starting to bite our fingernails wondering what we'll do for the next six months so we don't get cabin fever. Have I got news for you! There's plenty to do in Maine during the winter and I'm going to list a few ideas right here.

For you sports-minded people, Rec. Services will set you on track with all kinds of activities in the snow. First off, there's snow-skiing (both downhill and cross-country). I happen to be an avid cross-country skier and can attest that if you rent skis from Rec. Services and go skiing at Acadia National Park (miles and miles of trails you can use free of charge), it'll cost you less than five dollars. If you want to travel further and do some downhill skiing, there's the Carrabassett Valley just west of Skowhegan, about three hours drive from here. There you'll find some of the best skiing that Maine has to offer. Rec. Services often sponsors skiing trips to this area.

In addition, there's hiking, ice fishing, tobogganing, and the ever popular, friendly snowball fights.

Right! What if you're not the sports-minded type? Well, we haven't forgotten about you!

Rec. Services offers the Auto Hobby Shop, Ceramics Shop, and Wood Hobby for those who have a creative streak and want to work with their hands to while away the hours. On occasion, the people who run these places give lessons on various subjects.

So, you say you want to get off base for awhile? Maine is just waiting with things for you to do.



If you like the concert scene, there are plenty of concerts in Bangor, Augusta, and Portland. Just check the local newspaper for all the particulars. Usually, the area offers music for all tastes--rock, country and classical. There are also plays and musicals offered by local high schools, acting companies, and area colleges. University of Maine offers a wide variety of entertainment throughout the winter so keep your eyes and ears open for dates and times.

If all you want to do is get away, take a trip to Portland for some great shopping and dining. Right off exit 7 of the Turnpike is the Maine Mall where most of Maine shops and eats. Closer to home is the Bangor Mall which has several major department stores and some good eating places. There's also a cinema center right next door if you want to catch a movie.

So, there you have it. No more excuses for nothing to do this winter. Open your eyes and get out of the BEQ or your house. There's a lot to do out there. Just take a look.

# SAFETY SENSE

by: Harry Voss



It's that time of year again, when folks want to take off now and then for the woods in search of the great trophy. It's hunting season and that means guns, usually loaded (they won't stop a trophy if they aren't). It also means increased danger from gunshot wounds, hunting accidents and hunters getting lost in the woods.

"I didn't know it was loaded." "We were only going out for the day and the weather was supposed to be nice." "I've never been lost in the woods at home before." These are all just thoughtless answers after the fact.

Every gun should be treated as if it were loaded and the hammer cocked. Watch where the muzzle is pointing and don't let it point at anything you wouldn't want to shoot. Keep the barrel and action clear of obstructions, after all it may not work when that trophy appears if it hasn't been properly cared for. Keep your gun in secure storage and unloaded when it isn't in use, so it can't fall over and the "younger hunters" can't reach it.

When you do go out into the woods, let someone know where you plan to be. Don't travel alone, especially in rough terrain. Take extra food and supplies

(enough for several days) even on those short trips in case a snowstorm or something unexpected extends the trip for you. Always take those basic survival items on every trip. Make sure you're familiar with the "lay of the land" and any landmarks that may serve as a reference point so you won't get lost.

When that big moment does arrive, don't panic, relax and look around, take the time to be sure of your target. Be certain you can see what you think you see; don't shoot without a clear shot. Look around the target. What will you shoot if you miss that trophy? Flat rocks will cause a bullet to ricochet and who knows where it may stop? Houses in the background or nearby roadways may result in an unwanted hunting accident instead of a prize.

Last, but by no means least, don't even allow alcoholic beverages in your camp site. Statistics have shown that even that hangover the next day can be as bad as being high; it will affect your aim as well as your ability to identify the trophy you have spent so much time and effort to bag.

Have a safe hunting season and a "Happy Thanksgiving."

## ARE YOUR SEATBELTS BUCKLED?

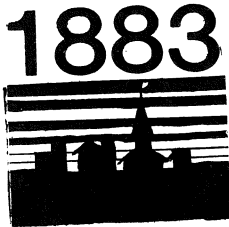
The driver of this truck found the room-to-live was between his seatbelt and the seat. As you can see, it wasn't much, but it was enough. The driver walked away from this accident and sustained no injuries or loss of work. So buckle up before you leave, because you won't have the time to buckle up when you need to.





caring and serving since

# COMMUNITY HEALTH & COUNSELING SERVICES



Community Health and Counseling Services (CHCS) provides a variety of physical and mental services within Penobscot, Piscataquis, Hancock, and Washington Counties and to the towns of Winterport and Frankfort in Waldo County. Their services are community-oriented with offices conveniently located throughout the area, and some services may be provided right in the home.

CHCS employs many staff members, each thoroughly trained to provide quality

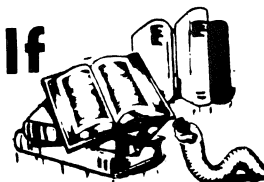
physical health or mental service. Its professionals are legally qualified to be practicing through licensure, registration, or certification. They bring years of experience or training to their work and are supervised by legally qualified staff.

Community Health and Counseling is open Monday through Friday from 0830 to 1700. There are also some services available in the evening. If you need services in the evening, check with a local office for the availability of evening hours in your area. You can check by calling 667-5357 or 667-3626 in Ellsworth.

Family Resource Centers provide adult, child and family services for people who wish to improve their abilities to deal effectively with today's personal or family problems.

## LIBRARY'S LATEST

## The Book Shelf



### NON-FICTION

- 612 Body Victorious
- 641.5 In Madeleine's Kitchen
- 921 In Pursuit of Reason
- 359 Jane's Naval Review
- 539 Man-Made Sun
- 343 Manual for Courts Martial,  
U.S. 1984
- 974 Old Hundredth
- 391 Tattoo
- 959.7 U.S. Marines in Vietnam
- 001.4 Using Charts and Graphs
- 641.5 15 Minute Vegetarian Gourmet

### FICTION

- Buechner, F. Brendan
- Wouk The Caine Mutiny
- Curtis, J. Crow's Parliament
- Lem, S. Fiasco
- Quammen, D. Soul of Victor Tronko
- Bryant, W. Time for Heroes
- Carr, T. Universe 17
- Schiff, D. Whispers VI

GOING OUTDOORS LESS NOW?

COME VISIT YOUR LIBRARY.

READ - LEARN - STUDY - CONTEMPLATE

# BRIEFLY...

## NEW ARRIVALS

	<u>From</u>
CTRSN C. L. Devreese	Pensacola, FL
CTOSR A. Schmidt	NTTC GOODFELLOW
CTASR L. Gill	Pensacola, FL
LT D. Beard & Family	Adak, AK
LCDR D. Decaria & Family	Washington, DC
CTT3 F. Velez	Edzell, Scotland
DM1 F. Webb & Family	USS KITTY HAWK
CTRSA D. Finnerty & Wife	Pensacola, FL
SKSR D. Autin & Family	Meridian, MS
CTTC R. Paul & Family	Pearl Harbor, HI
CTAC K. Hagen & Family	Naples, Italy

WELCOME ABOARD!

## NAVY ACHIEVEMENT MEDAL

CTACS E. M. Ferry  
CTM1 R. J. Kinison

## SAILOR OF THE QUARTER

CTM1 Donald S. Parsons

## MASTER TRAINING SPECIALIST

CTMC J. W. Ashline

## JUNIOR SAILOR OF THE QUARTER

HM3 Mark A. Towle

## FROCKED TO SECOND CLASS

CTT3 F. Velez

CTT3 J. Bogard

## ADVANCEMENTS

CTTSN B. Ruby  
CTTSN G. Madrigal, Jr.  
CTTSN T. Jackowski  
CTTSN S. Karman

CTTSN L. Eberle  
CTTSN M. Horton  
CTTSN C. Nicosia  
CTTSN E. Oakes

## REENLISTMENTS

	<u>Years</u>
CTM1 M. York	4
CTA3 K. Anthony	6
SK2 D. Urap	3

WELCOME BACK!

## GOOD CONDUCT MEDAL

CTT2 M. Countryman  
CTRCM R. Perfetto  
CTMC D. Ihle  
CTMC D. Gigstead  
CTM1 S. Golden  
MS2 S. Toothaker  
CTA2 P. Martin, Jr.  
CTASN K. Maas  
CTRCS G. Dean  
CTM2 D. Reidel  
CTM1 A. Creditt  
CTM1 S. Nielsen  
CTM3 J. Curtis

## ON THE BACK COVER

A toast to the Navy's b'day  
at the Navy Day Ball.

