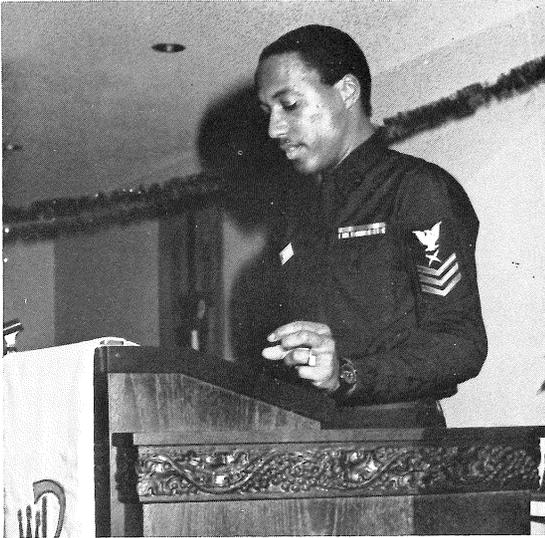


# ACADIAN



VOLUME XLVI

JANUARY - FEBRUARY 1988



REVEREND DR. MARTIN LUTHER KING, Jr.

Remembered





## EDITOR'S

### NOTE

## THE ACADIAN STAFF

by: Jeannette Glosser

We're now well into winter, one of Down East Maine's most beautiful seasons. It can be scenic and awesome, but treacherous; icy roads and blizzard-like conditions from wind, sleet and snow can make it the latter.

Yet, winter is also smoke pouring from a chimney on a cold frosty morning; sea "smoke" forming ice crystals on the trees down to the last limb or needle, making boats in the bay appear ghostly while making bays look like steaming kettles; colorful skies and clouds in the dawn and dusk; nights so crisp and clear that a full moon lights up the sky and earth; seeing a doe with her fawns run across the road; great clumps of ice laying on the beach formed by the tide; and the snow which can transform the trees, roads, terrain, a fence, or even a small path into a winter wonderland.

One has to brave the cold to enjoy winter to its utmost. This can be done by joining in winter sports or by simply taking a walk. So, bundle up and get out--see some of the sights of winter. When you come home, put your feet up by the fire and sip a hot drink--a warm comfortable feeling that's also part of winter.

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Published monthly at the Naval Security Group Activity, Winter Harbor, Maine, in accordance with NAVEXOS P-35 and financed from appropriated funds. All opinions expressed are those of the writer and do not necessarily reflect those of the Navy Department or this command. This publication receives the services of the American Forces Press Service (AFPS) and the Navy Editor Service (NES).

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## On The Covers

Front Cover: NSGA remembers and honors Reverend Martin Luther King, Jr. with a service at the chapel.

Back Cover: Corea Harbor, one of the most picturesque harbors in Maine, is dressed in winter's trim.

# THE COMMANDING OFFICER'S TURN

**Commander W. Whiton**

There was a lot of good news at the end of the year. For those of you who may have missed some during the holiday months, let me recap.

Winning the GOLD ANCHOR for our retention program sure started the holiday season off right. EACH AND EVERYONE OF YOU in the Downeast Navy family is a key player. By making this such an exciting, fun place to work and play, YOU ARE THE FOUNDATION OF THE RETENTION EFFORT.

Hadn't gotten off the phone from getting the good news about OUR anchor, when I was handed a message saying the galley was COMNAVSECGRU's nominee for the prestigious Ney competition. It's great those outside the command share our high opinion of the super job Senior Chief Rivers and his people do.

It was also good news that the NAVOSH reinspection went so well. The debrief was positively glowing. Thanks to all of you who gave Harry Voss a hand and made safety a high priority, all hands evolution.

Speaking of all hands efforts, we made excellent progress on security last year. But we can do better and we must. People are fond of saying nothing is perfect. When it comes to security, anything less is UNSAT.

While on excellence, did you know a record number of classic wizard students attained honors last year? This attests not only to the high caliber of the students, but also the dedication of a superb staff. Improving Wizard training even more is Navy's number one cryptologic training priority. We have greatly increased our role by taking on new, exciting curriculum development responsibilities. Carrying off this major challenge is our number one priority for 1988.



Last year's successes directly reflect how well you accomplished our 1987 goals of improving safety, security, retention, job performance, training, both in the work center and the schoolhouse, involvement and fitness. They remain the goals for 1988. But remember, it's sometimes easier to improve than to stay on top---witness the football Giants (and I hope the basketball Lakers). Each department has its own objectives tailored to support these goals. Do you know what your department's are? Your division's? You should. If you don't, ask.

And by the way, what are your personal goals? Do you have a couple? Will you achieve them?

P.S. VOTE! Take the time to find out how your elected representatives supported your views last year. Then send them a message on election day. Voting is a precious right that is worthless if you do not use it.

**88'S GONNA BE GREAT!**

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# FROM THE COMMAND MASTER CHIEF

C/MC R. Perfetto

SIMPLY GOOD

It has recently been that time of year when commands throughout the Navy start going through the motions of selecting their Sailor of the Year. The methods of selection vary from command to command, but the ultimate goal is the same: Selection of a single person who best personifies what is expected in a truly GOOD SAILOR.

GOOD SAILORS are dependable in all aspects of their professional duties, militarily and technically. GOOD SAILORS are competent, exuding confidence in everything they do. GOOD SAILORS keep themselves informed and are well read; therefore, know exactly where they stand in the command and why. GOOD SAILORS are honest and objective when dealing with people they work for or with. Finally, GOOD SAILORS look good in uniform, demonstrating pride in themselves along with their professionalism.

Participating on a board which takes



part in the selection process is truly a good and pleasurable experience. Reading about the individual accomplishments in the nomination packages, and then interviewing these good people can cause one to swell with pride just from knowing you're on the same team. Even knowing you will only be able to select one person from all the fine candidates cannot dampen the pleasure of this total event. There are no losers in this competition--only winners.

How does one become a contender for Sailor of the Year? Simple, just be a GOOD SAILOR.

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## TAKING CARE OF OUR OWN

by: CWO4 G. Shaw

On a bitter cold day last month, we experienced an extreme power outage which affected Schoodic Family Housing, the BOQ, the Schooner Club and MWR trailers. Public Works immediately went to work to isolate the cause of the outage ultimately determined to be a broken underground power cable. Bangor-Hydro Power Company was notified and requested to assist.

Because we were uncertain as to how long families would be without electricity and heat, several actions were needed. Departments were notified to support their affected persons in case families living on board Schoodic had to be relocated. The gym was converted to accommodate families needing shelter. The galley was put on "alert" to prepare

additional meals. Many families who were not affected took in families who were.

In the end, few of these extreme actions were required. Fortunately, Bangor-Hydro responded quickly and with state-of-the-art equipment, located the break in the cable. They worked under difficult conditions including frozen ground, high winds and extreme cold.

The Public Works Department would like to thank all Schoodic Housing families for their patience and understanding during this lapse, and would like to express its sincere appreciation to the galley, MWR, and duty personnel for their valued assistance. And to the volunteers who stood by ready to berth shipmates and their families, we salute you! The old saying, "The Navy takes care of its own," is alive and well in Winter Harbor.

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# THE COMMAND CAREER COUNSELOR

CTAC K. HAGEN

## GUARD III

The Guaranteed Assignment Retention Detailing Program (GUARD III) provides for two guaranteed assignments during an individual's career. The first is to be used on the initial reenlistment while the second may be used at anytime up to the beginning of the 25th year of service. Guard III encourages direct communication between eligible personnel and their detailers.

The eligibility requirements for GUARD III are:

..Must not be under orders for PCS transfer at time of application.

..Be within six months of EAOS. Personnel may reenlist prior to any signed extension agreement of 24 months or less. However, in doing so, the person must agree to reenlist for a period equal to the unexecuted extension plus four years, up to a maximum total of six years. Unexecuted extensions of six months or less may be disregarded.

..Be eligible for duty requested in accordance with SEA/Shore or OUTUS/CONUS rotation pattern.

..Have a consistent record of above average performance or demonstrate a trend toward improved performance. Evaluation marks must be 3.4 for E4 and below, 3.6 for E5-E6 and 3.8 for E7-E8-E9 on the last two regular evaluations. In special cases, waivers may be granted.

..Be recommended for reenlistment by the Commanding Officer or Officer-in-Charge.

..Personnel whose rating is in CREO groups D or E, who are approved for reenlistment in their present rating will be eligible under GUARD III.



Due to lead-time requirements for providing personnel reliefs, the following limitations are imposed on the GUARD III Program:

..Personnel reenlisting for a GUARD incentive prior to a signed extension becoming operative or prior to tour completion must have completed the specified activity tour - Type 1, 2 and 5 - or the DOD area tour - Type 3, 4 and 6. Personnel meeting these requirements will receive a GUARD assignment with a transfer date between five and seven months in the future after receipt of the request.

GUARD III reenlistment incentive assignments are intended to be made for transfer at PRD equal to EAOS prior to an extension becoming operative. As an exception, first term personnel may elect reenlistment under GUARD III between four and six months prior to completion of Prescribed Sea Tour (PST) for transfer at completion of PST.

For more eligibility requirements and benefits, see your department/division career or command career counselor.

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### **Worth Repeating**

**"Minds are like  
parachutes: they only  
function when open."**

**—Thomas Robert Dewar,  
distiller and raconteur**

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# the CHAPLAIN'S NEWS

Chaplain J. Weis

As we begin to write an "8" instead of a "7" on our checks and letters to indicate the new year, I am reminded there are other things all of us need to be just as conscious about. For, putting the right date on a check is not as important as having a proper language and attitude. I am speaking of language which steers us away from particularism that demeans persons, excludes and gives us a biased view of life. Racial, sexist, religious, and language which singles out one's physical or social condition are also examples of particularistic speech.

But speech need not be only words; it can be expressed in other ways. We seldom see such signs as "Whites only" today, but public marches by racist groups still take place.



## Looking At Things Anew

A few years ago, our country took a bold step. We created a new national (not regional) holiday. It preserved the memory and accomplishments of a black man, Martin Luther King, Jr., as a person who dramatically raised the consciousness of the human race to a higher level of civility. In his person, he speaks not only for the dignity that has for so long been denied blacks, but for all groups of persons relegated to inferior status.

On 15 January 1988 at the Chapel we, as the Navy family of Winter Harbor, came to rededicate ourselves to the universal principal of liberty and justice for all.



## A HELPING HAND

Navy wives baked and sold cookies to help raise money for a needy neighbor.

# CIVILIAN SPOTLIGHT

This month the spotlight is on Kevin Barbee, an engineer with the Resident Office in Charge of Construction (ROICC) Office collocated with the Public Works Department. Kevin, a Harrington native, graduated from University of Maine at Orono with a BS in Mechanical Engineering Technology. During the summer before his final year at UMO, he was an Engineering Aid in the same ROICC office here at NSGAWH. He began full time government service in the same office as a construction inspector in September 1982. He was promoted to mechanical engineer in 1985.

Kevin has successfully completed dozens of courses with Naval Facilities Engineering Command in construction design and contracting to help him deal with the base and contractors. He oversees construction through field inspections, identifying and resolving problems as quickly as possible. He is also responsible for associated documentation.

In addition to the field work and technical aspects of the job, Kevin is equally proficient in maintaining good public relations. He successfully maintains solid working relationships with all contractors whether they be heavy construction outfits or glass installers, carpet layers or janitorial contractors. According to LT Walbert, NSGA's Public Works Officer, "Kevin has just the right combination of technical knowledge and the ability to successfully deal with contractors and Northern Division (Engineering Command) Representatives. He manages to keep things running smoothly, and in this

business that can sometimes be especially difficult."

Kevin was tested under fire for over a year as he ran the office, performing engineering, inspection and most of the contracting paper work in what is now a four-person office.

His responsibilities also include construction at Naval Communications Unit Cutler as well as the Naval Reserve Center in Bangor and the Defense Fuel Support Point in Searsport.

Kevin enjoys hunting, working on his home in Cherryfield, and spending time with his wife Pam and three children. Maintaining his interest in sports from Narraguagus High School days, Kevin plays basketball in several communities. Weeknights he is often at high school basketball games throughout Washington County where he has been an official referee for the past three years. Last fall he also became an official soccer referee. Kevin admits there are many similarities between refereeing a game and overseeing the completion of a contract: "In both, I have to make sure no one tries to get by with anything extra--just get them to play by the rules, be as fair as I can, yet still keep everyone happy." Kevin probably has better luck keeping contractors satisfied than the losing team's fans in a basketball game.



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## GALLEY NOMINATED FOR EXCELLENCE IN FOOD SERVICE

The Naval Security Group Activity, Winter Harbor Galley recently was selected to represent the Naval Security Group in the Ney Memorial Awards competition.

The Ney award recognizes Navy general messes for outstanding food service and overall management. The competition involves several phases. During Phases 1 and 2, cognizant commanders (in our case, COMNAVSECGRU) evaluate and select the most outstanding messes within their jurisdiction. Selection is usually based on the outcome of a two-day Food Service inspection. (We had ours in November.) In Phase 3, messes selected to compete submit a nomination package to the Navy Food Service Systems Office (NAVSSO). This package consists of the results of the Food Service inspection, photographs of the galley, a station history, and menus currently in use. (We just completed Phase 3.) During Phase 4, nominated messes are again visited--this time by a representative of the Ney Memorial Awards Committee. The visit will include an independent evaluation which will assist the committee in determining the finalists during Phase 5. Finalists are announced by the Secretary of the Navy during Phase 6,



The Galley Staff: Standing (1 to r) MS2 K. Foran, MS2 G. Saunders, MSCS D. Rivers MS1 F. Daddario, MS2 D. Emerson, MS3 R. Baines, MS2 D. Tripp, MS1 R. Timperio Seated (1 to r) SN T. Vogel, CTTSN L. Austin, Mary Myrick, Sara Farmer. Not shown: MS3 M. Gaines and LT S. Cain

and Phase 7 will have the Ney Memorial Awards finalists evaluation team on board for a one-day visit. The final phase will be the selection of the first, second and third place winners in each competitive category, and the announcement of results. The competitive cycle lasts about nine months; the winners are selected in June.

Congratulations to Lieutenant Cain, Senior Chief Rivers and the Food Service crew for a job well done. Wish them well on the remainder of the competition.

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## GOING FOR THE GOLD

by: CTAC K. Hagen

The Naval Security Group Activity, Winter Harbor recently won the Commander, Naval Security Group Command Gold Anchor Award for retention excellence for FY 87.

The Gold Anchor is awarded to the command that has demonstrated innovative retention programs, instituted new initiatives, and maintained above average retention and advancement statistics. This command finished first in retention, second in advancement and first in new initiatives.

This distinction cannot be attributed to just a few individuals, but must be attributed to all members of the command. To paraphrase the Commanding Officer's

words in our submission, "Key ingredients in our success were a strong, responsive chain-of-command; honesty; accountability; frank communications; aggressive pursuit of our peoples' personal interests (education, advancement, child care and quality of life issues) and most importantly a terrific grass roots retention organization." Retention is only one element of this award competition. What we do as a command to set a positive tone and climate is the key to winning.

Congratulations to each member of the command for their contribution toward our first ever Gold Anchor award. However, we cannot rest on our laurels; the old adage "If it works, don't fix it" doesn't apply to retention. We have many areas that we can improve and through your positive suggestions, we can repeat as the Gold Anchor Winner.

# PSD'S SAILOR OF THE YEAR

by: PNCM D. Parkison

Congratulations to PN1 Rhoda B. Englund, PSD Activity New London Sailor of the Year. Rhoda was selected as Personnel Support Detachment Winter Harbor Sailor of the Year and therefore competed for PSA New London, CT Network Sailor of the Year. Competition consisted of nominees from the eight Personnel Support Detachments assigned to PSA New London, Connecticut.

PN1 Englund was born in Boblingen, Germany and moved to the United States in March 1961. She became a naturalized United States citizen in November 1973. Originally from California, she moved to the Bangor area in 1979. Rhoda joined the Navy 11 June 1979 and completed recruit training at Orlando, Florida. Her first challenge in the Navy was her assignment to Fleet Training Group, San Diego, California performing duties as Bowhook and Coxswain on utility boats and OMB's. Her outstanding performance gained her the promotion to Coxswain of the Commodore's gig. While assigned to Fleet Training Group, she received the Coast Guard Meritorious Unit Commendation.

Rhoda was selected for PN3 and in June 1981 transferred to Personnel Support Detachment Naval Station, San Diego, California. Assigned to the Data Systems Section, she was responsible for upkeep of the Computer Automated Data Operations (CADO) Data Base for 5000 staff and student personnel. She was an outstanding performer. Rhoda was promoted to PN2 in June 1983, and then used her Guard III for orders to Rota, Spain. At Rota, she was assigned as Leading Petty Officer of the Customer Service Section and subsequently as CADO master operator. She displayed superb organizational and managerial skills in both assignments, and received a letter of appreciation from the OIC PSD Sigonella for support when their system "crashed." She was advanced to her present rate 16 July 1986. Rhoda received the Navy and Marine Corps



Overseas Service Ribbon with two stars for her tour at Rota, Spain.

Rhoda transferred to PERSUPPDET Winter Harbor, Maine October 1986. She is the military personnel supervisor responsible for all functions of the personnel office. Rhoda is best described as an achiever. She is not satisfied with routine job assignments; she demands more. Rhoda is PSD Drug and Alcohol Program Advisor and is currently assisting the Naval Security Group Activity in DAPA counseling. She volunteered and was then selected to be a member of the Command Assessor Team. Rhoda strongly promotes the Physical Readiness Program, receiving an outstanding on the last PRT. In support of the Command Health Fair, Rhoda volunteered to set up a booth on smoking cessation at the last Lobster Fest. Rhoda has taken several off duty college courses and completed a 6-month correspondence course on health and physical fitness.

Rhoda is married to Carl "Dan" Englund, who works at the base commissary store and can be heard on Radio WDEA, AM 1370 weekdays.

Rhoda enjoys reading, making ceramics, exercising and hiking. Her goal is to receive a Masters Degree in Physical Education, and teach at a major university or corporation.

# PLACES DOWN EAST

## U.S. Bells

by: Jeannette Glosser

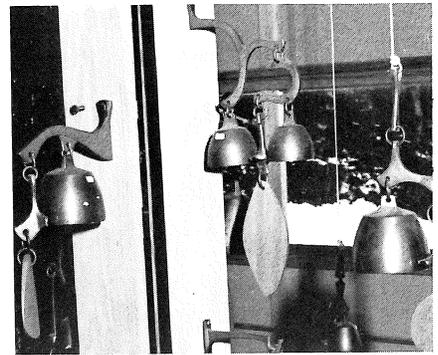
Among the many interesting places Down East, "U.S. Bells" is indeed an intriguing one to visit. Nestled in the trees off Route 186 in Prospect Harbor are the buildings where bronze bells with clear distinct tones are created.

The man responsible for their designs and their manufacturing process is Richard "Dick" Fisher. As he describes the procedure for the bells' creation, one can readily tell he's a man who loves his work.

Originally from Massachusetts, Dick visited foundries to learn the art of molding and casting. He and his wife Cindy arrived in Maine 15 years ago and started the business. Cindy helped at first, but as the business grew so did their family. They have four sons-- Matthew, 6; Adam, 8; Tim, 11; and Josh, 13. Eventually they had to hire helpers. At present they employ three--David Jordan, John Temple, and Alan Church.



Dick Fischer begins processing the bells by shaping wooden forms on a lathe.



The bells are handcrafted in the foundry through a process known as sand casting. Patterns resembling the finished piece are designed and turned from wood on a lathe or carved freehand by Fisher. An impression is taken in sand mixed with a little water and clay and the molten bronze--an alloy of tin and copper--is poured into the mold cavity to produce the casting. The flame of the furnace, 2200 degrees F, is a fascinating sight; it is capped off with about three inches of a green-colored flame at the top with yellow and orange below; the pots and ladles that hold the molten bronze glow a bright red against the darkness of the furnace room. The casting is then placed in a rubber lined tumbler with metal pellets that grind and clean. Then patina is applied to give the bells their finished appearance.

At "U.S. Bells," you will find garden bells, doorbells, wind bells, tea bells and ship's bells. They ring with a strong and pure tone unique only to bronze. The smaller the bell, the higher the pitch. Round bells cast with a good bronze alloy will ring with clear, sustained tone. The tone is more unpredictable in irregularly shaped bells or those fabricated from sheet metal.

Dick Fisher now furnishes bells to craft shops and galleries throughout the United States. He will also sell them retail upon request. The sound of "U.S. Bells" is now attracting much attention to this small foundry in Prospect Harbor.

# AWARDS

## Good Conduct



(1 to r) Back row: CTM2 J. Curtis,  
CTM3 J. Spencer, CTT3 L. Erwin.  
Front row: CTT1 E. Bischoff, CTO2  
P. Civita, CTMCM M. Kaszubinski



(1 to r) Back row: CTT2 R. Walker, Jr.,  
CTM2 K. Stites, CTM2 M. Anderson,  
CTM2 D. Kinter. Front row: CTM2 D.  
Reidel, CTM2 G. Davis, CTO2 D. Graham

TO E-6

## Advancements

TO E-5

TO E-4



(1 to r) Back row: CTM3 D. Arnold,  
CTT3 T. Krebs, MS3 B. Emerson  
Front row: CTM3 R. Allen, CTT3 C.  
Marks, HM3 M. Towle



(1 to r) Back row: CTTSN E. Beeman,  
CTTSN D. Dickey, CTTSN G. Cason,  
CTASN J. Zarek. Front row: CTTSN C.  
Mowdy, CTTSN J. Franks, CTASN K. Maas

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# Come See What's Happening At The Auto/Wood Hobby Shop

by: CTM1 D. Remsburg

Have you been to the Auto/Wood Hobby Shop lately? We have added a lot to it in the past two years. No need to crawl under your vehicle in the dirt and cold while changing your oil when you can raise it up on a hoist in a comfortably warm garage! When working on your favorite wood project, wouldn't you rather work in this same warm place?

The Auto Shop is fully equipped to do tune-ups, tire mounting and balancing, lube and oil changes, not to mention a number of other minor auto repairs and maintenance.

The wood shop has most everything you



need to build any wood project, including plans. There is also a variety of pine board and plywood for sale to save you time and trouble of getting your own.

Next time you have to crawl under your car or have a wood project you want to build, bring them over to the Auto/Wood Hobby Shop. These shops are not only convenient but are money savers too.

Classes are also offered at the shop located across from the fire house. We are open from 1700-2100 Tuesday through Friday and 0900-1600 on Saturday and Sunday. Take advantage of your facilities! Hope to see you there.

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## The Willingness To Change

Written on the tomb of an Anglican Bishop (1100 A.D.) in the Crypts of Westminster Abbey:

"When I was young and free and my imagination had no limits, I dreamed of changing the world.

As I grew older and wiser, I discovered the world would not change, so I shortened my sights somewhat and decided to change only my country.

But it too seemed immovable.

As I grew into my twilight years, in one last desperate attempt, I settled for changing only my family, those closest to me, but alas, they would have none of it.

And now as I lay on my deathbed, I suddenly realize:

If I had only changed myself first, then by example I might have changed my family.

From their inspiration and encouragement I would then have been able to better my country and who knows,

I may have even changed the world."

# FEBRUARY, MONTH OF BLACK HISTORY

by: CTAC L. Barrows

American Blacks have served in the military and fought for this country throughout its history.

In the American Revolution (1775-1783), there were Black "Minutemen" at Lexington and Concord. There were the all-Black Rhode Island Battalion, Boston Company, and Connecticut "Colonials" Company, as well as integrated units in Washington's Army. Out of 300,000 total strength, 5,000 Black soldiers in the Colonial Army received honors and praise for their service.

Ten to twenty percent of all Navy crews were Black in the War of 1812 (1812-1815). During the Civil War (1860-1865), there were 30,000 Black seamen, and 37,000 Blacks serving in the Armed Forces (35 percent of all Blacks in combat) died for liberty; there were 23 Medal of Honor winners.

In the Indian Campaigns (1866-1890) the all Black 9th and 10th Cavalry, 24th and 25th Infantry Regiments served in Western outposts. Black "Buffalo Soldiers" earned 18 Medals of Honor.

The Spanish American War (1898), saw 22 Black sailors die in the sinking of the battleship MAINE and there were six Black Medal of Honor winners.

In the Twentieth Century, during World War I (1914-1918), Eugene J. Bullard, flying for the French Foreign Legion, became known as the "Black Swallow," and was recognized as a distinguished combat fighter pilot. There were 170 Black winners of the French Legion of Honor. Then came World War II (1941-1945) when two Navy ships' crews were all-Black; 150,000 Black sailors served. Trained pilots from Hampton Institute and elsewhere led 145,000 Blacks in the Army Air Force (AAF).

It was not until 26 July 1948 when President Harry Truman issued Executive Order 9981 to desegregate the Armed Forces.



In the Korean Conflict (1950-1953), Ensign Jesse L. Brown was the first Black Naval aviator, and LT Frederick C. Branch was the first Black Marine officer. There were two Black Medal of Honor winners during this time.

In the Vietnam Era (1960-1973), sixteen percent of all draftees were Blacks, and there were 20 Medal of Honor winners.

Black women served our country in military service too. For example, Susie King Taylor volunteered as a nurse during the Civil War; and Harriet Tubman, who conducted 19 trips into Confederate territory freeing nearly 300 slaves, served as a spy and scout for the Union Army. There were 32 Black nurses in the Spanish-American War. Eighteen National Association of Colored Graduate Nurses (NACGN) were accepted into the Army Nurse Corps in World War I. Black women also served in the Women's Army Auxiliary Corps (WAAC) during World War II.

Contributions by Black Americans have been significant indeed.

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# PRESENTING THE SAILOR OF THE



by: CTTC K. O'Donnell

Congratulations to CTM1 Wade C. Hill, selected as NSGA Winter Harbor's Sailor of the Quarter for October-December 1987.

Petty Officer Hill joined the Navy in June 1968 and attended Basic Training at San Diego. After completing Basic Electronics and Electricity School and RM "A" and "C" schools, he deployed in USS ORISKANY (CVA-34) in the Gulf of Tonkin. After three WESTPAC tours, Petty Officer Hill left the Navy and affiliated with the Reserves while also attending college.

By 1977, Petty Officer Hill felt his civilian job was no longer career enhancing so he re-joined the Navy as an RM2 and shipped off to Guam for a two year tour. While there, he decided to SCORE to the CTM rating and transferred to Pensacola for "A" school in 1980. He converted to Classic Wizard Maintenance in 1984 and, after another tour in Guam, reported aboard Winter Harbor in 1986 for "C" school and instructor duty.

Petty Officer Hill is a member of 63 Division and is the curriculum developer for the new Classic Wizard System Maintenance Technician course. He is responsible for developing and writing a 25-week maintenance course which will eventually replace the CM and PM courses. In addition to his superb performance of duty, Petty Officer Hill was selected for Sailor of the Quarter for his active involvement in command and community. He is 60 Department's PRT Coordinator, a Command Training Team member and CPR instructor. Additionally, he is a member of the Winter Harbor Volunteer Fire Department and Assistant Coach of the Winter Harbor (youth) Farm Team.

In recognition of his selection as Sailor of the Quarter, Petty Officer Hill was presented a Letter of Commendation, Command plaque and an MWR chit book from the Commanding Officer at Meritorious Mast.

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**Congratulations, CTT1 Donald S. Parsons**

**SAILOR OF THE YEAR 1987**

See story next month.

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# AND JUNIOR SAILOR

## QUARTER

by: CTM2 K. Watson

The Naval Security Group Activity of Winter Harbor is proud to announce that CTM3 Patti S. Pritchard has been selected as the Junior Sailor of the Quarter for October through December 1987.

Petty Officer Pritchard achieved this accolade by exhibiting much hard work and perseverance while pursuing both on-duty and off-duty goals. She joined the Navy in January of 1986. After completing Basic Training at NTC Orlando, she attended CTM "A" School at NTTC Corry Station. She then received orders to NSGAWH via KW-26 "C" School at Lackland Air Force Base. Upon her arrival, she was assigned to the Communications Maintenance Division. She quickly adapted to the watchstanding routine and eagerly began OJT on the various communications and TTY equipment she would be responsible for maintaining.

When CTM3 Pritchard was placed in a permanent section, she immediately completed the watch station requirements for the position of Maintenance Watch Supervisor, although this position is usually held by a senior E-5 or E-6. While temporarily filling this position she saved the command many hours of equipment outage with her timely and proficient response to emergency power and air conditioning failures. Her leadership abilities were further proven when she provided NSGA Azores with technical assistance during a circuit outage. This shortened maintenance time and quickly restored circuit continuity. She also aided in promulgating a circuit parameters package to help reduce the division's troubleshooting time frames and provided in-depth training on COMM equipments to junior personnel.

During her off-duty time Petty Officer Pritchard is a Red Cross CPR



Instructor. She assisted in compiling a CPR teaching kit available to all CPR instructors that aids in the understanding of the recent CPR curriculum update. As a collateral duty, CTM3 Pritchard served as the Dorm Petty Officer for E-4 and below females residing in the BEQ.

Patti was born in Cincinnati, Ohio. Her parents, Bobby and Celia Pritchard, still reside there. She is presently engaged to CTTSN Charles E. Keating, a Classic Wizard Operator who recently transferred to NSGA Adak. Her hobbies include camping, most sports, collecting teddy bears and riding in equestrian events. Her short term goal is to make Petty Officer Second Class. Her long term goal for the future is to complete her college education. Patti and her favorite puppy, Willie, currently share a house in West Sullivan.

Petty Officer Pritchard provides a shining example of what is needed in today's Navy. Congratulations on a job well done and an award much deserved.

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# DEPARTMENTS, DIVISIONS

## Classic Wizard Training

by: CTT1(NAC) R. Bansley

Congratulations to CTM1 Wade Hill on his selection as Sailor of the Quarter. Everyone at 60 Department joins in a hearty "Well Done." We also congratulate CTM1 Jeff Davis and CTA3 Joseph Zarek who were frocked.

Fair Winds and Following Seas to CTA3 Zarek who has transferred to Misawa, Japan. We will miss you, Joe. Welcome aboard to CTT2 Jeff Evenson from Germany. Jeff is a Basic Class Instructor.

60 Dept Wiz's



"60" Department currently has four classes in attendance. LTJG Hawk is on board for the OIC Class prior to duty in Guam. Basic Operator Class 88001, Processing Maintenance Class 88030, and Collection Maintenance Class 88020 ensure there are a lot of new smiling faces around the base.

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## — PSD —

by: PNCM D. Parkison

We look forward to this new year to achieve some goals. Some people are trying to quit smoking or to lose weight. My choice was to take on new challenges and complete a few special projects.

During the month of January, the Personnel Section took on new challenges. The best way to learn about the rating and to become a well-rounded personnelman is to rotate sections. So, PN2 Tuck moved to Reenlistment and Separations, PN2 Hunter moved to ESO and Personnel Accounting, PN3 Kinter moved to Transfers and Student Section, and PN3 Bowie was assigned to Customer Service and Receipts.

It's hunting season again!! What a perfect time to talk about deer. No, not the four-legged kind, but Defense Enrollment Eligibility Reporting System (DEERS).

DEERS was established to protect our benefits from use by unauthorized personnel. All dependents are enrolled in DEERS, regardless of age. Yes, even those dependents under the age of 10 who do not have ID cards are enrolled. How is a dependent enrolled in DEERS? Sponsors (that's you, military folks) enroll dependents in DEERS. When a member gets married or the family has a new addition, enrollment is accomplished by completing a DD Form 1172 (dependent ID card application). A DD 1172 must also be completed to disenroll ineligible dependents. When a child reaches his/her 21st birthday (or 23rd birthday if enrolled in full time college) this form must be completed. The most frequent "misusers" of our benefits are former spouses. If you get divorced, a DD 1172 must be completed to remove the ineligible dependent from DEERS. A copy of all DD 1172's are sent to the DEERS Processing Center and dependents are updated in DEERS.

SECURE THE BENEFITS YOU'VE EARNED.

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# ...and more — 30 —



## The Dragon Speaketh

by: CTM1 D. Remsburg

Behold, sayeth ye, for I have arrived, at last, into the lair of the Dragon. Here, deep within winter's harsh grasp, the Dragon awaits, dully aware of the presence of the newcomer. In an understanding known only by the learned few, the Dragon welcomes and accepts the newcomer into the fold.

### WELCOME ABOARD TO:

CTM1 Whetham who comes to us from NSGA Edzell and will be working in Building 41.

CTM2 O'Neill also arrived from NSGA Edzell and is assigned to the TTY shop.

CTM3 Coleman comes from "C" schools in Lackland AFB, TX and Keesler AFB, MS. She, too, is working in the TTY shop.

CTM3 Arnold from Diego Garcia. He's employed in the Wiz Maintenance Shop.

Hope all of you enjoy being members of the Dragon's team, and that your tour here is rewarding both personally and professionally. Make the most of it.

All in the lair, however, is not well. With a sadness of heart, we must say farewell to five of our members. Take care and the best of luck to you in your new endeavors.

### FAREWELL TO:

CTM2 Reese who has left us for the civilian world.

CTMCM Kaszubinski gone to take over the duties as "M" branch TECHAD in Washington, D.C.

CTM2 Parent headed to Pensacola to become a DF technician.

CTM2 Henson to NSGA Northwest, VA.

CTM2 Kiesov has chosen to leave the trade to go to Missouri.

The DF shop is now in Tech Rep Mode "A" as a retrofit to FLAGHOIST has begun. They are also gearing up for all sorts of system training in the next couple of months.

Well, that's about all for this issue so we'll close for now. See you again next month.

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# — 40 —

by: Jackie Lord

No matter how you define it, the Public Works Christmas party was a feast: It was a celebration, and a sumptuous meal for the many guests. It gratified and delighted. It was a social event with plenty to eat and drink. And, it will also be the last Public Works Christmas party in the old brown quonset hut because this spring our new building

(near the Commissary) will be ready for occupancy.

Some of the more than fifty folks who attended were employed here in the 60's when the building was converted from the galley to the Public Works Shop. The new Public Works Center should work out well for the '88 Christmas party, because everyone who enjoyed themselves in 1987 will be back to continue the tradition in 1988.

by: CTR2 P. Wilkes

Twice a year the Navy selects qualified sailors ready to take on the responsibility of the next higher pay grade. CTTSN Mike Stephenson and CTRSN John Turner were two such individuals in our division. Congratulations to you and to other candidates who were selected. Also on the list of accolades is LTJG Carl Barksdale back with us from Cryptologic Division Officers School in Washington, DC. While at the school, LTJG Barksdale was promoted to his present rank. No more jokes about the difference between an Ensign and a Seaman! Also, while at the school, he attained the highest grade point average ever. Looks as though we have the best in the Security Group. Last but certainly not least, 52 Division was awarded "Number one ranking" in the Atlantic HFDF net for the 12th straight

month! (This should allow for some time off right, Senior Chief?)

A hearty hail to CTRSN Doug Ewers, his wife Sandra and son Doug, Jr., and best wishes to CTR3 John Turner who is heading for sunny Guam. John, let us know what the baby is.

The sports scene is not so sunny. Our basketball team is off to a 0-6 start. The second half should enable us to redeem ourselves and put up some kind of fight, led by Mike "The Magic" Palumbo. Now that he has relinquished his coaching duties, he can devote his time to scoring and playing "D." Dennis Smith and I will try to regroup the team, but don't count on any miracles! With a little fan support from our divisions, who knows! That's all for this month.

by: CTO2 M. Henfrey

COMM Division is proud to announce the following achievements since our last report:

The CO presented us with our "Third Consecutive" (count 'em folks, that's 1 - 2 - 3) "Best in PRT" award.

CTO3 Cubby Davis was advanced under the Accelerated Advancement Program. Congratulations Cubby.

Chief McTernen is still bragging about the two shots he got at a deer this past season (at or less than 30 yards)...He missed. Musta been the gun's fault, right?

Mark Henfrey is still bragging about the two elk he took while on leave in Montana.

The McLeans got their deer this season using an excessively large caliber projectile (1987 Caravan). But we don't hear Pete bragging very much.

We also congratulate Louie Datko and Don Graham on their selection to CTO1,

and to Karen Maas on her selection to CTA3. All three have worked hard for their promotions and have earned them.

We welcome aboard CTOCS E. R. Greene from NSGA Skaggs Island. Have a good tour, Senior Chief.

Last, but certainly not least, my wife CTO2 C. Henfrey presented me with an 8-pound 6-ounce baby girl on Christmas Day. Glad to report all the Henfrey's are doing well.

And under the sports note:

We have two "0" Branchers participating in the basketball arena, CTO3 Cubby Davis and CTO2 Mark Henfrey.

In darts, Jerry Durgin, Randy Peacock and Mark Henfrey lead the way on the first place team, "FORCE 10."

We all had a safe and enjoyable Holiday Season and hope all of you did as well...

# RECREATION DEPARTMENT

## CHALLENGE CUP

### BOWLING

by: Colleen Stanley

The annual Challenge Cup Bowling event with Cutler took place at Turner Memorial Lanes last month. NSGAWH and NCU Cutler were ready for the big showdown.

Cutler's team (Sim Dysart, Neal Van Lieu, Chuck Semans, Katie Semans and Gerry Tillman) bowled exceptionally well; but so did NSGA's team (Jarome Whitlow, Ron Anderson, Rob Rude, Colleen Stanley and Monique Whitlow). The first two matches were won by Cutler, but NSGA made a great comeback in the 3rd match with enough to take total pins, the deciding factor.



| NSGA              |             | Cutler            |             |
|-------------------|-------------|-------------------|-------------|
|                   | Pins        |                   | Pins        |
| Jarome Whitlow    | 565         | Sim Dysart        | 560         |
| Ron Anderson      | 550         | Neal VanLieu      | 496         |
| Rob Rude          | 530         | Chuck Semans      | 541         |
| Colleen Stanley   | 506         | Katie Semans      | 456         |
| Monique Whitlow   | 434         | Gerry Tillman     | 508         |
| <b>Total Pins</b> | <b>2585</b> | <b>Total Pins</b> | <b>2561</b> |

Both teams enjoyed the competition and look forward to next year's match at Cutler.

1988

### Captain's Cup

#### Schedule

#### Major Team Sports:

| Event      | Starts week of |
|------------|----------------|
| Volleyball | 17 Feb         |
| Bowling    | 9 Mar          |
| Soccer     | 2 May          |
| Softball   | 13 June        |
| Football   | 12 Sep         |
| Basketball | 7 Nov          |

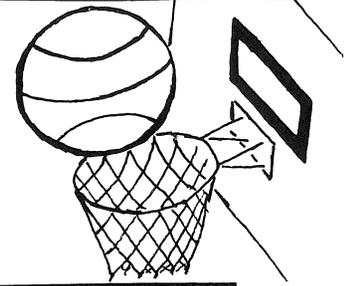
#### Minor Team Sports and Events:

| Event  | Starts week of |
|--|----------------|
| Downhill/Alpine Skiing                         | TBA            |
| Cross-country Skiing                           | TBA            |
| Racquetball                                    | 23 Feb         |
| Badminton                                      | 23 Mar         |
| Walleyball                                     | 21 Apr         |
| Cross-country Run                              | 5 May          |
| Canoeing                                       | 30 May         |
| Horseshoes                                     | 14 Jul         |
| Tennis   | 2 Aug          |
| Marksmanship                                   | 29 Aug         |
| PT Challenge (push-ups, sit-ups, 1.5 mile run) | 8 Sep          |
| Swimming                                       | 8 Sep          |
| Golf   | 20 Sep         |
| Table Tennis                                   | 18 Oct         |
| Darts  | 15 Nov         |
| Pool   | 29 Nov         |

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# COMPETITIONS

by: Rick Fredericks



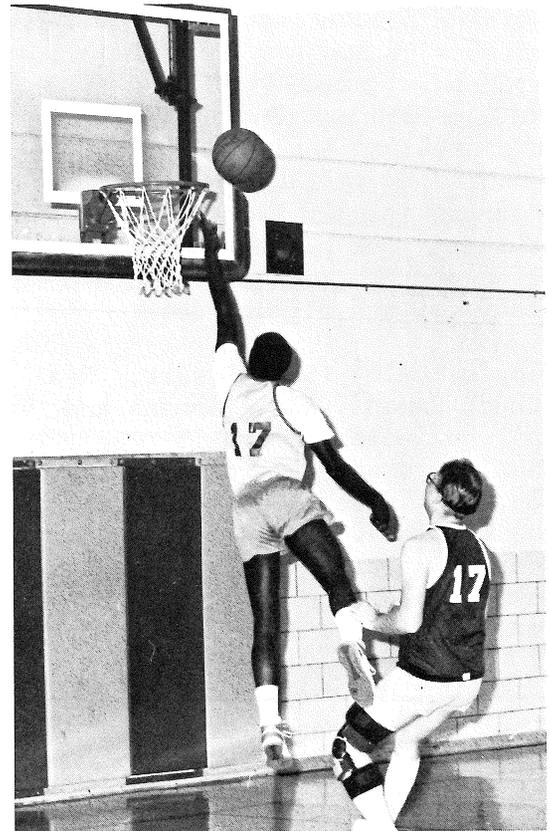
## Challenge Cup

For the fifth straight year, NSGA Winter Harbor has defeated NCU Cutler in the Challenge Cup competition. With victories in volleyball, racquetball, biathlon, canoeing, golf, softball, tennis, skeet, flag football, darts, and table tennis, Winter Harbor won this year's competition by a final score of 11-7. Congratulations to all who participated.

LATE NEWS FLASH

## Captain's Cup

With only basketball left, the Captain's Cup overall title still hasn't been decided. A two-team race the entire year, 60 Department nearly locked up the championship during the 1-1/2 mile run. As can be seen in the standings, looks like it'll be a horse race between 60 and the O's & C's.



### Current Overall Standings

|                |     |
|----------------|-----|
| O's & C's..... | 144 |
| 60 Dept.....   | 140 |
| OPS Gold.....  | 98  |
| Schoodic.....  | 93  |
| OPS Blue.....  | 86  |
| 30 Dept.....   | 41  |

The 87-88 Captain's Cup Basketball season has reached the 2/3 mark, with the O's & C's moving closer and closer to the overall point championship. In fact, one more win or one more loss by 60 Dept will clinch the Cup for the O's & C's.

As far as basketball goes, OPS Blue led by (the scoring machine) Dexter Dickey are trying to win their third straight major sport (1st softball, then

We congratulate 51 Division's Dexter Dickey on his selection to attend tryouts for the All-Navy Basketball Team. WOW! We'll keep you posted on his progress.

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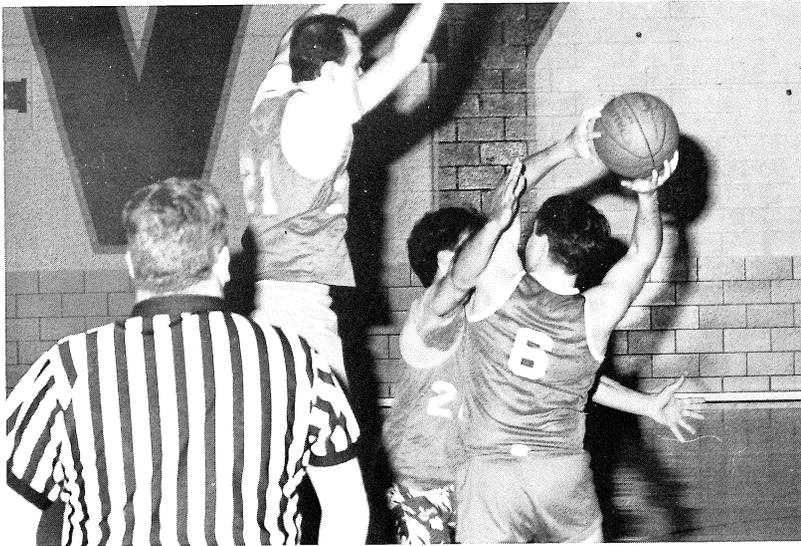
flag football). Trying to hold them off are George Shaw's 3-point bombs for the O's & C's, and the Schoodic team, led by Nate Phillips and Tim "Air" Forehand.

Although the OPS Gold team has yet to win a game, they're giving 110% each time they play and could end up being the spoilers with a victory late in the season.

# BASKETBALL

## Current Basketball Standings

O's & C's.....6-2  
 OPS Blue.....6-2  
 Schoodic.....5-3  
 60 Dept.....3-5  
 OPS Gold.....0-8



Jim Bob Thompson gets hacked by Rick Baines (Don Cobb also).

Schoodic..... 64  
 60 Dept..... 42

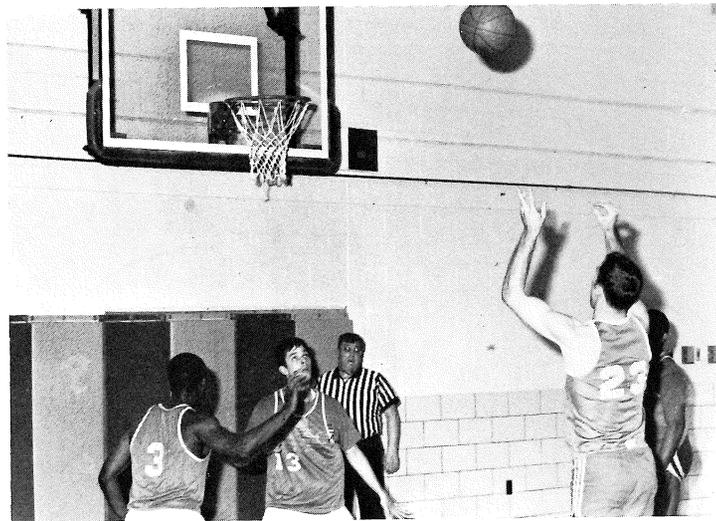


Paul Wilkes splits the defense for 2 of his 12 points.

OPS Blue..... 93  
 OPS Gold..... 42

## 1988 CHALLENGE CUP COMPETITION

|     | <u>Event</u>                | <u>Date</u> | <u>Location</u> |
|-----|-----------------------------|-------------|-----------------|
| 1   | Bowling                     | 19 Jan      | NSGAWH          |
| 2   | X-C Skiing                  | 30 Jan      | Machias         |
| 3   | Alpine Skiing               | 5 Feb       | Hermon          |
| 4   | Basketball                  | 2/9/16Feb   | Cu/WH/Cu        |
| 5   | Racquetball                 | 8 Mar       | NSGAWH          |
| 6   | Volleyball                  | 5 Apr       | NSGAWH          |
| 7   | Biathlon                    | 21 May      | NSGAWH          |
| 8   | Canoeing                    | 14 Jun      | Cutler          |
| 9   | Golf                        | 12 Jul      | TBA             |
| 10  | Softball                    | 2 Aug       | Cutler          |
| 11  | Tennis                      | 23 Aug      | NSGAWH          |
| 12- |                             |             |                 |
| 14  | Marksmanship                | 13 Sep      | Cutler          |
| 15  | Flag Football               | 4 Oct       | Cutler          |
| 16  | Board Games                 | 1 Nov       | Cutler          |
| 17- |                             |             |                 |
| 19  | Darts/Pool/<br>Table Tennis | 15 Nov      | NSGAWH          |



Jim Sperry tries a shot while Tim Forehand and Scott Ziegler prepare for the rebound.

NOTE: All dates tentative and subject to change.

GOODBYE 87 VIA

## CHRISTMAS IN TOYLAND



Characters and toddlers enjoy the party.



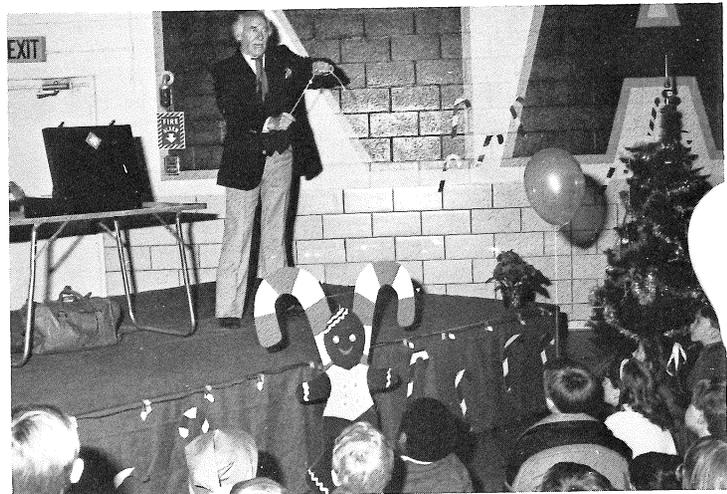
Children await Christmas tree lighting.



Some of the folks who made "Christmas in Toyland" a special memory.



Mrs. Claus in the Storybook Corner.



Magician keeps the youngsters interested.

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## Girl Scout Cookie Time Again

The Girl Scouts of Winter Harbor kicked off their annual Cookie Sale on January 14 by presenting their first boxes of cookies to Commander Whiton and to Petty Officer Dan Remsburg, President of the Petty Officers Association (POA).

When receiving his cookies, the CO said he "missed out on Girl Scout cookies last year and hopes someone will come around to take orders this year." The CO shared his cookies with the XO, the Command Master Chief, and three young scouts at the short presentation in his office.

Petty Officer Remsburg represented the Petty Officers' Association, which sponsors the Winter Harbor Girl Scouts.

Girl Scouts will take orders through February 8. There are seven varieties of cookies. Profits from the sale are used by local troops to fund their activities and by the Abnaki Girl Scout Council to provide services to girls and to volunteers.

If the girls somehow miss you and you're interested in ordering cookies, call Mary Nielsen, 963-7817, or Judy Copley, 963-7141. Cookies will be delivered on or about March 14.



Sarah Nielsen, Elizabeth Copley and Jasmine Nielsen present Girl Scout cookies to Commander Whiton and P.O. Remsburg.

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## MAINE OUTDOORS

by: CTT1(NAC) R. Bansley

The outdoors beckons with sweet silent promise of dreams fulfilled in this new year of possibilities--hunting, fishing and just pure enjoyment of the wide open spaces. The first item needed in order to enjoy the harvest is the hunting and/or fishing license. The state of Maine is one that legislated the military member's use of its recreational opportunities at resident cost. So, no matter what state from which you are a resident, you can purchase a hunting or fishing license at a reduced cost. This allows hunting for all small and big game except wild fowl, turkey, pheasant and moose--these require permits or stamps. Fishing is allowed for all fresh water and salt water fish except Atlantic salmon which require a separate stamp. The resident's combination license can be purchased at the Town Hall in Winter

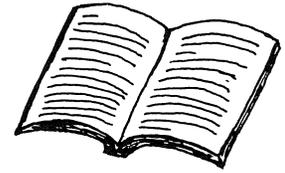
Harbor. Proof of attendance at a state-approved hunter safety course, a previous hunting license from any state, or an affidavit that you held a license is required prior to purchasing a hunting license in Maine. If you're an archery hunter or use a muzzle loader, separate licenses are required. The following is a list of 1988 resident purchase costs:

|                                  |      |
|----------------------------------|------|
| Combination Hunting/Fishing..... | \$29 |
| Hunting only.....                | \$16 |
| Fishing only.....                | \$16 |
| Archery.....                     | \$16 |
| Muzzle Loading Stamp.....        | \$8  |

The Downeast Rod and Gun Club is indeed still active and seeking new members. CTT1 Dan Wilhelm (President), Myself (Secretary), and other distinguished individuals are all interested in getting the new shooting range active. If interested in getting involved in the club, you can contact Dan or myself at X-329/300 respectively. The next meeting is on 15 February at 1930 in the Winter Harbor Masonic Hall.

# BOOK REVIEW

by: Elizabeth Berube



AMERICAN FALLS - by John Calvin Batchelor,  
W.W. Norton & Co., New York & London;  
published simultaneously in Canada by  
Penguin Books Canada, Ltd, 1985.

## From The Book Shelf

## of NSGA Winter Harbor

## Library!

I chose American Falls for two reasons. One is my customary "first page test" wherein a writing style must intrigue me in a short trial or it's returned to the shelf. Secondly, the subject matter is on the American Civil War, which has always held a morbid fascination for me.

This novel differs in one basic way from the typical Civil War novel: the actual historical events of the last year of the war are alternately viewed from the perspective of secret service agents for the Union and the Confederacy.

John Oliphant is the kingpin of the Confederate secret agents. Originally a northerner, he is torn by loyalties to his wife and her southern family and his love of his country which has been devastated by the war. He is an appropriate foil for the most junior member of the Union secret service. Amaziah Butter is from Bangor, Maine - an invalid cavalry officer who is reluctantly assigned temporarily to the War Department in Washington City, serving in the United States Secret Service. Amaziah is young, endlessly loyal to the Union but driven to see an end to what he comes to view as a senseless hopeless situation.

The story opens at the Niagara Falls border station as a group of Confederate agents infiltrate the United States from Canada, a Confederate sympathizer and stronghold of the insurgents. Recent raids by the Confederates on Lake Erie and at St. Albans, Vermont have increased security at the border, which is staffed solely by invalid Union soldiers. The intent of the insurgent agents is to conduct a plan of wide spread simultaneous sabotage in the major northern cities on election day, 1864.

As things have a way of happening, whispers of the plot filter by the recent New York draft riots and sightings of Confederate gun boats off Castine, Maine. The problems in coping with the potential dissension are exacerbated by the general civilian hatred of the draft, apprehension

of the re-election of President Lincoln (viewed by many as chronically depressed and totally ineffective) and the senseless slaughter of the war which seems unable to find a conclusion. Additionally, the Secret Service faces internal corruption and a lack of focus.

The novel proceeds from New York to Washington and back again--Amaziah Butter tracking John Oliphant. Butter is certain that he is onto the most important Confederate agent, but is impotent to convey his realization to his superiors. The confederate plot involves burning of the major hotels in New York City--an event sure to strike terror into its citizens.

Both Oliphant and Butter are tormented by the inhumanity of their responsibilities. They detect in each other a brotherhood of grief in witnessing their country brought to such a level. However, each is committed to seeing the holocaust through to its ultimate conclusion.

The chase continues. Butter after Oliphant--back to Niagara Falls. There Oliphant escapes into a blizzard. Does he survive or succumb to his death in the Falls? (That would be telling.) The denouement of the story is a factual chronology of the death rattle days of the war until Lee's surrender at Appomattox and Lincoln's assassination the following week.

I cannot convey what a different view this book gave me of the Civil War. There are stubborn people with strong opinions and commitments, but the definition of the heroes and villains depends upon one's point of view. And everyone lost.

NOTE: This book is available at the NSGAWH Library.

# MEDICAL TIPS



by: HMI R. Piragis

Walking is an outstanding form of exercise for many people; it provides some of the same physical and psychological benefits of more strenuous aerobic exercises yet it does not involve the high-impact jumping and running that can be painful to joints. As an added bonus, it costs nothing, requires no equipment except comfortable shoes, and can be done anywhere at anytime.

For people combatting routine pain and stiffness, walking as an exercise is especially beneficial because it prepares them for daily activities that involve being on their feet all day.

Walking can also improve your mood. One factor contributing to this mood lift is a sense of mastery on the part of the walker who has difficulty with running or other more strenuous exercises. "The person is able to do something other people can do," states a physical therapy professor.

## First Step

Deciding to go walking and doing it regularly is the first step toward improving health. However, getting motivated and staying that way can be difficult for some people. It can be especially trying for people who might have arthritis or are obese.

One good suggestion is to structure your environment to motivate and

encourage you. For example, find the best time of the day and the most comfortable place to walk, then reward yourself afterward. We are very fortunate to have such a beautiful countryside to stroll through and encourage us along.

## STICK TO YOUR GUNS

Where or how far you walk really doesn't matter at first. What takes top priority is a walking program that you'll do regularly and to which you'll adhere. Experts agree that: "Trying to walk everyday can lead to injury and by walking three or four times a week, people can give their bodies time to rest between sessions."

Walking too little can be just as harmful as overdoing a good thing. People who walk once a week tend to overdo it on that one day. The human body then has to take time out to repair itself just to be re-injured the following week. Stick to your walking program; it's essential and it works. Although some folks may experience immediate psychological benefits from walking, it can take three to four weeks to notice physical improvements. You continue to feel better only if you keep walking. It's no good to cheat or skip a session, just doesn't do any good at all.

Here are a few tips that can help you get started on your walking program and encourage you to structure it to fit your needs:

- If you have pre-existing medical problems that you question may affect your walking program, discuss it with your doctor.

- With your doctor's OK and no medical problems, you can proceed to search for a pair of comfortable walking shoes. Since people have different shapes of feet, different posture and body types, there isn't one ideal brand for everyone.

- Drink plenty of fluids before and after your walking regime to prevent dehydration.

- In the early stages of your walking, take short, comfortable walks.

- Gradually work up to a faster pace comfortably.

ENJOY WALKING THROUGHOUT THE NEW YEAR.

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# SAFETY SENSE

by: Harry J. Voss

## Woodstoves and Fireplaces

With the temperature hovering around the zero (that's on a good day), wood stoves and fireplaces are warm and sometimes romantic answers to the Arctic air. Don't let that romance turn into a mishap report. Fire and burn cases involving wood or coal burning equipment and kerosene space heaters (which, by the way, are illegal in government quarters) have been on the rise in the past several years according to the Consumer Product Safety Commission.

Some of the factors in these mishaps most often involved are:

1. Failure to maintain proper clearance between nearby combustibles and the hot surfaces of the stove or heater, the chimney pipe or even the chimney. The stove or heater should be kept at least three feet from walls, ceilings, and other furnishings unless the instructions indicate otherwise. When installing a wood stove, never pass a single-walled chimney pipe through a combustible wall without the special protective measures normally found in the manufacturer's instructions.

2. Clothing can ignite and will cause severe burns if it comes in contact with the side of the stove or the open flames.

3. Using flammable liquids to start or, worse yet, to stoke up a wood or coal fire may have explosive results. Vapor breathed in may even ignite.

4. Burning fuels indoors can cause a buildup of deadly quantity of carbon monoxide gases if the flue isn't working properly.

A few preventative measures will keep the lure in the wood fire. Don't let children play around stoves, fires or heaters. Always keep the doors closed or use a metal screen to keep the sparks from flying out. Never store fuels such as gasoline or kerosene next to the stove or heater.

With kerosene heaters, the greatest potential hazard is indoor air pollution, or an uncontrolled fire caused by a flare-up of the wick flame from the use of gasoline instead of kerosene, and contact burns.

These problems can be prevented by using a little common sense. Always be certain that there is adequate ventilation. Even small quantities of gasoline in the kerosene can cause the fuel to burn too fast, the wick fire to flare and a fire to start. Also use only K-1 kerosene; K-2 may look the same but isn't.

These are only some of the safety precautions for stoves and heaters. If you would like to find out more about any of these types of heaters, contact your Safety Officer at extension 233.

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## NAVY EXCHANGE HAS A WINNER

Roni Saul, Head Sales Clerk in NSGAWH's Navy Exchange, presents CTM2 Delbert Jackson with two airline tickets to the place of his choice in continental United States. Delbert was the winner of a soda promotional drawing conducted by the Exchange. Originally from Oregon, Delbert said he will be able to put the tickets to good use. Since he's a long time NEX shopper and supporter he said, "This is one value that will be hard to beat."



# BRIEFLY...

## NEW ARRIVALS

|                                  | <u>FROM</u>      |                                  | <u>FROM</u>             |
|----------------------------------|------------------|----------------------------------|-------------------------|
| CTOCS E. Greene<br>and Family    | Skaggs Island    | SKSR H. Masciarelli<br>and Wife  | Meridian, MS            |
| MAC(SW) P. Huntley               | USS HOLLAND      | CTM3 K. Coleman                  | Lackland AFB, TX        |
| CTM1 L. Whetham<br>and Wife      | Edzell, Scotland | SK2 R. Mann and<br>Family        | USS McCLOY<br>(FF 1038) |
| CTT1 D. Balke, Jr.<br>and Family | Adak, Alaska     | CTT3 D. Kennedy                  | Great Lakes, IL         |
| CTM2 A. O'Neill<br>and Family    | Edzell, Scotland | CTASN S. Toth                    | Pensacola, FL           |
|                                  |                  | CTRSN C. Ewers III<br>and Family | Pensacola, FL           |

WELCOME ABOARD!

### SAILOR OF THE QUARTER

CTM1 Wade C. Hill

### JUNIOR SAILOR OF THE QUARTER

CTM3 Patti S. Pritchard

### JOINT SERVICE COMMENDATION MEDAL

CTT2 Jeffrey A. Evenson

### MORSE CODE PROFICIENCY BRONZE AWARD

CTR1 Dennis Smith

### NAVY ACHIEVEMENT MEDAL

LTJG Carl A. Barksdale  
MS2 Gilbert S. Saunders  
MAC(SW) Patricia A. Huntley

### REENLISTMENTS

|                  | <u>YEARS</u> |
|------------------|--------------|
| SK2 J. Steward   | 4            |
| SK2 A. Willey    | 4            |
| CTT2 S. Harrison | 5            |
| CTM1 J. Whitlow  | 5            |

### GOOD CONDUCT AWARD

CTM1 K. Stites  
CTT3 L. Erwin  
CTT1 E. Bischoff  
CTM2 J. Curtis  
CTMCM M. Kaszubinski  
CTO2 P. Civita  
CTM2 J. Spencer

### LETTER OF COMMENDATION

|                   |                   |
|-------------------|-------------------|
| CWO3 S. Sutherlin | Ms. D. Davenport  |
| Mr. H. Larrabee   | Ms. M. Stites     |
| Mr. L. Goodwin    | CTM3 B. Lagrone   |
| Mr. W. Campbell   | Mr. D. Bierman    |
| Ms. Jean Dickson  | Mr. P. Neleski    |
| BM3 D. Grzena     | Mrs. D. Munn      |
| Mr. M. Redburn    | Mr. S. Snurkowski |
| Mr. M. Joy        | Mr. B. Willey     |
| Mr. R. Hutchins   | CTTSA P. Flynn    |

### TO SEAMAN APPRENTICE

CTOSR A. Schmidt  
SKSR H. Masciarelli  
CTASR L. Gill  
SKSR V. Cale  
YNSR S. Ziegler

### ADVANCEMENTS

#### TO SEAMAN

|                     |                   |
|---------------------|-------------------|
| CTTSA L. Dean, Jr.  | CTTSA M. Pleshe   |
| CTTSA S. Gise       | CTTSA D. Crawford |
| CTTSA A. Wadja      | CTTSA T. Ernst    |
| CTASA D. Stefanakis | CTTSA R. Porter   |
| CTTSA L. Mugnaini   | CTRSA D. Finnerty |

### FROCKING TO PETTY OFFICER

1st

CTM2 M. Anderson  
CTM1 D. Kinter  
CTT2 R. Walker  
CTM2 G. Davis  
CTM2 D. Reidel  
PC2(SW) D. Edwards  
CTO2 D. Graham  
CTM2 K. Stites

2nd

CTM3 R. Allen  
CTT3 T. Krebs  
CTM3 D. Arnold  
CTT3 C. Marks  
MS3 B. Emerson  
HM3 M. Towle

3rd

CTTSN E. Beeman  
CTTSN J. Frank  
CTASN J. Zarek  
CTTSN G. Cason  
CTASN K. Maas  
CTTSN D. Dickey  
CTTSN C. Mowdy



MASTER  
CHIEF P.O.



SENIOR  
CHIEF P.O.



CHIEF P.O.



P.O.  
1ST CLASS



P.O.  
2ND CLASS



P.O. 3RD CLASS



SEAMAN



SEAMAN APPRENTICE



SEAMAN RECRUIT

